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## CHANGE HUMIDITY LEVELS ON THE AS11

*\*Make sure the tubing is connected to your machine in order to make below changes\**

### Changing from AUTO mode to MANUAL mode

- Home screen is a touch screen
- Tap **MY OPTIONS**
- Tap on **CLIMATE CONTROL**
- Tap on **MANUAL** and then tap **OK**
- You will now have access to change your humidity level and tube temperature separately

### ADJUSTING HUMIDITY LEVELS

- Tap on **HUMIDITY LEVEL** and select the level you prefer
- A good starting humidity level is 5 or discuss with your clinician on a level that is best for you
- Tap **OK** to save the desired humidity level

### ADJUSTING TUBE TEMPERATURE LEVELS

- Tap on **TUBE TEMPERATURE** and select the level you prefer
- A good starting point for your tube temperature level is 81 degrees (27 degrees celsius) or discuss with your clinician on a level that is best for you
- Tap **OK** to save the desired tube temperature

**\*\*HUMIDITY LEVELS** range from 0-8. A good starting point is 5 (or discuss with your clinician on a level that is best for you) and increase **one increment at a time each night** you have symptoms of dryness (ex; headaches, nasal congestion, dry mouth, feeling tired in the day or taking your mask off in your sleep). Humidity level controls the moisture. The higher the level the more moisture it will provide. If you have water in your hose you may need to turn the humidity level down. If you have water in your hose you may need to turn the humidity level down.

**\*\*TUBE TEMPERATURE** range from 0-86 degrees fahrenheit (0-30 degrees celsius) and a good starting point is 81 degrees (27 degrees celsius) and increase one increment at a time each night if needed for comfort and to prevent condensation in the tubing. The higher the temperature the more heated the air will feel. If you are finding the air to warm you can turn the tube temperature down until desired temperature is reached.

**\*HOSE MUST BE LEVEL IN ORDER FOR YOUR MACHINE HUMIDITY LEVELS TO FUNCTION PROPERLY\***