



# Kitchen Manito-Waya



Tradition to Table

# Lunch

## Sandwiches

### **Turkey Basil Pesto**

**13**

Housemade pesto mayo, arugala, salted tomato, peppered bacon and smoked turkey with goat cheese on a ciabatta bun.

### **Candied BLT**

**13**

Garlic aioli, Sriracha candied bacon with toasted sesame seeds, arugala, salted tomato on a ciabatta bun.

### **Horseradish Beef**

**13**

Housemade horseradish mayo, arugala, salted tomato, red onion, roast beef on a ciabatta bun

### **Turkey Cranberry**

**13**

Housemade cranberry mayo, arugula, roast turkey, with goat cheese on a ciabatta bun.

## Soup

### **Tomato Bisque**

**5**

A velvety, slow-simmered blend of ripe tomatoes, aromatic herbs, and a touch of cream.

### **Potato Leek**

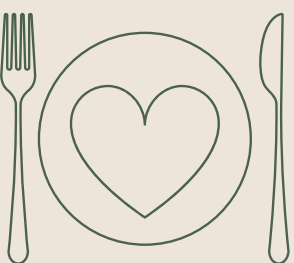
**6**

Creamy Yukon Gold potatoes and tender leeks simmered in a savory broth, blended to a velvety finish.

### **Hamburger Soup**

**7**

A hearty and comforting dish, our Hamburger Soup is a savory blend of seasoned ground beef, tender vegetables, and rich broth. Carrots, onion, and celery mingle with a medley of herbs to create a satisfying, full-bodied flavor. Perfectly simmered to allow the flavors to meld, this soup is the ultimate bowl of warmth on a chilly day.



# Lunch

## Salads

### House Salad

5

A crisp medley of mixed greens topped with thinly sliced red onion, creamy goat cheese, shaved almonds, and juicy mandarin oranges. Finished with a drizzle of tangy raspberry vinaigrette for a refreshing balance of flavors.

### Caesar Salad

5

Crisp romaine lettuce tossed with the housemade Caesar dressing, crunchy bannock croutons, and shaved Parmesan cheese. Finished with a hint of cracked black pepper.

### Saskatoon Berry Salad

5

A refreshing mix of baby spinach and spring greens, tossed with sweet Saskatoon berries, candied pecans, crumbled goat cheese, and red onions. Finished with a house-made Saskatoon berry-balsamic vinaigrette.

### Pear Balsamic Salad

5

Fresh mixed greens topped with ripe sliced pears, candied walnuts, crumbled goat cheese, and red onions, all lightly tossed in a house-made pear-balsamic vinaigrette.

**\*\*\* Upgrade to a large salad for \$4**

**\*\*\* Add a 5oz Chicken Breast for \$7**



# Dinner

## Chicken Finger Dinner

16

Crispy breaded chicken tenders, fried to perfection, served with seasoned fries, coleslaw, and honey dill sauce. A classic favorite for all ages.

## Mac & Cheese Bake

14

Rich and creamy macaroni tossed in a blend of sharp cheddar, gruyère, and parmesan, baked until golden and bubbly. Topped with buttery breadcrumbs.

## Quesadilla

14

Grilled flour tortilla filled with seasoned grilled chicken, melted cheddar and Monterey Jack cheeses, sautéed peppers, and onions. Served with sour cream, fresh salsa,

## Pulled Pork

18

Slow-cooked pulled pork, smothered in smoky house-made barbecue sauce, served over creamy garlic mashed potatoes with a side of seasonal vegetables.

## Pot Roast

18

A true comfort classic, our tender Pot Roast is slow-braised to perfection, served over a bed of creamy garlic mashed potatoes. The melt-in-your-mouth beef is paired with a medley of seasonal vegetables. All of this is smothered in a savory, rich gravy made from the roast's natural juices, creating a hearty, satisfying meal that's both flavorful and comforting.



# Traditional

## **Elk Stew**

**15**

Tender chunks of wild elk slow-cooked in a savory broth with hearty carrots, potatoes, and onions. Simmered with aromatic herbs and spices for a rich, flavorful experience.

## **Wild Boar Lasagna**

**16**

Layers of tender pasta, savory ground boar, smothered in a rich marinara sauce, and a blend of melted mozzarella, ricotta, and parmesan cheeses. Baked to golden brown and topped with fresh parsley for a comforting, homemade flavor.

## **Bannock Taco**

**16**

A warm, pillowy bannock, topped with taco beef, cheese, lettuce, tomatoes, red onion, salsa and sour cream

## **Bison Chili**

**14**

A rich and robust blend of ground bison, tender beans, and a medley of savory spices, slow-simmered in a rich tomato sauce. Topped with shredded cheddar, sour cream, and fresh scallions.

## **Bison Burger**

**16**

A juicy, lean bison patty grilled to perfection, served on a toasted ciabatta bun with crisp lettuce, ripe tomato, red onion, and a tangy house-made garlic aioli.

**\*\*\*All recipes above are available to substitute beef at no extra charge.**



# Traditional

## Three Sister Soup

5

A hearty, nourishing blend of corn, beans, and squash, slow-cooked with savory herbs, tender vegetables, and a hint of smokiness, this comforting soup is perfect for any season.

