

Please report to the front desk registration at:

Elk Valley Hospital
1501 5th Ave, Fernie (250) 423-4453
Please bring picture I.D. with you.

Instructions for GASTROSCOPY

Date: _____

Arrival Time: _____

**** No SOLID foods after 6pm prior to the day of exam. ****

1. **HAVE NOTHING TO EAT OR DRINK FROM MIDNIGHT** prior to the exam before coming to the hospital.
2. A responsible adult must accompany you, as you will not be permitted to drive due to the sedative. You can expect to be at the hospital for 2 -4 hours.
3. A parent or legal guardian must accompany anyone under 19 years of age to sign his/her consent form.
4. Take regular medications (Aspirin, cardiac, blood pressure, Asthma medications) with a sip of water. If you are a diabetic, **HOLD** diabetic medications on the morning of the procedure and bring diabetic medications with you so we can administer them after your procedure.
5. **Patients on Plavix and Coumadin need to follow Dr. Chalmers-Nixon's advice on dose. Please ensure you know the plan two weeks before the procedure.**

Please call our office 250-423-8959

Two weeks prior to confirm appointment or email confirmation to: booking@ferniegastro.ca
Please remove all mouth, lip or tongue piercings and leave at home.

For an overview of your procedure, visit the website below:

http://www.cag-acg.org/news/guidelines/education_videos.aspx
