



Wasaga Beach, Collingwood, Stayner, Barrie, Elmvale, Stayner, Phelpston, Angus

*Symbol - Competitive | **REC** - Recreational | **ADV** - Advanced | **TECH** - Technique
CONT - Contemporary **BRDWY** - Broadway | **JR** - Junior | **INT** - Intermediate | **SR** - Senior

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MONDAY STUDIO 1	CLASS AGE EST.	CLASS CONTENT
*5:00-5:45 - Stretch II Adv	Ages 11-Teen	Strength Stretch
*5:45-6:30 - Turns/Jumps	Ages 11-Teen	Jumps Turns Lifts
*6:30-7:15 - Ballet Adv II	Ages 8-12	Ballet Advanced
*7:15-8:00 - Ballet Adv I	Ages 11-Teen	Ballet Advanced
*8:00-8:45 - Contemporary	Ages 11-Teen	Contemporary Adv.

MONDAY STUDIO 2 & 3	CLASS AGE EST.	CLASS CONTENT
*5:00-5:45 - Private Tech	Ages 7-18	Semi Private
*5:45-6:30 - Ballet Inter	Ages 8-Teen	Ballet Foundations
*6:30-7:15 - Jazz Inter	Ages 8-Teen	Jazz Foundations
*7:15-8:00 - Lyrical Inter	Ages 8-Teen	Lyrical Foundations
8:00-8:45 - Acro Jr/Inter Rec	Ages 7-13	Tricks Tumbling Rec

TUESDAY STUDIO 1	CLASS AGE EST.	CLASS CONTENT
*4:30-5:15 - Ballet Jr/Inter	Ages 9-12	Ballet Foundations
*5:15-6:00 - Jazz Jr/Inter	Ages 9-12	Jazz Foundations
*6:00-6:45 - Lyrical Jr/Inter	Ages 9-12	Lyrical Foundations
*6:45-7:30 - Pointe	Ages 9-Teen	Pointe Foundations
*7:30-8:15 - Lyrical Sr	Ages 11-Teen	Lyrical Adv
*8:15-9:00 - Jazz Sr	Ages 11-Teen	Jazz Adv

TUESDAY STUDIO 2 & 3	CLASS AGE EST.	CLASS CONTENT
3:30-4:00 - Parent Tot	Ages 18 months +	Adult Participation Rec
4:00-4:30 - Kinder Ballet	Ages 2.5-5	Rhythm & Move Rec
4:30-5:00 - Kinder HipHop	Ages 2.5-5	Rhythm & Move Rec
5:00-5:30 - Kinder Acre	Ages 2.5-5	Tricks & Tumbling Rec
5:30-6:15 - Jr/Inter Jazz	Ages 9-Teen	Jazz Foundations Rec
6:15-7:00 - Jr/Inter Ballet	Ages 9-Teen	Ballet Foundations Rec
7:00-7:45 - Musical Theatre	Ages 9-Teen	Triple Threat Class Rec
7:45-8:30 - Adult Ballet	Ages - Adult	Ballet Barre & Centre

WEDNESDAY STUDIO 1	CLASS AGE EST.	CLASS CONTENT
*4:00-4:30 - Acro Mini	Ages 5-7	Tricks & Tumbling
*4:30-5:00 - Ballet Mini	Ages 5-7	Ballet Foundations
*5:00-5:#0 - Jazz Mini	Ages 5-7	Jazz Foundations
*5:30-6:15 - Conditioning	Ages 6-11	Strength & Stretch
*6:15-7:00 - Acro Jr	Ages 6-11	Tricks & Tumbling
*7:00-7:45 - Lyrical Jr	Ages 6-11	Lyrical Foundations
*7:45-8:30 - Acro Sr	Ages 9-Teen	Tricks & Tumbling
8:30-9:15 - Teen Ball/Jazz	Ages 9-Teen	Recreational

WEDNESDAY STUDIO 2 & 3	CLASS AGE EST.	CLASS CONTENT
3:30-4:00 - Parent Tot	Ages 18 months +	Adult Participation
4:00-4:30 - Acro MicroMini	Ages 4-6	Tricks & Tumbling Rec
4:30-5:00 - Ballet MicroMini	Ages 4-6	Ballet Foundations Rec
5:00-5:30 - Jazz MicroMini	Ages 4-6	Jazz Foundations Rec
5:30-6:15 - Ballet Jr/Inter	Ages 6-8	Ballet Foundations Rec
6:15-7:00 - Jazz Jr/Inter	Ages 6-8	Jazz Foundations Rec
7:00-7:45 - Theatre Brdwy	Ages All - Production	Triple Threat Class
7:45-8:30 - Adult Kick Boxing	Ages Adult	Kick Boxing Skills Rec

THURSDAY STUDIO 1	CLASS AGE EST.	CLASS CONTENT
5:00-5:30 BOYS ONLY	Ages 6+	Hip Hop Foundations Rec
5:30-6:15 Hip Hop Jr	Ages 6-9	Hip Hop Foundations Rec
6:15-7:00 Hip Hop Inter	Ages 9-Teen	Hip Hop Foundations Rec
*7:00-7:45 Hip Hop Inter	Ages 7-Teen	Hip Hop Foundations
*7:45-8:30 Hip Hop Sr	Ages 11-Teen	Hip Hop Foundations
8:30-9:15 Hip Hop Adult	Ages Adult	Recreational

THURSDAY STUDIO 2 & 3	CLASS AGE EST.	CLASS CONTENT
4:15-4:45 Private Training	All Ages	Semi Private
4:45-5:15 Private Training	All Ages	Semi Private
5:15-5:45 Kinder Tap	Ages 3-5	Tap Foundations Rec
5:45-6:15 Jr Tap Beg.	Ages 5 & Up	Tap Foundations Rec.
*6:15-7:00 Jr Tap Adv.	Ages 7-Teen	Tap Foundations
*7:00-7:45 Tap Sr Adv	Ages 11-Teen	Tap Foundations
7:45-8:30 Tap Adult	Ages Adult	Recreational

FRIDAY STUDIO 1	CLASS AGE EST.	CLASS CONTENT
4:30-5:15 Dry Land Skating	Ages 7 & Up	Power Conditioning
5:30-6:15 Jr Company Jazz	Ages 7 & Up	Jazz Foundations
6:15-7:00 Jr Company Ballet	Ages 7 & Up	Ballet Foundations
7:15-7:45 Private Training	Ages All	Semi Private
7:45-8:15 Private Training	Ages All	Semi Private
8:15-8:45 Private Training	Ages All	Semi Private
8:45-9:15 Private Training	Ages All	Semi Private

FRIDAY STUDIO 2 & 3	CLASS AGE EST.	CLASS CONTENT
*4:00 Private	Ages All	Semi Private
*4:30 Private	Ages All	Semi Private
*5:00 Private	Ages All	Semi Private
7:00 Tween Teen Mixed	Ages All	Fun Foundations
7:45 Tween Teen Mixed	Ages All	Fun Foundations

SATURDAY STUDIO 1 & 2 & 3	CLASS AGE EST.	CLASS CONTENT
10:30 - Kinder Ballet	Ages 3-5 & 6-9	Recreational
11:00 - Kinder Jazz	Ages 3-5 & 6-9	Recreational
11:30 - Kinder Acre	Ages 3-5 & 6-9	Recreational