

ALLERGY CHART- BY MENU ITEMS

MAIN MENU TACOS	GLUTEN	DAIRY	SOY	EGGS	TREE NUTS	PEANUTS	SHELLFISH	FISH	SESAME	VEGAN
ALLERGENS LISTED WITH RED CAN NOT BE REMOVED FROM THE MENU ITEM. ALLERGENS LISTED WITH YELLOW CAN BE REMOVED FROM THE MENU ITEM.										
DRAGON TOFU TACO	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	FLOUR TORTILLA, TOFU BREADING		TOFU, TOFU MARINADE, SWEET SOY SAUCE							
IMPOSTER TACO	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	NONE	●YES
	FLOUR TORTILLA, MUSHROOM BREADING		VEGAN REMOULADE SAUCE		If pan cooked- V Butter contains Coconut, but see notes below for Coconut info.					
DIABLO SHRIMP TACO	●YES	●YES	●YES	●YES	NONE	NONE	●YES	NONE	●YES	NO
	FLOUR TORTILLA	CREMA SAUCE, BUTTER	REMOULADE SAUCE	REMOULADE SAUCE			SHRIMP		SHRIMP SEASONING, GARNISH	
VEGAN DIABLO SHRIMP TACO	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	●YES	●YES
	FLOUR TORTILLA		VEGAN REMOULADE SAUCE		V Butter contains Coconut, but see notes below for Coconut info.				SHRIMP SEASONING, GARNISH	
FAMOUS FISH TACO	●YES	●YES	●YES	●YES	NONE	NONE	NONE	●YES	NONE	NO
	FLOUR TORTILLA, FISH BREADING	CHEESE, CREMA SAUCE, BUTTERMILK IN BREADING PROCESS	REMOULADE SAUCE	BUTTERMILK IN BREADING PROCESS, REMOULADE SAUCE				FISH		
VEGAN FISH TACO	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	FLOUR TORTILLA, FISH BREADING		VEGAN FISH MARINADE, VEGAN REMOULADE SAUCE							
AL PASTOR TACO	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NO
	FLOUR TORTILLA	CHEESE, CREMA SAUCE								
VEGAN AL PASTOR TACO	●YES	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	FLOUR TORTILLA									
HULK TACO	●YES	●YES	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NO
	FLOUR TORTILLA	CHEESE, BUTTER	REMOULADE SAUCE, SWEET SOY SAUCE	REMOULADE SAUCE						
VEGAN HULK TACO	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	NONE	●YES
	FLOUR TORTILLA		SOY CURLS, V REMOULADE, SWEET SOY SAUCE		V Butter contains Coconut, but see notes below for Coconut info.					
CLASSIC TACO	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NO
	FLOUR TORTILLA	CHEESE, CREMA SAUCE								
VEGAN CLASSIC TACO	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	FLOUR TORTILLA		IMPOSSIBLE MEAT							

MAIN MENU BURGERS	GLUTEN	DAIRY	SOY	EGGS	TREE NUTS	PEANUTS	SHELLFISH	FISH	SESAME	VEGAN
ALLERGENS LISTED WITH RED CAN NOT BE REMOVED FROM THE MENU ITEM. ALLERGENS LISTED WITH YELLOW CAN BE REMOVED FROM THE MENU ITEM.										
VEGGIE BURGER	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	NONE	●YES
	BUN, BREAD CRUMBS IN PATTY		VEGAN REMOULADE SAUCE		CHEESE contains coconut but see notes below for Coconut info.					
VEGGIE BURGER- SPICY	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	NONE	●YES
	BUN, BREAD CRUMBS IN PATTY		VEGAN REMOULADE		CHEESE contains coconut but see notes below for Coconut info.					
YCSF (SECRET MENU)	●YES	●YES	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NO
	BUN	CHEESE, BUTTERED BUN	REMOULADE SAUCE	REMOULADE SAUCE						
VEGAN YCSF (SECRET MENU)	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	NONE	●YES
	BUN		V REMOULADE SAUCE, SWEET SOY SAUCE, IMPOSSIBLE PATTY		CHEESE contains coconut but see notes below for Coconut info.					
WAKE & BAKE	●YES	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NO
	BUN	CHEESE, BUTTERED BUN, BUTTER EGG IS COOKED IN		EGG ON BURGER, COFFEE MAYO						
IMPOSSIBLE WAKE & BAKE	●YES	●YES	●YES	●YES	NONE*	NONE	NONE	NONE	NONE	NO
	BUN	CHEESE, BUTTERED BUN, BUTTER EGG IS COOKED IN	IMPOSSIBLE PATTY	EGG ON BURGER, COFFEE MAYO	CHEESE contains coconut but see notes below for Coconut info.					
SANTA MUERTA	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NONE	●YES	NO
	BUN	CHEESE, BUTTERED BUN							GARNISH	
IMPOSSIBLE SANTA MUERTA	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	●YES	●YES
	BUN		IMPOSSIBLE PATTY		CHEESE contains coconut but see notes below for Coconut info.				GARNISH	
PUERCO LOCO SANDWICH	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NONE	NO	NO
	BUN	CHEESE, BUTTERED BUN								
OG SMASH	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	BUN	CHEESE, BUTTERED BUN								
VEGAN SMASH	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	NONE	●YES
	BUN		IMPOSSIBLE PATTY		CHEESE contains coconut but see notes below for Coconut info.					

