**Payments made to: The Seven Project**

**Via: Check, Cash, Credit/Debit**

*. Checks are preferred. All packages are non- refundable and subject to change.* *Tax not yet included in pricing. All memberships and packages are pre-pay. Packages updated August 1, 2019.*

**Adaptive Personal Training Packages**

*Personal Training members take priority when scheduling specialized equipment. Any session not canceled prior to 24 hours in advance will be deducted from package. Packages do not expire.*

***Single session - $70 10 pack - $340***

*($10 off) unlimited nutritional guidance*

***4 pack - $140 12 pack - $405***

*($15 off) unlimited nutritional guidance*

***8 pack - $275***

*($5 off)*  ***16 pack - $540***

*($20 off) unlimited nutritional guidance*

**FES Cycling**

*FES sessions may count as a personal training session, or packages can be bought separately.*

***4 pack - $80 8 pack - $120 10 pack - $200 12 pack - $240 16 pack - $320***

**Monthly Contract Bundles**

*Packages expire after final date of contract.*

***1 month - $400 6 month - $2400***

*($100 discount) ($600 discount)*

*12 pack unlimited nutrition, 4 FES sessions 72 pack, unlimited nutrition, 24 FES sessions*

***3 month - $1200 12 month - $5000***

*($300 discount) ($1000 discount)*

*36 pack, unlimited nutrition, 12 FES sessions**144 pack, unlimited nutrition, 48 FES sessions*

**Additional services:**

*Individual service item value.*

**Open Gym** $10/session

Independent workouts. Schedule at least 24 hours in advance.

**Caregiver Open Gym Monthly Membership** $25

**FES Cycling** $25/hr

**Monthly Community Nutrition Socials**

(Fundraisers, non-taxed)$25

**Support Group** FREE

*5% of total revenue for 2019 will be devoted to a scholarship fund that will be divided amongst qualified recipients in January 2020, based on an application process.*