

# Why are there less Surgical Site Infections (SSI) when HemaClear® is used?

**This document presents published data that shows:**

- ALL non-sterile tourniquets are contaminated with a variety of pathogens, including MRSA;
- Disinfecting tourniquets by detergents in the OR is insufficient to eradicate bacteria;
- Draping over contaminated tourniquets becomes ineffective as a barrier over time;
- The longer the tourniquet time, the higher the incidence of Surgical Site Infection (SSI) in orthopedics;
- Use of cautery, suction and pulse-lavage may bring bacteria into the incision
- Blood transfusion is an independent risk factor for SSI.



**We further present published data that show that HemaClear® is sterile and that the use of HemaClear significantly reduces SSI incidence.**

## Studies that show that ALL non-sterile tourniquets are contaminated

	Title	Authors, Institution and Journal	1 <sup>o</sup> finding	Conclusion
1	“Microbial Colonization of Tourniquets Used in Orthopedic Surgery”	<b>Walsh et Al</b> , Rhode Island Hospital, USA ORTHOPEDECS 2006; 29:709	“100% of Tourniquets used in the operating room were contaminated”	“Tourniquet contamination may be a risk factor for the development of surgical site infection in orthopedic surgery.”
2	“A study of microbial colonization of orthopedic Tourniquets”	<b>Ahmed et Al</b> Weston General Hospital, UK ORTHOPEDECS Ann R Coll Surg Engl 2009; 91: 131–134	“All sampled tourniquets were contaminated with colony counts varying from 9 to > 385”	“In addition to the manufacturer’s guidelines, <b>we recommend the cleaning of tourniquets with a disinfectant wipe before every case</b> ”
3	“Tourniquets and exsanguinators: a potential source of infection in the orthopedic operating theater?”	<b>Brennan et Al</b> Cappagh National Orthopaedic Hospital, Dublin, Ireland Acta Orthopaedica 2009; 80 (2): 251–255	Bacteria commonly implicated in surgical site infections were prevalent.	<b>Infectious organisms reside on the tourniquets and exsanguinators presently used in the orthopedic theater and may possibly be a source of surgical site infection.</b>

Published data that show that the use of **Sterile HemaClear** significantly reduce SSI incidence.



**THEATRE TECHNIQUES**

Ann R Coll Surg Engl 2011; 93: 589–590  
doi:10.1308/147870811111313760845534

**The effect of sterile versus non-sterile tourniquets on microbiological colonisation in lower limb surgery**

SM Thompson, M Middleton, M Farook, A Cameron-Smith, S Bone, A Hassan  
St Peter's Hospital, Chertsey, UK

**Table 4**  
Comparison of Infection Rates.

Infection Rate	Group 1 (n = 255)	Group 2 (n = 227)	P
Total	7 (2.7%)	17 (7.5%)	0.0168
Deep	2 (0.78%)	6 (2.6%)	0.111
Superficial	5 (1.96%)	11 (4.85%)	0.0776

## Additional Studies that show that ALL non-sterile tourniquets are contaminated

	Title	Authors	1 <sup>o</sup> finding	Conclusion
4	“The effect of sterile versus non-sterile tourniquets on microbiological colonization in lower limb surgery”	<b>Thompson et Al</b> St Peter’s Hospital, UK Ann R Coll Surg Engl 2011; 93: 589–590	“23/34 of sampled non-sterile tourniquets were contaminated. 36 <b>HemaClear</b> were used, with no contamination.”	“ <b>There was significant contamination of 68% of orthopedic surgical tourniquets</b> used regularly in procedures involving the placement of prosthesis and metalwork, and <b>can act as a potential source of infection.</b> “
5	“Microbial colonization of Orthopaedic tourniquets: A potential risk for surgical site infection”	<b>Sahu et Al</b> VSS Medical College, Burla, Sambalpur, Odisha, India Indian J Med Microbiol 2015;33, Supp S1:115-8	“All the tourniquets were colonized with bacteria. After antiseptic treatment, the colony count was significantly reduced.”	“ <b>We recommend the routine treatment of orthopedic tourniquets with a disinfectant, preferably an alcohol-based solution, to reduce the risk of contamination of surgical fields.</b> ”
6	“Microbial Colonization of Pneumatic Tourniquets in the Orthopedic Operating Room.”	<b>Mufarrih et Al,</b> Aga Khan University, Karachi, Pakistan Cureus. 2019 Aug 2;11(8): e5308.	“Four out of 12 (33%) samples obtained after simply wiping the pneumatic tourniquet with a cloth soaked in sodium hypochlorite cultured coagulase-negative Staphylococci.”	“ <b>Tourniquets, wiped with a cloth soaked in sodium hypochlorite and ready to be used on the next patient, were found to be contaminated with species notorious for causing surgical site infections following implant-related surgeries.</b> ”

