

January & February 2026

LIFELINES

The monthly newsletter of Lord of Life Lutheran Church

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On Sunday, January 25, 2026, immediately after worship, we will gather for our annual congregational meeting. The agenda of this meeting includes:

1. Approval of the 2026 operating budget (The proposed budget will be shared prior to the meeting.)
2. Nominate and approve members for two opportunities to serve Lord of Life:
 - a. Nominating Team, whose job is to seek out leaders to serve on our Congregational Council, to be elected at the June congregational meeting. This team typically consists of three people, one of whom is an outgoing Council member if possible. *There are two Council positions whose terms are ending, but they are both eligible for a second term.*
 - b. Delegates to represent Lord of Life at the 2025 Greater Milwaukee Synod Assembly, to be held Friday, May 29th and Saturday, May 30th at Brookfield Conference Center.
 - ◊ The Synod Assembly is the annual synod gathering in which nominated representatives of congregations meet to vote on Synod business issues, and gather to worship and pray and celebrate our ministry together.
 - ◊ Registration fees, which include meals, are covered by Lord of Life.
 - ◊ We are allowed to send two lay (non-clergy) voting members of any age, and may send a third member if that person is 30 years old or younger on the day they are elected.

The attendance and input of all voting members at congregational meetings are very important, so we encourage you to attend.

**SATURDAYS
5:00 P.M.**
Contemporary Worship

**Worship
WITH US**

**SUNDAYS
9:00 A.M.**
Traditional Worship



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[www.facebook.com/
LordofLifeKenosha](https://www.facebook.com/LordofLifeKenosha)

We are led by love and inspired by grace to serve.

SERVING YOU AT LORD OF LIFE

Rev. Chip Lutz

- Pastor

Angie Wollschlager

- Church Administrator

Connie Wittmus

- Admin. Assistant

Sue Quever

- Parish Nurse

Claudia Murillo

- Bookkeeper

Gary Dennison

- Contemp. Music Lead

Karel Suchy

- Music Director

Nancy Cerminara

- Custodian

Church Council

Matt Ley

- President

Ralph McCarthy

- Vice President & Treasurer

Tanya Brady

- Secretary

Russ Brewer

Kathy Cooper

Lynn Kancian

Gary Kovacs

- Members-at-large

Office Hours

Monday - Wednesday
10:00 a.m.—12:00 p.m.

Dear Siblings in Christ,

Grace and peace to you as we step into a brand-new year together. There is something holy about the turning of the calendar—not because January 1 magically fixes what was broken, but because God delights in doing new things in ordinary time. As we begin 2026, I want to invite you into a simple, faithful posture for the year ahead: **look for where God is already at work—and join in.**

We often talk about *what* we will do in a new year: goals to set, habits to change, plans to make. But Scripture reminds us that before we act, God is already moving. Jesus says, “My Father is still working, and I also am working” (John 5:17). God does not take the winter off. God is active in our homes and neighborhoods, in our joys and our worries, in our church and in our community.

So this year, instead of asking first, “*What should we do?*” I encourage us to ask, “*Where do we see God at work?*” Where do we see compassion breaking through? Where is healing beginning? Where are people showing up for one another? Where is hope quietly taking root? Those are holy clues.

At Lord of Life, we will continue to listen carefully—for God’s movement among us and around us. We will listen in worship, in Scripture, in prayer, and in conversation with one another. We will listen to our neighbors and our partners in the community. And when we see God at work, we won’t just admire it—we will step in, lend a hand, and join what God is already doing.

That might look like serving where there is need (like at the Outreach Center or the Community Meal), speaking words of grace where there is division, offering presence where there is loneliness, or simply trusting God in places where the path forward is not yet clear. None of us are called to do everything—but all of us are called to do something, guided by the Spirit.

As we begin 2026, know this: you do not walk into this year alone! **Christ goes before us, walks beside us, and works through us.** May this be a year where our eyes are open, our hearts are willing, and our lives are shaped by God’s ongoing work in the world.

I am grateful to be on this journey with you and feel so blessed to be your Pastor! Happy New Year, and may God surprise us with grace in the days ahead.

