

**BJD Global Visions, LLC,**  
**Contract for Individual Coaching**  
**Barbara J. Dandro, ACC, MCPC, MBA – Phone/Text: 727-515-1480**

The following represents the Contract between Barbara J. Dandro, BJD Global Visions LLC, hereinafter “the Coach” and (*Please Print Name*) \_\_\_\_\_, hereinafter “the Client”. The Services contracted shall be that of life and/or leadership coaching, as set out below (The Services).

**Contract Period**

The Contract shall be in force for a period of   one   ( **1** ) **month(s)**, beginning the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_, and ending the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

**The Services**

The Coach shall assist the Client in clarifying their personal or career goals, and in working out a plan of action, as determined by the Client, to help achieve such goals. The Coach will accomplish this by carefully listening to the Client’s concerns, providing open, honest feedback, and asking questions intended to elicit responses from the Client that will lead them to decide what steps to take to achieve the desired results. Vulgar language is not permitted in sessions.

The Coach operates from a particular coaching model, but it is the responsibility Of the Client to follow through with implementing the plan set forth between Coach and Client.

The Services will be delivered by Zoom, in-person, FaceTime, or other method you and I agree on, for a period of   60   **minutes four times a month**, at a mutually agreed time. The schedule may be modified, if necessary, and if both Parties agree to such modification.

**Unscheduled emails or texts and calls up to 15 minutes each are included.**

Either the Client or the Coach may terminate the Services at any time with 48 hours notice of termination, with no further obligation, and the Client shall receive a full refund of all fees paid for the Services not yet delivered.

At the end of the Contract Period, the Contract may be renewed if both Parties are agreed.

## **Payment for Services**

Regular coaching sessions (normally weekly) will be delivered by Zoom or in-person at a specific time and place agreed upon by the Coach and Client – other impromptu meetings can be on the phone with FaceTime or text. The Coaching sessions are for 60 minutes with other brief calls, texts, or emails as needed. The package is prepaid at a rate of \$240.00 per month unless another package rate is agreed upon by Client and Coach prior to the first session.

## **Agreement for this Contract**

**Payment for the Services shall be \$ 240.00 (per month), for one ( 1 ) month (which includes 4 scheduled 60-minute sessions and with texts, calls, and emails).**

**Full payment for the month is required to begin coaching. Payment may be made using PayPal or Venmo. Subsequent months to be paid prior to the start of the month.**

## **Confidentiality**

Any information divulged to the Coach by the Client shall remain completely confidential, except in the event of the Coach's knowledge of any illegal activity by the Client, or admission by the Client of the intent to commit an illegal act.

The Client acknowledges the obligation of the Coach to cooperate fully with law enforcement and other authorities as required by law.

## **Limit of Liability**

The Client acknowledges that the Coach is not in the business of providing advice, medical, legal or otherwise, and the Client should retain the services of a qualified professional in any particular area where such qualified advice is required. Furthermore, the Coach does not provide therapy or mental health counseling.

Clients with psychological or other medical problems should consult a qualified health care professional. Any action taken in regard to therapy, medical advice, or mental health counseling, or any other activity not directly related to the Services provided to the Client by the Coach will be at the sole discretion of and will remain the sole responsibility of the Client, and the Coach

will not be held accountable and shall remain blameless for any consequences arising as a result of any professional therapy, counseling or any other activity not directly related to the Services provided by the Coach.

### **Entire Agreement**

This Contract constitutes the entire agreement between the Client and the Coach, and the Coach shall not be held liable and shall remain blameless for any adverse or other consequences, including but not limited to financial, personal, employment or other losses, arising out of decisions or actions the Client may make as a result of the Services provided by the Coach.

I have read this agreement and agree to abide by its terms and conditions and acknowledge receipt of my own copy of this agreement.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Life Coach

\_\_\_\_\_  
Date

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