

For the best possible care
for your foot and ankle health,

look for the “O”



**FOOT
AND ANKLE
ORTHOPAEDIC
SURGEONS**

are MDs with the training and
experience to keep your feet
healthy and pain free

myFootCareMD.com



**AMERICAN ORTHOPAEDIC
FOOT & ANKLE SOCIETY.**

RECONSTRUCTION • SPORTS MEDICINE • TRAUMA • TECHNOLOGY

Why Choose a Foot and Ankle ORTHOPAEDIC Surgeon?

THEY'RE FULLY TRAINED MEDICAL DOCTORS

Foot and ankle ORTHOPAEDIC surgeons are the only foot care specialists who are **fully trained** as medical doctors (MDs or DOs). That means they've completed medical school, passed national boards for certification and can address foot and ankle problems as part of your whole body health.



**FULL
BODY
HEALTH**

"People may not realize that a seemingly simple foot problem could be an indicator of a more significant health issue. As an MD, I take each patient's whole body health into account to ensure that I'm providing the best treatment for their overall health and well-being."

THEY'RE HIGHLY SPECIALIZED

Foot and ankle ORTHOPAEDIC surgeons are **highly specialized**. In addition to four years of medical school, they complete five years of residency training in orthopaedic surgery plus one more year of advanced training in foot and ankle care. Rest assured that foot and ankle ORTHOPAEDIC surgeons love what they do for you.

Foot and Ankle ORTHOPAEDIC Surgeons complete:

4 Years of Undergraduate Study

4 Years of Medical School

5 Years of Residency Training in Orthopaedic Surgery

1-2 Years of Fellowship in Foot and Ankle Orthopaedic Surgery



**10 YEARS+
OF
TRAINING**



NOT JUST SURGERIES

THEY DON'T JUST OPERATE

Foot and ankle ORTHOPAEDIC surgeons aren't just surgeons. They diagnose problems and treat the whole foot and ankle – for **both surgical and non-surgical cases**. No matter what kind of problem you're having, a foot and ankle ORTHOPAEDIC surgeon can deliver the care you need.

THEY KNOW HOW TO TREAT COMPLICATED CASES

Foot and ankle ORTHOPAEDIC surgeons are **experts at complicated cases**. With their extensive training and specialized knowledge, they provide the right treatment right from the start, keeping your pain and costs to a minimum.



**COMPETENCE
AND
CONFIDENCE**

THEY'RE GREAT FOR SECOND OPINIONS

Don't take chances with your feet. Particularly if surgery is recommended, be sure to get a second opinion from a foot and ankle ORTHOPAEDIC surgeon.

"At the recommendation of a friend, I got a second opinion from a foot and ankle orthopaedic surgeon after I tore my Achilles tendon – and I'm so glad I did. Thanks to my surgeon's advanced capabilities and thoughtful treatment plan, I'm able to run and play sports again."



**EXPERT
OPINIONS**



Be sure you
look for the “O”
whenever you have
foot pain or a
foot or ankle problem

Foot and ankle ORTHOPAEDIC surgeons typically have expertise in treating:

- Traumatic Injuries, such as fractures, dislocations and amputations
- Sports-related injuries, such as sprains, torn ligaments, torn tendons, ankle instability and Achilles tendon problems
- Arthritis of the foot and ankle requiring joint replacement or joint fusion
- Loss of joint or muscle function caused by disease or injury
- Bunions, hammertoes and other forefoot disorders
- Deformities due to clubfoot, flatfoot or neurologic disorders
- Nerve disorders, such as neuroma and tarsal tunnel syndrome
- Complicated infections and tumors of the foot and ankle
- Foot problems related to diabetes, including ulcers and infections
- Complications from prior foot and ankle surgery

Get the best quality care from an MD:

FOOT AND ANKLE ORTHOPAEDIC SURGEONS

To find a foot and ankle ORTHOPAEDIC surgeon near you and to learn more about foot and ankle conditions, go to:

myFootCareMD.com

This patient education campaign is sponsored by the American Orthopaedic Foot & Ankle Society



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