



# LOVE LANGUAGES PERSONAL PROFILE



FOR SINGLES

The **5** Love Languages<sup>®</sup>

**To Get Started:**

The profile consists of 30 pairs of statements. Circle the one statement in each pair that best represents your desire or preference. Once you've made your selections, go back and count the number of times you circled each individual letter and write in the appropriate blank at the end of the profile.

- |  |  |
|--|--|
| <p>1 A I like to receive notes of affirmation.<br/>E I like to be hugged.</p>  | <p>9 B I like to spend time with friends and loved ones.<br/>C I like to receive little gifts from friends and loved ones.</p>                               |
| <p>2 B I like to spend one-to-one time with a person who is special to me.<br/>D I feel loved when someone gives practical help to me.</p>                   | <p>10 A Words of acceptance are important to me.<br/>D I know someone loves me when he or she helps me.</p>  |
| <p>3 C I like it when people give me gifts.<br/>B I like leisurely visits with friends and loved ones.</p>   | <p>11 B I like being together and doing things with friends and loved ones.<br/>A I like it when kind words are spoken to me.</p>                            |
| <p>4 D I feel loved when people do things to help me.<br/>E I feel loved when people touch me.</p>   | <p>12 D What someone does affects me more than what he or she says.<br/>E Hugs make me feel connected and valued.</p>  |
| <p>5 E I feel loved when someone I love or admire puts his or her arm around me.<br/>C I feel loved when I receive a gift from someone I love or admire.</p> | <p>13 A I value praise and try to avoid criticism.<br/>C Several small gifts mean more to me than one large gift.</p>  |
| <p>6 B I like to go places with friends and loved ones.<br/>E I like to high-five or hold hands with people who are special to me.</p>                       | <p>14 B I feel close to someone when we are talking or doing something together.<br/>E I feel closer to friends and loved ones when they touch me often.</p> |
| <p>7 C Visible symbols of love (gifts) are very important to me.<br/>A I feel loved when people affirm me.</p>   | <p>15 A I like for people to compliment my achievements.<br/>D I know people love me when they do things for me that they don't enjoy doing.</p>             |
| <p>8 E I like to sit close to people whom I enjoy being around.<br/>A I like for people to tell me I am attractive/handsome.</p>                             | <p>16 E I like to be touched as friends and loved ones walk by.<br/>B I like it when people listen to me and show genuine interest in what I am saying.</p>  |

NEXT



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## FOR SINGLES

- 17 **D** I feel loved when friends and loved ones help me with jobs or projects.
- 17 **C** I really enjoy receiving gifts from friends and loved ones.
- 18 **A** I like for people to compliment my appearance.
- 18 **B** I feel loved when people take time to understand my feelings.
- 19 **E** I feel secure when a special person is touching me.
- 19 **D** Acts of service make me feel loved.
- 20 **D** I appreciate the many things that special people do for me.
- 20 **C** I like receiving gifts that special people make for me.
- 21 **B** I really enjoy the feeling I get when someone gives me undivided attention.
- 21 **D** I really enjoy the feeling I get when someone does some act of service for me.
- 22 **C** I feel loved when a person celebrates my birthday with a gift.
- 22 **A** I feel loved when a person celebrates my birthday with meaningful words.
- 23 **C** I know a person is thinking of me when he or she gives me a gift.
- 23 **D** I feel loved when a person helps with my chores.
- 24 **B** I appreciate it when someone listens patiently and doesn't interrupt me.
- 24 **C** I appreciate it when someone remembers special days with a gift.
- 25 **D** I like knowing loved ones are concerned enough to help with my daily tasks.
- 25 **B** I enjoy extended trips with someone who is special to me.
- 26 **E** I enjoy kissing or being kissed by people with whom I am close.
- 26 **C** Receiving a gift given for no special reason excites me.
- 27 **A** I like to be told that I am appreciated.
- 27 **B** I like for a person to look at me when we are talking.
- 28 **C** Gifts from a friend or loved one are always special to me.
- 28 **E** I feel good when a friend or loved one touches me.
- 29 **D** I feel loved when a person enthusiastically does some task I have requested.
- 29 **A** I feel loved when I am told how much I am appreciated.
- 30 **E** I need to be touched every day.
- 30 **A** I need words of affirmation daily.

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## RESULTS

- A: \_\_\_\_\_ WORDS OF AFFIRMATION
- B: \_\_\_\_\_ QUALITY TIME
- C: \_\_\_\_\_ RECEIVING GIFTS
- D: \_\_\_\_\_ ACTS OF SERVICE
- E: \_\_\_\_\_ PHYSICAL TOUCH

### Which love language received the highest score?

This is your primary love language. If point totals for two love languages are equal, you are "bilingual" and have two primary love languages. And, if you have a secondary love language, or one that is close in score to your primary love language, this means that both expressions of love are important to you. The highest possible score for any single love language is 12.

### Would you like an email copy of your results?

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