In Christ,

Pastor Chip



WHAT'S HAPPENING

January-February 2026 Sermon Series
at Lord of Life



UNSHAKABLE

— Standing Firm in a Shifting World —
Lessons from Daniel

In a world that feels uncertain and unsettled, the Book of Daniel reminds us that God is still in control. From the lions' den to the fiery furnace, this six-week series invites us to discover courage, faith, and hope rooted in God's unshakable kingdom—revealed fully in Jesus Christ.

come **Serve** with us

PB&J at the
ELCA Outreach Center
Fridays at 11:15 a.m.
6218 26th Avenue
Join us to serve pizza before
a short Bible study.

Community Meal
Sundays, January 11 &
February 8 at 3:45 p.m.
Living Faith Lutheran Church
2915 Wright Ave, Racine



Thursdays, January 22nd and
February 20th at 6:00 p.m.

Bring a snack or dessert and your
competitive spirit!

February 18, 2026

ASH WEDNESDAY

7:00 a.m. to 9:00 a.m.

Drive through distribution of ashes.
Pull up to the doors closest to the
sanctuary on your way to work.

5:30 p.m.

Soup Supper in Fellowship Hall

6:30 p.m.

Worship in the Sanctuary

Wednesday Evenings, February 25 through March 25

Lenten Soup Supper & Service

5:30 p.m. Soup Supper

6:15 p.m. Worship

Both in Fellowship Hall

Starting in February
we'll share a link in
the Wednesday email
to sign up to bring
items for supper.



Mortgage Debt Reduction

By the grace of God and YOUR generosity,
in 2025 we paid an additional

\$127,893.36

towards our mortgage principal!!!

We have many families who have continued their monthly extra gift towards this effort for 2026 in their electronic giving, and it's not too late to join them.

If you are able to contribute, there are several options to donate:

- ◊ In the offering basket, clearly marked “Mortgage Reduction”
- ◊ Mail to the church office
- ◊ Use the camera on your phone to scan QR code above
- ◊ Visit www.lordoflifekenosha.org and click the DONATE button.

THANK YOU FOR YOUR OVERWHELMING GENEROSITY!



Dear Friends,

In February we will celebrate Valentine's Day as well as recognize **American Heart Month**. Let's focus on **Hypertension** and its impact on the heart. Hypertension usually has no symptoms, and many people don't know if they have it.



Hypertension or high blood pressure is abnormally high blood pressure inside your arteries as your heart pumps blood through them. Measurement of blood pressure is read using two numbers. The higher number is called systolic pressure. This is the highest pressure in the arteries when the heart pumps blood into them. The lower number, the diastolic pressure, is the minimal pressure in the arteries when the heart rests to refill between beats (and is not pumping). Your blood pressure varies from day to day, even moment to moment, meeting your body's needs.

Normal range blood pressure is less than 120/80. People with systolic blood pressures between 120 and 129 and have a diastolic pressure less 80 are considered elevated blood pressures and need medical monitoring and lifestyle changes. Stage one hypertension (high blood pressure) is defined as systolic pressure greater than 130 and/or diastolic pressure greater than 80. Stage two hypertension is 140/90 or higher. Anything higher than 180/120 is a hypertensive crisis resulting in a medical 911 emergency.

What can cause high blood pressure?

- Heredity
- Increasing Age: Men between 35 and 55 and women most often after menopause
- Race: African Americans, for example, are more likely to have hypertension
- Obesity: especially in people 30% or more above ideal body weight
- Heavy sodium (salt) intake: keep salt intake under 2400mg/day (ideally 1500 mg for high-risk individuals)
- Moderate to heavy alcohol intake
- Sedentary lifestyle
- Smoking

What can I do to control my blood pressure?

