

Purpose

“To sit in silence and meditate is a gift from God, and carry that peace into activity is to share that gift with all the world. Each day, go within to make contact with your God. Ask Him what He wants of you this day, and then go forth and glorify Love in all you do. You are not asked to conquer nations or persons; you are asked to dispel illusions by acting on truth. There is no difference between what serves you and what will heal the world. You are never asked or expected to heal yourself or the world at the expense of the other. You are the world.”

– Alan Cohen

The Healing of The Planet Earth