## Organisms cultured in each of the published studies

	Organisms (Numbers correspond to publications listed above)
1	coagulase-negative staphylococci, Bacillus, Staphylococcus aureus, Streptococcus sanguis, Aerococcus viridans, and Corynebacterium species
2	mostly coagulase-negative; Staphylococcus spp. Some tourniquets had growths of important pathogens including <b>methicillin-resistant Staphylococcus aureus (MRSA), Pseudomonas spp., and S. aureus.</b>
3	coagulase-negative staphylococci, Staphylococcus aureus and Proteus spp. <b>We also found a resistant strain of Acinetobacter and Candida.</b>
4	different organisms including coagulase-negative Staphylococcus spp, Staphylococcus aureus, Sphingomonas paucimobilis, Bacillus spp, and <b>coliforms.</b>
5	coagulase-negative staphylococci, Staphylococcus aureus, Bacillus, <b>diphtheroids, Pseudomonas, Acinetobacter, enterococci, enterobacteria, and Candida.</b>
6	coagulase-negative Staphylococci.

## Myths and Facts on Tourniquet and Surgical Site Sterility

**Myth 1:** Draping prevents bacterial migration to the sterile field.

**Fact 1:** Published data shows that **draping over contaminated tourniquets become ineffective** as a barrier over time.

- AW Blom, et Al., Bristol, UK Journal of Orthopaedic Surgery 2007;15(3):267-9

**Fact 2: Field dryness and reduced intraoperative blood loss help** reduce **Surgical Site Infection (SSI)** in orthopedics. When surgical field is not dry **cautery (i.e. burning) and suction are used** throughout surgery for hemostasis. Both are risk factors for incisional contamination. As such, **Blood transfusion is a risk factors for SSI:**

- Kim JL, Park JH, Han SB, Cho IY, Jang KM. Allogeneic blood transfusion is a significant risk factor for surgical-site infection following total hip and knee arthroplasty: a meta-analysis. J Arthroplasty. 2017;32(1):320-326. <https://doi.org/10.1016/j.arth.2016.08.026>.
- Everhart JS, Sojka JH, Mayerson JL, Glassman AH, Scharschmidt TJ. Perioperative allogeneic red blood-cell transfusion associated with surgical site infection after total hip and knee arthroplasty. J Bone Joint Surg Am. 2018;100(4):288-294. <https://doi.org/10.2106/JBJS.17.00237>.



- SSI is a significant complication of all orthopedic operations.
- The cost and suffering are enormous with >\$60,000 per case with post TKA infection.
- Often needing IV antibiotics, prolonged hospitalization, removal of implant and re-do after prolonged delay.
- The prevalence of SSI is 0.5-4.5%. US averages are 1.35% for TKA, 0.5% for hand surgery, 4.5% in foot surgery (11% in diabetic patients).
- The cause of SSI is multifactorial. However, quite **often the kind of bacteria that grow in cultures from SSI are the same as those found on re-used pneumatic tourniquets.** Using sterile tourniquets, shortening surgery time, reducing blood loss and blood transfusion, and preventing tourniquet skin injury are all facilitated by using **HemaClear. This explains why SSI with HemaClear is much less than with pneumatic tourniquet as shown in multiple peer-reviewed articles.**



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Comparison of local pain and tissue reaction between conventional pneumatic tourniquet and disposable silicone ring tourniquet during Total Knee Arthroplasty



Sanjay Bhalchandra Londhe <sup>a,\*</sup>, Ravi Vinod Shah <sup>b</sup>, Shubhankar Sanjay Londhe <sup>c</sup>, Pritesh Omprakash Agrawal <sup>d</sup>, Nicholas A. Antao <sup>e</sup>, Sushil Churhe <sup>f</sup>

**Table 1**  
Demographics and Preoperative Haemoglobin Levels of the two Patient Groups.

Demographic/hb	Group 1 (n = 255)	Group 2 (n = 227)	P
Average age (years)	64.4 (47-84)	63.9 (43-88)	0.41
Male:female	39:216	26:201	0.32
Prhb	12.8 ± 1.8	13.1 ± 2.5	0.62

Hb = Haemoglobin; Prhb = Preoperative haemoglobin.