## Wild Rice Mushroom Risotto

6

A creamy, savory risotto made with Arborio rice, slow-cooked in a rich vegetable broth, and infused with earthy mushrooms and wild rice.

## Baked Bannock

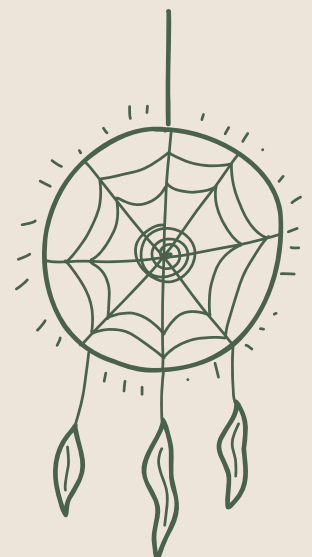
2

Traditional Indigenous flatbread, baked to a golden brown with a soft, fluffy interior and a crisp crust. Served warm with butter.

## Fried Bannock

3

Golden, fluffy dough fried to perfection with a crisp exterior and soft, warm center. Served butter or jam.



# Dessert

<b>Saskatoon Berry Crisp</b>	<b>5</b>
------------------------------	----------

A comforting blend of juicy Saskatoon berrys baked beneath a golden oat crumble.

<b>Chocolate Brownie</b>	<b>5</b>
--------------------------	----------

Rich, fudgy brownie made with premium dark chocolate, drizzled with caramel

<b>Cookies</b>	<b>3</b>
----------------	----------

Fresh baked cookies, 2 per order, available in double chocolate, macadamia nut, or chocolate chip

# Drinks

<b>Soda Pop</b>	<b>2.5</b>
-----------------	------------

Ask about flavors

<b>Water</b>	<b>2</b>
--------------	----------

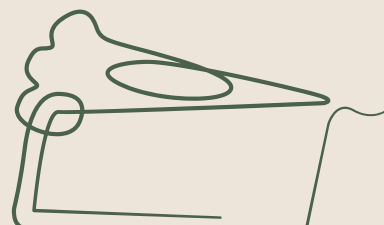
H2O

<b>Gourmet Soda</b>	<b>4</b>
---------------------	----------

Ask about flavors

# Breakfast

**Ask about our breakfast options! We're happy to accommodate your morning cravings.**



**Catering Terms & Conditions**  
**(For Events, Group Orders, & Banquets)**

**Thank you for choosing us to help bring your event to life. Please take a moment to review the following terms so we can ensure your experience is seamless and enjoyable.**

**Guest Minimums**

**We kindly require a minimum of 15 guests per menu.**

**You will be invoiced for either the final confirmed number of guests or 15 guests—whichever is greater.**

**Booking & Deposits**

**Your booking is confirmed upon: Confirmation of the final guest count, any dietary restrictions, and menu approval. (Receipt of a 50% non-refundable deposit for any catering exceeding \$1000) Menu Finalization**

**Menu selections and dietary details must be finalized at least 3 days before the event. Changes within 3 days are not guaranteed and may be subject to substitution and added cost.**

**Cancellations**

**Cancellations after the deposit and guest confirmation deadline (3 days prior) will forfeit the deposit.**

**Final payment is due on or before the day of the event.**

**We accept cash, e-transfer, Visa, Mastercard, debit, or cheque (Credit card is subject to a fee of 2.9% + \$0.60, and debit at 1%).**

**Cancellations within 72 hours of the event will result in 100% of the event total being charged.**

**Set-Up, Clean-Up & Service Style**

**We provide set-up of food service areas, with standard clean-up of our equipment after.**

**We do not provide venue clean-up or garbage disposal of disposable items (such as to-go boxes).**

**No serving staff is provided unless previously arranged—all meals are self-serve and individually packaged for ease and safety.**



### **Timeliness & Venue Access**

**Please inform us in advance of any access restrictions, security, stairs, or parking limitations at your venue. Please ensure our team has access to the site at the agreed-upon delivery/setup time. Delays in access may affect food temperature and service flow. Please allow a 20-minute window for delivery from your approved time due to traffic, weather, etc. We are not responsible for any impact on food quality, timing, or presentation due to late venue access or unexpected site conditions.**

### **Dietary Accommodations**

**We are happy to offer vegan, vegetarian, gluten-free, and allergen-conscious options—please inform us when placing your order.**

**While we do our best to minimize risk, our kitchen is not certified allergen-free.**

### **Additional Notes**

**All prices are subject to change until final confirmation is made.**

**A gratuity of 10–20% may be applied based on the level of service requested.**

**Delivery is available at \$15 within a 5KM radius, an extra \$5 will be charged per additional 2.5KM. Pickup is also available from our central kitchen.**

**Please note that pricing is subject to change, and our team will confirm pricing once an order is placed. Orders are subject to availability.**

**We look forward to being part of your special gathering.  
Miigwetch — thank you for choosing to share a meal with us.**

**For bookings and questions, please contact:**

**Kitchen Manito-Waya**

**1341 Pembina Hwy, Winnipeg, MB R3T 2B6**

**204-998-5699 | [Chefjames1313@gmail.com](mailto:Chefjames1313@gmail.com) | [Kitchenmanitowaya.com](http://Kitchenmanitowaya.com)**

