

## DANCE BY DESIGN

## **CLASSES FOR BOYS GIRLS & GENDER NEUTRAL PAGE 1 OF 3**

~ Most Popular Classes I Red Highlights Are Recreational Just For Fun

* Marks Competition C	Classes I New Competitive	e Students Must Call Studio L	Age All Refers To Level Of Student

MONDAY STUDIO 1	AGE	CLASS CONTENT
5:00-5:45 CONDITIONING*	AGE 11 - TEEN	STRETCH & STRENGTH
5:45-6:30 TURNS & JUMPS*	AGE 11 - TEEN	JUMP TURN LIFT TRICKS
6:30-7:15 BALLET ADV 1*	AGE 11 - TEEN	BALLET BARRE
7:15-8:00 BALLET ADV 1*	AGE 11 - TEEN	BALLET CENTRE TECH
8:00-8:45 CONTEMPORARY* ~	AGE 11 - TEEN	CONTEMPORARY ADV.
8:45-9:15 PRIVATE	AGE OPEN	PRIVATE
MONDAY STUDIO 2	AGE	CLASS CONTENT
5:00-5:45 OPEN CLASS	AGE 11 - TEEN	OPEN CLASS
5:45-6:30 BALLET INTER*	AGE 11 - TEEN	BALLET TECH
6:30-7:15 JAZZ INTER*	AGE 11 - TEEN	JAZZ TECH
7:15-8:00 LYRICAL INTER*	AGE 11 - TEEN	LYRICAL TECH
8:00-8:45 BEGINNER BALLET ~	AGE TWEEN - TEEN	FOUNDATIONS
8:45-9:15 WEDDING CHOREO	AGE OPEN	PRIVATE
TUESDAY STUDIO 1	AGE	CLASS CONTENT
4:00-4:30 KINDER BALLET ~	AGE 2-3.5	BALLET 1ST STEPS
4:30-5:00 KINDER HIP HOP ~	AGE 2-3.5	BABY BEATS
5:00-5:30 KINDER ACRO ~	AGE 2.5-3.5	TOT TRICKS
PRIVATE	AGE 7-TEEN	PRIVATE
9:00-9:30 WEDDING CHOREO	AGE OPEN	PRIVATE
TUESDAY STUDIO 2	AGE	CLASS CONTENT
4:30-5:15 JR BALLET ~	AGE 7-11	RECREATIONAL
5:15-6:00 JR JAZZ ~	AGE 7-11	RECREATIONAL
6:00-6:45 JR ACRO ~	AGE 7-11	RECREATIONAL
0.00 0.10 011/10110		
6:45-7:00 INTR-SR POINTE *	AGE 11 - TEEN	POINTE TECH
	AGE 11 - TEEN AGE 11 - TEEN	ADVANCED
6:45-7:00 INTR-SR POINTE *		