

at HOME

February 18th, 2026 | Vol. 1 | Issue 2 ——— *a weekly newsletter from Asbury Church*

Unfurled into Rest

“On the seventh day God rested from all His work ... and He blessed the seventh day and made it holy.”

-- Genesis 2:2-3

Dear Friends,

If unfurling begins with opening, it is fitting that the first place God opens us is into rest.

We often reimagine rest as something we earn after exertion, or something we return to once life becomes manageable again. But Scripture tells a different story. In the biblical rhythm, rest is not a reward at the end – it is the ground at the beginning.

Before anything was asked of humanity, rest was given.

“On the seventh day God rested from all His work ... and He blessed the seventh day and made it Holy.” Genesis 2:2-3

God did not rest because he was weary. He rested to establish a pattern – to establish that life is sustained not by endless motion, but by sacred pause.

To be unfurled into rest is to

be opened into that original blessing again.

Rest, in scripture, is never passive. It is relational. The Hebrew idea of rest – *menuha* – carries the sense of settledness, safety, and being at ease in the presence of another. It is the rest of being held, not the rest of being done.

“In returning and rest you shall be saved; in quietness and trust shall be your strength.” Isaiah 30:15

Some of us experience rest as something we long for but struggle to claim. Others find rest uninvited – through illness, transition, limitation, or seasons of waiting. However, it comes, rest has a way of confronting our assumptions about value, control, and pace.

And yet, maybe this is the very place God has been waiting to meet us without distraction.

Jesus Himself invited people not first into understanding, but into rest:

“Come to me all who are weary and burdened, and I will give you rest.” Matthew 11:28

He did not say, “Come once I have sorted everything out.”

He said, “Come.”

Perhaps rest is not something to resist or to escape, but something we are being gently opened into together. Perhaps God is teaching us – each in our own way – how to lie open beneath His care without apology.

You are not wasting time.

You are not falling behind.

You are being unfurled – into rest.

LET'S PRAY

Father, You never slumber or rush, teach us to rest without guilt.

Where we have confused worth with activity, unfurl us into quiet trust. Where our lives have slowed – or long to slow -meet us there with your peace.

Let our rest become a place of communion, and our stillness a place of strength.

We receive this rest as a gift, not a failure, and we trust You to do what only You can do.

In the matchless name of Jesus we pray, Amen.

With Love,

Kate Green, the Asbury Staff, and your Asbury Church Family



asbury church

better together.

We will be praying for you!

Sunday Worship -- 8 and 10:30am
Watch **Anytime** by scanning this QR Code with your phone!

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February 18th, 2026

the prayer LIST



JOYS

- It was a joy to read the congregations answers to where we have seen God work in the life of Asbury Church, and a delight to see where we would like to see Asbury going forward.
- For the Asbury Church Staff, Bryonna. Wendy, Sarah, Michael, Kate, Mary Jo and Nathan, Haley, and Sonya each one showing Christ's love through the daily details most never see but everyone feels.
- Marvin & Susan Kallenbach, Sarah Brooks' parents – Susan was experiencing heart-related issues, and received 2 stents on Monday, but was able to go home Monday evening to rest and recover. She will need 2 more stents in the future, so continued prayers are appreciated!

HOSPITAL/SURGERIES

- Amber LeMaire, Jim McLain's daughter, having entire left lobe of her lung removed due to cancer on Thursday 2/19 at St. Francis Hospital @ gam
- Hillary Shields, moved to skilled Nursing Unit in Texas working on intense PT (husband will be traveling to Pennsylvania)

HOSPICE

- Del Rinehart

CONGREGATIONAL CONCERNS

- Mike & Cheryl O'Brien
- Regina Teer, recovering from a lumpectomy surgery, post op on the 26th of February then will get schedule for radiation therapy.
- Kristen Dahm – her surgery was a success; she is home and recovering, back to work with restrictions later this week.
- Max and Kathy Clayton – Max surgery postponed, next date TBD
- TJ & Lynne Smith, Lynne is home recovering from her Total Knee replacement. Will start PT on Tuesday 2/17
- Marvin Kraft
- Connie Mehl, she is home and recovering & start PT soon.
- Mel & Synda Kitts
- Nancy & Richard Miller – Richard had another fall but is home recovering.