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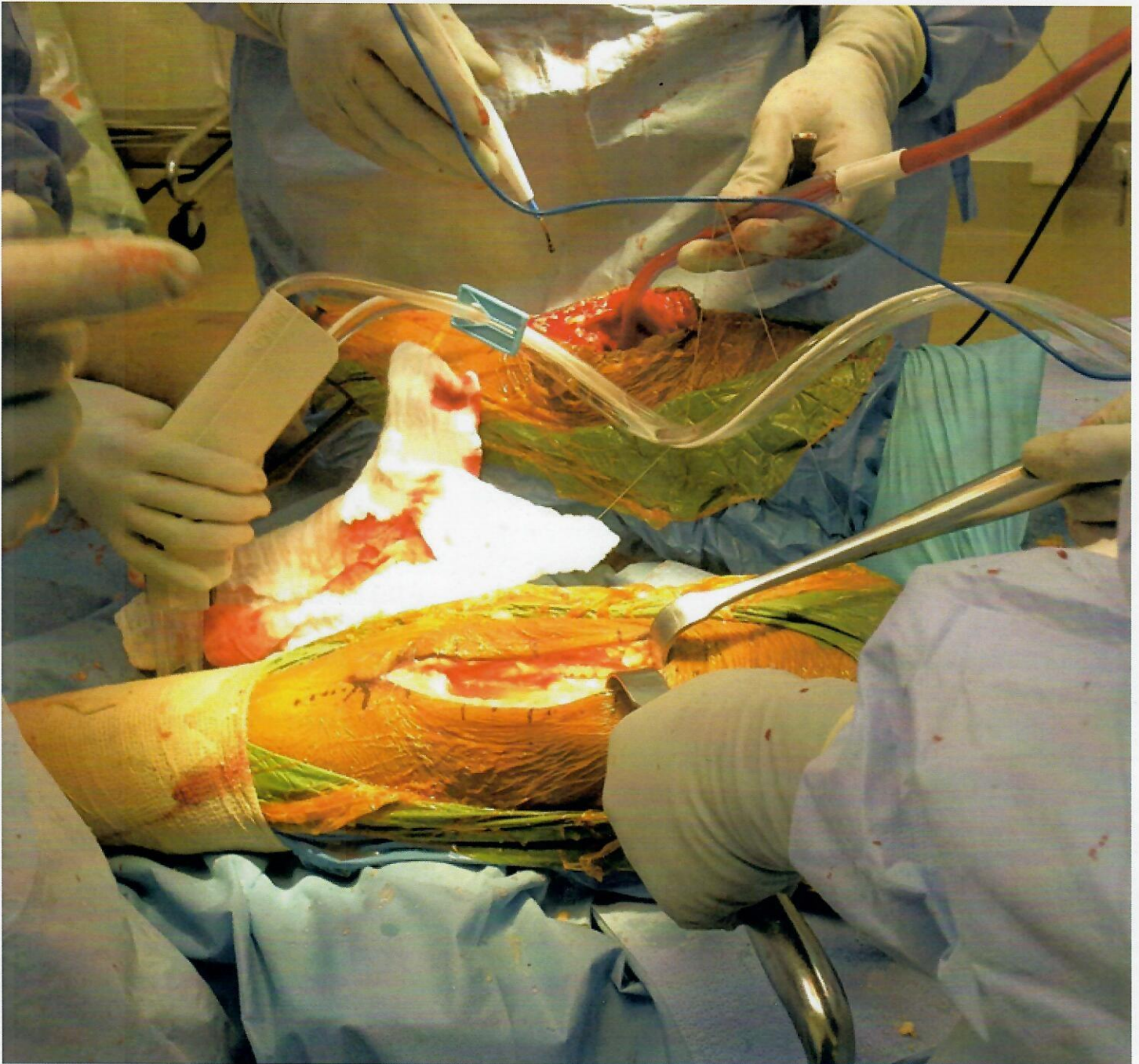
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**Table 3**  
Variables used in the study.

Variables	Conventional tourniquet	Disposable tourniquet	P value
Local bruising	8	0	0.0196
Blister formation	2	0	
VAS score 24 h	5.6 ± 2.1	4.3 ± 1.5	0.0152
VAS score 48 h	3.3 ± 1.2	2.1 ± 1.5	0.003
Post operative blood loss (ml)	185.6 ± 26.5	180.4 ± 28.2	0.3444

## Bleeding and hemostasis contribute to incisional contamination



**Bilateral TKA with pneumatic tourniquet on right leg and HemaClear on left leg.  
Note the dryness of the HemaClear side.**