ALLERGY CHART- BY MENU ITEMS

MAIN MENU SIDES	GLUTEN	DAIRY	SOY	EGGS	TREE NUTS	PEANUTS	SHELLFISH	FISH	SESAME	VEGAN
ALLERGENS LISTED WITH RED CAN NOT BE REMOVED FROM THE MENU ITEM. ALLERGENS LISTED WITH YELLOW CAN BE REMOVED FROM THE MENU ITEM.										
ANIMAL FRIES	●YES	NONE	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NO
	BATTERED FRIES		REMOULADE SAUCE	REMOULADE SAUCE						
VEGAN ANIMAL FRIES	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	BATTERED FRIES		VEGAN REMOULADE SAUCE							
SALT & PEPPER FRIES	●YES	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	BATTERED FRIES									
GARLIC PARM FRIES	●YES	●YES	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NO
	BATTERED FRIES	CHEESE	REMOULADE SAUCE	SIDE OF REMOULADE SAUCE						
VEGAN GARLIC PARM FRIES	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	BATTERED FRIES		VEGAN REMOULADE SAUCE							
JALAPENO RANCH FRIES	●YES	●YES	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NO
	BATTERED FRIES	CHEESE, RANCH SEASONING, SIDE OF RANCH	RANCH SEASONING, SIDE OF RANCH SAUCE	RANCH SEASONING, SIDE OF RANCH						
SIDE SALAD	●YES	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NO
	CROUTONS	CHEESE, SIDE OF RANCH		SIDE OF RANCH						
VEGAN SIDE SALAD	●YES	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	CROUTONS									
HOUSE BRUSSELS	NONE*	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES	●YES
	No Gluten in Item, but fried in a shared fryer.								Sometimes in Garnish	
CHIPS & SALSA	NONE*	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	No Gluten in Item, but fried in a shared fryer.									

