

The Daily Grind

Deli & Coffee Bar

Phone: 812-401-2040

thedailygrind.us

1 SE 9th St, Evansville IN

Low Carb Menu

Wraps

Be Sure to say **LOW CARB** since we offer regular sandwiches & wraps © Wraps: 5g

SIDES: baked potato salad, baby carrots, or cottage cheese

*Substitute a side of Soup, fresh fruit, steamed broccoli, veggies & hummus for 99¢/ Premium soup \$1.99
+ small House or Caesar salad for 2.99/ small Greek for 3.99

LOW CARB DG CLUB	8.99
Ham, turkey, applewood smoked bacon, Swiss, sharp cheddar, lettuce, tomato, honey mustard, & mayo	
LOW CARB GRILLED CHICKEN CLUB	10.99
Marinated chicken breast, applewood smoked bacon, Swiss, sharp cheddar, honey mustard, mayo, lettuce, & tomato	
LOW CARB GRILLED CHICKEN & AVOCADO	10.99
Marinated chicken breast, red onion, provolone, avocado, & balsamic reduction	
LOW CARB AL CAPONE	10.99
Premium Ham, Capicola, Salami, & Pepperoni with melted provolone cheese, red onion, black olives, green peppers, Italian dressing, lettuce, & tomato	
LOW CARB SCOTTY'S REUBEN	10.99
Corned beef brisket, sauerkraut, 1000 Island, & melted Swiss	
LOW CARB FRENCH DIP	10.99
Angus Roast beef, caramelized onions, & melted Swiss, served with a side of au jus	
LOW CARB DOUBLE DECKER BLT	9.99
Applewood smoked Bacon, lettuce, tomato, then more bacon, lettuce, tomato, & mayo	
LOW CARB GRILLED CHEESE PANINI	7.99
Monterey Jack, American, Swiss, basil pesto, & tomato, grilled in our low carb wrap <i>Add applewood smoked bacon for 99¢</i>	
LOW CARB DANNO'S TURKEY BLT	10.99
Savory turkey breast, applewood smoked bacon, Swiss, lettuce, tomato, & mayo	
LOW CARB CHICKEN SALAD CROISSANT	8.99
Delicious chicken salad with dried cranberries, celery, & pecans in a grilled low carb wrap	
LOW CARB BUFFALO CHICKEN	10.99
Marinated chicken breast with buffalo sauce, gorgonzola bleu cheese crumbles, melted Monterey Jack cheese, lettuce, tomato, & Ranch dressing	
LOW CARB CHICKEN, BACON, RANCH	10.99
Marinated chicken breast, applewood smoked bacon, sharp cheddar, lettuce, tomato, & Ranch dressing	
LOW CARB ROAST BEEF & CHEDDAR	10.99
Angus roast beef, caramelized onions, sharp cheddar, & horseradish sauce	
LOW CARB MATT'S FIREBIRD	10.99
Grilled Chicken, melted Pepperjack jalapeño cheese, drizzled with buffalo aioli sauce, & topped with jalapeños, lettuce, & tomato *Add applewood smoked bacon for 99¢	
LOW CARB VEGGIE ITALIANO	10.99
Roasted eggplant, portabello mushroom, zucchini, & bell peppers with caramelized onions, provolone, basil pesto, & a balsamic reduction	

LOW CARB PHILLY	10.99
Premium Angus Philly-style steak with onion, green pepper, special seasoning, & melted provolone	
CRYIN' HAWAIIAN	9.99
Marinated chicken, teriyaki sauce, jalapenos, pineapple, onion, green pepper, & melted Swiss in a grilled wrap	
LOW CARB CAPRESE SANDWICH	9.99
Fresh mozzarella sliced off the ball, tomato slices, basil pesto, & a balsamic reduction drizzle	
LOW CARB PIZZA SUB	10.99
Premium fresh sliced Pepperoni, pizza sauce, basil pesto, melted provolone & shaved parmesan cheese	
LOW CARB GRILLED CHICKEN PARMESAN	10.99
Marinated chicken, marinara, basil pesto, melted provolone & parmesan cheese	
LOW CARB PORTABELLO PESTO	10.99
¼ lb. of roasted Portabello mushrooms, fresh mozzarella melted, basil pesto, & a balsamic reduction drizzle	
LOW CARB CAESAR CHICKEN WRAP	10.99
Fresh chopped Romaine lettuce, shaved Parmesan, & marinated chicken tossed in Caesar dressing	

Half & Half Combos!

Choose 2: Cup of Soup, ½ Sandwich, ½ Salad (Sandwiches & Salads priced at ½)

Soups

Broccoli Cheddar: (Cup or Bowl)

3.49/ 4.99

Lobster Bisque:

4.49/ 6.99

Salads

Dressing carb counts are for regular sized salads. Small dressings would cut the carbs in half!

Dressings (w/ 3g carbs): Mama's House (V), Ranch, Caesar, Blue Cheese, & Greek

Other Dressings: Italian (6g), Honey Mustard (10g), Regular Balsamic (10g)

**Sub VEGAN!! Available for most salads*

HOUSE	6.99
Mixed greens with tomato, cucumber, carrots, sharp cheddar cheese, & leave off the croutons	
<i>Small House 3.99</i>	
CAESAR	6.99
Romaine lettuce, shaved Parmesan, & leave off the croutons, served with a side of Caesar dressing	
<i>Small Caesar 3.99</i>	
GREEK	7.99
Romaine, feta cheese, kalamata olives, tomato, cucumber, & red onion with Greek dressing	
<i>Small Greek 4.99</i>	
GRILLED CHICKEN CAESAR	9.99
Romaine, marinated grilled chicken, shaved Parmesan, & leave off the croutons with Caesar dressing	
SPINACH & GRILLED CHICKEN AVOCADO	10.99
Spinach, marinated grilled chicken, bacon, avocado, Gorgonzola bleu cheese crumbles, & red onions	
GRILLED CHICKEN WEDGE	9.99
A fresh wedge of lettuce with marinated grilled chicken, chopped applewood smoked bacon, tomato, onion, Gorgonzola bleu cheese crumbles, & Gorgonzola dressing	
<i>*Add avocado for 99¢</i>	
DG CLUB SALAD	9.99
Romaine lettuce with chopped ham, turkey, apple-wood smoked bacon, cheddar, Swiss, & tomato	
COLD CAPONE	10.99
Romaine lettuce with chopped ham, pepperoni, salami, capicola, & provolone cheese with black olive, green pepper, red onion, & diced tomato; served with a side of Italian dressing	