- Stop smoking
- Control your weight
- Exercise for at least 30 minutes, five days a week
- Eat healthy...less fat, sugar and salt
- Limit alcohol
- Limit caffeine (coffee, tea, and colas)
- Manage stress level
- Have regular check-ups (blood pressure should be checked at least every year starting at age 18)

Blood Pressure Categories



BLOOD PRESSURE CATEGORY	SYSTOLIC mm Hg (top/upper number)	and	DIASTOLIC mm Hg (bottom/lower number)
NORMAL	LESS THAN 120	and	LESS THAN 80
ELEVATED	120-129	and	LESS THAN 80
STAGE 1 HYPERTENSION (High Blood Pressure)	130-139	or	80-89
STAGE 2 HYPERTENSION (High Blood Pressure)	140 OR HIGHER	or	90 OR HIGHER
SEVERE HYPERTENSION (If you don't have symptoms*, call your health care professional.)	HIGHER THAN 180	and/or	HIGHER THAN 120
HYPERTENSIVE EMERGENCY (If you have any of these symptoms*, call 911.)	HIGHER THAN 180	and/or	HIGHER THAN 120

*symptoms: chest pain, shortness of breath, back pain, numbness, weakness, change in vision or difficulty speaking

If I can be of any help in monitoring your blood pressure, please contact me.



May all your lifestyle choices be guided by these words, "...You are not your own; you were bought at a price. Therefore, honor God with your body" (1 Cor. 6: 19-20)

Shalom,

Nurse Sue R.N., F.C.N
Aurora Mission and Faith Team

January 15

Paul & Denise Gifford

January 16

Aaron & Karen Sens

January 20

Tom & Leslie Sepanski

**February 4**

Dan & Cindy Lein

February 12

Rob & Amy Wikstrom

**JANUARY**

- 2** JoAnne Daniels
- 3** Brian Lynch, Jessica Sexton
- 4** Amanda Maedke, Carter Deinhammer, Piper Harmsen
- 5** Tyler Andrews, Olivia Isetts-Williams, Owen Williams
- 6** Tom Pomatto, Ashley Follak
- 8** Kian Arnold
- 9** Pat Skinner
- 10** Maggie Harmsen
- 11** Meghan Bilotta
- 14** Lynn Kancian, Chris Bahr
- 16** Katie Lynch, Joyce Behlke,
- 18** Michelle Eisenhauer, Jim Shaffer, Lauren Urso, Madison Urso
- 19** Mac McCoy
- 20** Colin Hawlish
- 22** Brian Reining
- 25** Don Hall, Kathi Strott
- 26** Erlyn Schultz, Abigail Stanislawska
- 27** Vinnie Capelli
- 29** Joe Nosalik, Romey Walden
- 30** Bill Hileman
- 31** Kathy Sadowski

FEBRUARY

- 6** Bill Brust, Sofia Rademacher
- 7** Maddie Cooper, Liz Young
- 10** Jovie Barnhart
- 11** Jennifer Romano
- 12** Sarah Kersten
- 13** Jordan Gardina
- 16** Don Hurlbut, Kathy Cooper
- 18** Blake Berry
- 19** Frank McDonald, Doug Kancian,
- 20** Diane Pomerening
- 21** Wilma Jenewein, Cody Iorio
- 22** Josie Mayerak
- 23** Norma Lundstrom
- 24** Patti Molitor
- 26** Briar Thoe
- 27** Lindsay Deinhammer, Gary Kovacs, Logan Fowler, Ryan Johnson
- 28** Benjamin Stanislawska

SATURDAY WORSHIP VOLUNTEERS

JANUARY SATURDAY VOLUNTEERS		
January 17	January 24	January 31
Usher/Greeter		
OPEN	OPEN	Pat Demos
Lesson Reader		
OPEN	Chris Daugherty	OPEN
Communion Wine (2)		
OPEN	OPEN	OPEN
Altar Care		
Sonja Wolfe	OPEN	OPEN
Scrip Sales		
OPEN	OPEN	OPEN
A/V		
Jonah Sens	Connie Wittmus	