ALLERGY CHART- BY MENU ITEMS

MAIN MENU LARGE SALADS	GLUTEN	DAIRY	SOY	EGGS	TREE NUTS	PEANUTS	SHELLFISH	FISH	SESAME	VEGAN
ALLERGENS LISTED WITH RED CAN NOT BE REMOVED FROM THE MENU ITEM. ALLERGENS LISTED WITH YELLOW CAN BE REMOVED FROM THE MENU ITEM.										
DRAGON TOFU SALAD	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	●YES	●YES
	CROUTONS, TOFU BREADING		TOFU, TOFU MARINADE						GARNISH	
IMPOSTER SALAD	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	●YES	●YES
	MUSHROOM BREADING, CROUTONS		VEGAN REMOULADE SAUCE		If pan cooked- V Butter contains Coconut, but see notes below for Coconut info.				GARNISH	
DIABLO SHRIMP SALAD	●YES	●YES	●YES	●YES	NONE	NONE	●YES	NONE	●YES	NO
	CROUTONS	CREMA SAUCE, BUTTER	REMOULADE SAUCE	REMOULADE SAUCE			SHRIMP		SHRIMP SEASONING, GARNISH	
VEGAN DIABLO SALAD	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	●YES	●YES
	CROUTONS		VEGAN REMOULADE SAUCE		V Butter contains Coconut, but see notes below for Coconut info.				SHRIMP SEASONING, GARNISH	
FAMOUS FISH SALAD	●YES	●YES	●YES	●YES	NONE	NONE	NONE	NONE	●YES	NO
	FISH BREADING, CROUTONS	CHEESE, CREMA SAUCE, BUTTERMILK IN BREADING PROCESS	REMOULADE SAUCE	BUTTERMILK IN BREADING PROCESS, REMOULADE SAUCE				FISH	GARNISH	
VEGAN FISH SALAD	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	●YES	●YES
	FLOUR TORTILLA, FISH BREADING		VEGAN FISH MARINADE, VEGAN REMOULADE SAUCE						GARNISH	
AL PASTOR SALAD	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NONE	●YES	NO
	CROUTONS	CHEESE, CREMA SAUCE							GARNISH	
VEGAN AL PASTOR SALAD	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	●YES	●YES
	CROUTONS		SWEET SOY SAUCE						GARNISH	
HULK SALAD	●YES	●YES	●YES	●YES	NONE	NONE	NONE	NONE	●YES	NO
	CROUTONS	CHEESE, BUTTER	REMOULADE SAUCE, SWEET SOY SAUCE	REMOULADE SAUCE					GARNISH	
VEGAN HULK SALAD	●YES	NONE	●YES	NONE	NONE*	NONE	NONE	NONE	●YES	●YES
	CROUTONS		VEGAN REMOULADE SAUCE, SWEET SOY SAUCE		V Butter contains Coconut, but see notes below for Coconut info.				GARNISH	

ALLERGY CHART- BY MENU ITEMS

HOUSE SAUCES	GLUTEN	DAIRY	SOY	EGGS	TREE NUTS	PEANUTS	SHELLFISH	FISH	SESAME	VEGAN
ALLERGENS LISTED WITH RED CAN NOT BE REMOVED FROM THE MENU ITEM. ALLERGENS LISTED WITH YELLOW CAN BE REMOVED FROM THE MENU ITEM.										
REMOULADE SAUCE	NONE*	NONE	●YES	●YES	NONE	NONE	NONE	NONE	NONE	NO
	Contains Kikkoman Soy Sauce, but pls read notes below.		SOY SAUCE	MAYO						
VEGAN REMOULADE SAUCE	NONE*	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	Contains Kikkoman Soy Sauce, but pls read notes below.		SOY SAUCE							
SECRET SAUCE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES
CREMA SAUCE	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NO
		SOUR CREAM								
RANCH SAUCE	NONE	●YES	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NO
		BUTTERMILK		MAYO						
VEGAN RANCH SAUCE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES
COFFEE MAYO	NONE	NONE	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NO
				MAYO						
SUNNY HOY SAUCE	NONE*	NONE	●YES	NONE	NONE	NONE	NONE	NONE	NONE	●YES
	Contains Kikkoman Soy Sauce, but pls read notes below.		SOY SAUCE							
HOUSE MUSTARD	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES
SPICY MUSTARD	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	NONE	●YES

ALLERGY CHART- BY MENU ITEMS

PLS NOTE THAT ALL BUNS/TORTS, SAUCES, CHEESES CAN BE REPLACED WITH AN ALTERNATIVE.

***BUN INFO:** Our brioche buns are SF. Contains *highly refined* soybean oil- soy is removed in the refining process. Deemed allergen free, according to the FDA. (refer to cooking oil/fryer oil section below)

***COOKING OIL/FRYER OIL INFO:** We use *Highly Refined* Soybean Oil- the most common type of oil. This oil is deemed allergen free. The intensive refining process strips away the soy proteins that trigger allergic reactions. According to the US FDA- "highly refined soybean oil is exempt from allergen labeling requirements and is not considered a major food allergen". According to soyconnection.com- "Highly refined soybean oil does not elicit allergic reactions in soy protien-sensitive individuals." According to foodallergy.org- "Highly refined soy oil is not required to be labeled as an allergen. Studies show that most people with soy allergy can safely eat highly refined soy oil as well as soy lecithin."

