

SOUL TIES

Proverbs 4:23, "Keep your heart with all diligence, for out of it spring the issues of life."

1 John 5:21 (NLT), "Dear children, keep away from anything that might take God's place in your hearts."

YOUR SOUL

Your soul is made up of your mind, your will, and your emotions.

WHAT IS A SOUL TIE?

- A soul tie is like a linkage in the soul realm between two people.
- The Bible speaks of what is today known as soul ties. We don't see that particular phrase in the Bible, but it speaks of them when it talks about souls being knit together, becoming one flesh, etc.
- A soul tie can serve many functions, but in its simplest form, it ties two souls together in the spiritual realm.
- Soul ties between married couples draw them together like magnets, while soul ties between unmarried people can draw a beaten and abused woman to the man, which in the natural realm, she would hate and run from. But instead, she runs to him even though he doesn't love her, and treats her like dirt.
- In the demonic world, unholy soul ties can serve as bridges between two people to pass demonic garbage through.
- Soul ties can do things such as allow one person to manipulate and control another person, and the other person is unaware of what is going on. Or maybe they know what is going on, but for no real reason, allow it to continue.

HOW ARE SOUL TIES FORMED?

Close Relationships

King David and Jonathan had a good soul tie as a result of a good friendship.

1 Samuel 18:1, "Now when he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul."

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But bad soul ties can form from bad relationships as well. Idolizing someone can cause a bad soul tie.

Ungodly soul ties are attachments based on lies and deception. We must be honest and vigilant in evaluating the condition of our souls.

Vows, Commitments and Agreements

Vows are known to bind the soul.

Numbers 30:2, "If a man makes a vow to the LORD, or swears an oath to bind himself by some agreement, he shall not break his word; he shall do according to all that proceeds out of his mouth."

The marriage covenant itself consists of vows, and binds two people together.

Ephesians 5:31, "For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh."

Sexual Relationships

We read about married couples becoming one flesh. Look what the scripture says happens when a person has ungodly sexual relations with another, and an ungodly soul tie is formed.

1 Corinthians 6:16, "Or do you not know that he who is joined to a harlot is one body with her? For 'the two,' He says, 'shall become one flesh.'"

This soul tie fragments the soul, and is destructive. People who have many past relationships find it very difficult to "bond" or be joined to anybody, because their soul is fragmented.

Sex is a 3-part experience: spirit, soul, and body. Anytime you have sex with a person, you bond with them.

Unhealthy soul ties remain long after the relationship ends, leaving both people longing for wholeness.

SIGNS OF AN UNHEALTHY SOUL TIE

1. You are in a physically, and/or emotionally, and/or spiritually abusive relationship, but you "feel" so attached to them that you refuse to cut off the connection and set boundaries with them.
2. You have left a relationship (maybe long ago), but you think about the other person obsessively. You can't get them out of your mind.

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3. Whenever you do anything—make a decision, have a conversation with someone, etc., you “feel” like this person is with you or watching you.
4. When you have sex with someone else (hopefully your husband or wife), you can hardly keep yourself from visualizing the person you have a soul tie with.
5. You take on the negative traits of the person that your soul is tied to, can carry their offenses whether or not you actually agree with them.
6. You defend your right to stay in a relationship with the person that your soul is tied to, even though it is negatively affecting or even destroying the important relationships in your life (husband, wife, kids, leaders, etc.).
7. You have simultaneous experiences and/or “moods” as the person your soul is tied to. This can even include sickness, accidents, addictions, etc.

THERE IS HOPE!

Breaking these attachments may be painful.

In order for ties to be broken, you will need to make a decision with your will—not an emotional feeling—to break them as you surrender to Jesus Christ’s lordship.

PERSONAL MINISTRY TIME

1. Ask yourself: Does anyone or anything hold a place in my heart that was only designed for God?
 - Career
 - Children
 - Spouse
 - Personal appearance
 - Fitness
 - Hobbies
 - Ministry
 - Leisure activities
 - Friends
 - Approval of others success
 - Social media

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2. Write down any area(s) the Holy Spirit is revealing to you where you have placed someone or something in HIS place.
3. Ask, "God, what lie am I believing regarding this relationship or activity?" Write it down.
4. Ask God, "What place in my heart am I trying to fill with this that only YOU can fill?"
5. Ask the Holy Spirit, "Is there anyone in my past (or present) that I need to break an ungodly connection with? Listen for the Holy Spirit to reveal any area where someone is holding a place in your heart. Take a few moments to repent (change your thinking) regarding these areas/people, and surrender to the Lordship of Jesus Christ.
6. What things do I have that hold me to this person or thing (photos, music, etc.)?
7. Pray this prayer from your heart: *"Father, in the name of Jesus, I submit my soul, my desires, and my emotions to You. I confess all my ungodly spirit, soul, and body ties as sin. I choose to forgive all those involved."*

(Name people)

"I ask You, Lord, to forgive me for my participation in this sin that resulted in ungodly ties, and I forgive myself. I bind, renounce and resist any evil spirits that have reinforced those ungodly soul ties, or that may have been transferred to me through association."

"Father, in Jesus' name, I loose myself from all relationships that are not ordained of God:

- *All relationships that are not of the Spirit, but of the flesh;*
- *All relationships based on control, domination or manipulation;*
- *All relationships based on lust and deception."*

"Lord, please cleanse my soul and help me to forget all illicit unions so that I am free to give my soul totally to You (and to my mate, if married). Now, Lord, I ask that You would charge Your angels to go and retrieve the fragmented pieces of my soul and return them to their original position."

"Father, I receive Your forgiveness for all past sex sins. I believe that I am totally forgiven. Thank You for remembering my sins no more. Thank You for cleansing me from ALL unrighteousness. I commit myself totally to You. By Your grace, please keep me holy in my spirit, soul and body. I praise You, in Jesus' name, Amen."