FEBRUARY SATURDAY VOLUNTEERS			
February 7	February 14	February 21	February 28
Usher/Greeter			
OPEN	OPEN	OPEN	OPEN
Lesson Reader			
Amanda Maedke	OPEN	OPEN	Chris Daugherty
Communion Wine (2)			
OPEN	OPEN	OPEN	OPEN
Altar Care			
OPEN	OPEN	OPEN	OPEN
SCRIP Sales			
OPEN	OPEN	OPEN	OPEN
A/V			
Maedke Family	OPEN	OPEN	Jonah Sens

SUNDAY WORSHIP VOLUNTEERS

JANUARY SUNDAY VOLUNTEERS	
January 18	January 25
Usher/Greeter	
Russ & Becky Brewer	OPEN
Lesson Reader	
Becky Brewer	Beth Files
Communion Wine (2)/Bread Servers	
Robin Berry, Pam Leonard (wine) 1 Needed (bread)	Kathy Miller, Pam Leonard (wine) Beth Files (bread)
Altar Care	
Robin Berry	Kathy Miller
Coffee Hour Host	
Joy Buttke & Kat Seremjian	Beth Files
Scrip Sales	
Becky Brewer	Lori Vogel
Communion Bread	
Not Needed	Kathy Miller
A/V	
Chris Daugherty	Chris Daugherty

FEBRUARY SUNDAY VOLUNTEERS

February 1	February 8	February 15	February 22
Usher/Greeter			
Cliff & Norma Lundstrom	Kim Sly & Gary Kovacs	Dan Lein	Kim Sly & Gary Kovacs
Lesson Reader			
Maddie Cooper	John Meyer	Beth Files	John Meyer
Communion Wine (2)/Bread Servers			
Pam Leonard (wine) 1 Needed (wine) 1 Needed (bread)	Norma & Cliff Lundstrom (wine) John Meyer (bread)	Kim Sly, Gary Kovacs (wine) Chris Daugherty (bread)	Kathy Miller, Pam Leonard (wine) Lynn Kancian (bread)
Altar Care			
OPEN	Kathy Miller	Lynn Kancian	Kathy Miller
Coffee Hour Host			
OPEN	OPEN	Beth Files	Pam Leonard
SCRIP Sales			
Pam Leonard	Kim Sly	OPEN	Kim Sly
Communion Bread			
Not Needed	Kathy Miller	Beth Files	Kathy Miller
A/V			
Angie Wollschlager	Chris Daugherty	Angie Wollschlager	Chris Daugherty

LoL CALENDAR OF EVENTS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 a.m. Worship 10:00 a.m. Coffee Fellowship	2 6:00 p.m. Confirmation	3 9:30 a.m.—3:30 p.m. Our Harmony Club	4 12:00 p.m. Ladies of Lydia	7:00 p.m. AA	11:15 a.m. PB&J @ Outreach Center	5:00 p.m. Contemporary Worship Service
5 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship 10:15 a.m. Adult Education 3:45 p.m. Community Meal @ Living Faith	6 6:00 p.m. Confirmation	7 7:15 p.m. Council meeting	8 12:00 p.m. Ladies of Lydia	7:00 p.m. AA	11:15 a.m. PB&J @ Outreach Center	5:00 p.m. Contemporary Worship
9 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship 10:15 a.m. Adult Education 3:45 p.m. Community Meal @ Living Faith	10 6:00 p.m. Confirmation	11 7:15 p.m. Council meeting	12 12:00 p.m. Ladies of Lydia	7:00 p.m. AA	11:15 a.m. PB&J @ Outreach Center	8:00 a.m. Men's Bagels & Bibles 5:00 p.m. Contemporary Worship
13 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship 10:15 a.m. Adult Education 3:45 p.m. Community Meal @ Living Faith	14 6:00 p.m. Confirmation	15 7:15 p.m. Council meeting	16 12:00 p.m. Ladies of Lydia	7:00 p.m. AA	11:15 a.m. PB&J @ Outreach Center	5:00 p.m. Contemporary Worship
17 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship 10:15 a.m. Adult Education 3:45 p.m. Community Meal @ Living Faith	18 6:00 p.m. Confirmation	19 7:00 p.m. Adult Confirmation	20 9:30 a.m.—3:30 p.m. Our Harmony Club	21 12:00 p.m. Ladies of Lydia	22 6:00 p.m. Trivia Night	11:15 a.m. PB&J @ Outreach Center
21 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship 10:15 a.m. Adult Education 3:45 p.m. Community Meal @ Living Faith	22 6:00 p.m. Confirmation	23 7:00 p.m. Adult Confirmation	24 12:00 p.m. Ladies of Lydia	7:00 p.m. AA	11:15 a.m. PB&J @ Outreach Center	5:00 p.m. Contemporary Worship
25 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship then Annual Congregational Meeting 10a-12p Our Harmony Club room organizing	26 6:00 p.m. Confirmation	27 7:00 p.m. Adult Confirmation	28 12:00 p.m. Ladies of Lydia	7:00 p.m. AA	11:15 a.m. PB&J @ Outreach Center	5:00 p.m. Contemporary Worship