***SOY SAUCE INFO:** Much of our menu contains Kikkoman Japanese soy sauce (shoyu), but according to Celiac.com (link on our website), an article by Jefferson Adams Oct 11, 2012 states- Kikkoman is a *naturally fermented* soy sauce and its method of preparation breaks down gluten into smaller components such as amino acids and polypeptides. Thus meeting the FDA requirement of less than 20 ppm to be deemed GF (it's well under 5ppm). Soy sauce made by Kikkoman meets Codex Alimentarius standards for gluten-free foods. The FDA states (link below)- "The rule specifies, among other criteria, that any foods that carry the label 'gluten-free,' 'no gluten,' 'free of gluten,' or 'without gluten' must contain less than 20 parts per million (ppm) of gluten. This level is the lowest that can be reliably detected in foods using scientifically validated analytical methods. Other countries and international bodies use these same criteria, as most people with celiac disease can tolerate foods with very small amounts of gluten." That being said, our sauces and cooking preparations that include Japanese soy sauce/shoyu are NOT listed in the GF sections- but if you'd like the soy sauce/shoyu items excluded, please state so when ordering.

***COCONUT INFO:** Coconut is technically not a tree nut, but it is recognized as a tree nut by the Food and Drug Administration (FDA). Allergic reactions: Most people with tree nut allergies can safely eat coconut without having an allergic reaction. However, allergic reactions to coconut have been documented.

***MAYO INFO:** Both our Regular & Vegan Mayo are SF. Contains *highly refined* soybean oil- soy is removed in the refining process. Deemed allergen free, according to the FDA. (refer to cooking oil/fryer oil section above)

***SHARED FRYER INFO:** For those with gluten sensitivities/allergies, and for our vegan fam, please note that we use a shared fryer.

We are not doctors- We possess culinary knowledge and food science research only (& oh boy, do we love food science!)- therefore we inform based on the publicly available information/research provided via verified websites/books. So as always, if you have a gluten or soy allergy, feel free to consult with your doctor to determine if you can safely consume these specific ingredients listed above.

Please note that we **Cacategorize our Restaurant as a Non-Vegan and Vegan Establishment**. Therefore, our main menu & specials are designed for these two categories. Since our main menu & specials are *not* naturally GF, we do offer a GF menu option upon request. But for *all other* allergies, we will do our very best to accommodate specific needs- but we can't guarantee we can always accommodate. Please always show **kindness/patience** with our staff when they do their best to help out. Thanks so much.

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VEGAN BRANDS USED	FREE FROM	CONTAINS
DAIYA SLICED CHEESE	GF, DF, SF, Egg Free, Tree Nut Free, Peanut Free, Sesame	Coconut
FOLLOW YOUR HEART PARM	GF, DF, SF, Egg Free, Tree Nut Free, Peanut Free, Sesame	
NAKED JACKFRUIT	GF, DF, SF, Egg Free, Tree Nut Free, Peanut Free, Sesame	
IMPOSSIBLE MEAT	GF, DF, Egg Free, Tree Nut Free, Peanut Free, Sesame	Soy
BELEAF PLANT-BASED SHRIMP	GF, DF, SF, Egg Free, Tree Nut Free, Peanut Free, Sesame	
PLANT-BASED CHKN (our secret)	DF, Egg Free, Tree Nut Free, Peanut Free	Gluten, Soy, Coconut
BUTLER'S SOY CURLS	GF, DF, Egg Free, Tree Nut Free, Peanut Free, Sesame	Soy
HELLMAN'S VEGAN MAYO	GF, DF, SF, Egg Free, Tree Nut Free, Peanut Free, Sesame	
OAT MILK (brands vary)	GF, DF, SF, Egg Free, Tree Nut Free, Peanut Free, Sesame	
TOFU (brands vary)	GF, DF, Egg Free, Tree Nut Free, Peanut Free, Sesame	Soy
VEGAN BUTTER (Melt, or Violife)	GF, DF, SF, Egg Free, Tree Nut Free, Peanut Free, Sesame	Coconut