

DAIRY-FREE CREAMER RECIPES

Peppermint Mocha

1 cup coconut milk
2 tablespoon maple syrup
2 tablespoons coca powder
1/4 teaspoon pep-
permint extract



Pumpkin Spice

1 cup almond milk
2 tblespoons pumpkin
purée
1 tablespoon maple syrup
1/2 teaspoon pumpkin
pie spice
1/2 teaspoon vanilla extract



breathe
& bloom

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