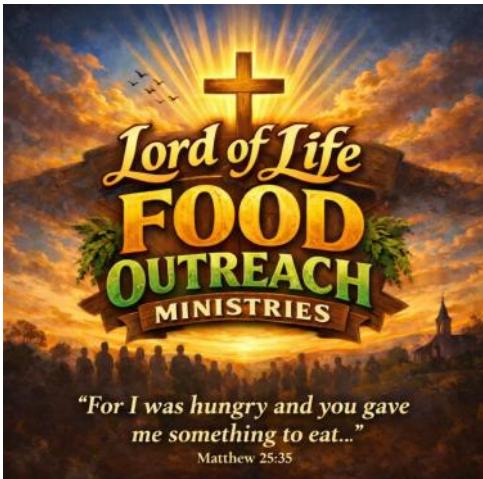
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1 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship 10:15 a.m. Adult Education	2 6:00 p.m. Confirmation	3 9:30 a.m.—3:30 p.m. Our Harmony Club	4 12:00 p.m. Ladies of Lydia	5 7:00 p.m. AA	6 11:15 a.m. PB&J @ Outreach Center	7 5:00 p.m. Contemporary Worship
8 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship 10:15 a.m. Adult Education 3:45 p.m. Community Meal @ Living Faith	9 6:00 p.m. Confirmation	10 7:00 p.m. Council meeting	11 12:00 p.m. Ladies of Lydia	12 7:00 p.m. AA	13 11:15 a.m. PB&J @ Outreach Center	14 <i>Happy Valentine's Day</i> 5:00 p.m. Contemporary Worship
15 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship 10:15 a.m. Adult Education	16 President's Day 6:00 p.m. Confirmation 7:00 p.m. Adult Confirmation	17 9:30 a.m.—3:30 p.m. Our Harmony Club	18 Ash Wednesday 12:00 p.m. Ladies of Lydia 5:30 p.m. Soup Supper 6:30 p.m. Worship	19 7:00 p.m. AA	20 11:15 a.m. PB&J @ Outreach Center	21 8:00 a.m. Men's Bagels & Bibles 5:00 p.m. Contemporary Worship
22 9:00 a.m. Worship & Sunday School 10:00 a.m. Coffee Fellowship 10:15 a.m. Adult Education	23 6:00 p.m. Confirmation	24	25 12:00 p.m. Ladies of Lydia 5:30 p.m. Soup Supper 6:30 p.m. Worship -Choir rehearsal after worship	26 7:00 p.m. AA	27 11:15 a.m. PB&J @ Outreach Center	28 5:00 p.m. Contemporary Worship



MINISTRY OF THE MONTH



In January and February we will be collecting monetary donations to support our food outreach ministries.

These donations are used for the pizza served along with a Bible study on Fridays at the Outreach Center (about \$88 per week) as well as to cover supplies and any food items not donated for the monthly Community Meal.

Please indicate "Food Ministries" on any donations made [online](#) or in the offering basket. Your continued support of these important ministries is greatly appreciated!



Led by love and inspired by grace to serve.



www.facebook.com/LordofLifeKenosha



Evangelical Lutheran
Church in America
God's work. Our hands.