- Bobby Bufford
- Don and Joyce Brittain
- Gene and Marilyn Fields
- Dick & Julie Thompson
- Debbie & Del Rinehart
- Jim and Chris McLain. Jim is home recovering from his shoulder surgery and it was a success, he is still very sore but recovering.
- Bill & Carolyn Scarritt
- Renee - Synda Kitts' sister

PRAYING FOR OUR FRIENDS & THEIR FAMILIES

- Colton Higgins
- James Wilson, Jim Wilson – son and grandson of Linda Wilson. James is home from the hospital now and will continue treatment for a minor brain bleed.
- Eugene Just, Pastor Rick's father, home and recovering.
- Dorvan Shields, Terry Shields brother, ICU in Oklahoma
- Bill & Carolynn Melason (friend in the neighborhood) praying for Bill as he has failing eyesight & his wife Carolyn is battling dementia.
- Please be in prayer for a teacher from Gateway Alternative School, he is having health issues, and they have extended a request for prayer on his behalf.
- Pam, Gloria Risings sister in Kansas City.
- Janine and Dan Hammon, family of Dave and Beth Perkins
- Diane Stanley, Gloria Rising's sister-in-law
- Vivian (Tuesday morning Bible Class)
- Hillary Shields, Terry Shields nephew's wife.
- George Delaney, brother-in-law of Debby Rinehart
- Gail McCurry, friend of Linda Stephen is battling metastatic breast cancer.
- Felix & Cassandra, friends of Linda and Ron Stephen, Felix has lymphoma and a lot of pain.
- Betty Guhr's brother was taken to the hospital on 2/12 for a possible stroke.

Remembering to Pray for our Homebound Church Family Members (if you would like to send cards or a letter of encouragement you can drop them off to Kate Green in the church office and she will mail them out for you at any time) Lynn Scott, Carol Williams, Carolyn Davis, Sandy Gault, Roberta Nielsen, Maria Robinson, Bernie Walser, Lucille Childers, Nancy Walker, Jeri Ford, Barbara Whitsitt, Margaret Grundmeyer, Merle Furry, Joyce Goerzen, Charles Brodie, Judy Freeman, Del Rinehart, Mike Kizzire, Betty Guhr, Vivian (from Tuesday morning bible study)

Please be in prayer for any **unborn children and their families**. We ask that God surround them with His love, wisdom, and protection. May His grace bring hope, peace, and guidance to all families facing difficult decisions, and may every unborn child be cherished as a gift from Him.

Let's remember to lift up **ISRAEL** in our prayers. Scripture tells us "Pray for the peace of Jerusalem: May those who love you be secure" Deuteronomy 11:2. As we pray let's ask the Lord to cover Israel with His peace, protection, and healing, trusting His promises and His faithful watch over His people and land.

Cancer Fighters: Gene Fields, Regina Teer, Angie Dexter de Fuentes, Suzanne Jones, Jim McLean, Linda Groves, Sheila Hitz, Vivianne, Ben Moore, Don Brittain, Jim Beebe, Carol Williams, Joyce Goerzen, Kathryn Dunham, Al Lemay (Bobby Buford's good friend) Aunt Ming (Allison Woods Aunt)

SERVING OUR COUNTRY –THANK YOU FOR YOUR SERVICE!

- Jaxon Dame, the Beebe's grandson, USAF.
- Tracy Mountford's son, Ryan Mountford, USAF

MINISTRIES - Brewery Church, Community Garden, Embrace, New Covenant

TRAVEL MERCIES –

Then I heard the voice of the Lord saying, "Whom shall I send? And who will go for us? And I said, "Here I am, send me!" Isaiah 6:8

- Susan Innes, Allison Woods & David Player are traveling to Fairfax, Missouri for prayer. – Trip was postponed and new date TBD, possible 3/21 date.
- Gloria Rising traveling to New York for granddaughter's birthday, and then to Hawaii.
- Dale Short – in Arizona

CONDOLENCES

Mary Terry crossed over to be with her Lord and Saviour on Tuesday 2/3/2026. Please keep her family in your prayers as they grieve this loss. She will be dearly missed as she was always a joy to us all.

Service will be held at Asbury Church, February 24th 2026 in the Chapel, at 12noon, following our Tuesday Morning Bible Study.

