

# The Coco Plum News

GFWC Coco Plum Woman's Club

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APRIL 2018



## EXECUTIVE BOARD

### President

**Anita Jenkins**

### First Vice President

**Joyce Windhorst**

### Second Vice President

**Sue Nichols**

### Recording Secretary

**Sally Perlman**

### Corresponding Secretary

**Pat Rivas**

### Treasurer

**Heike Leibkuchler**

### Financial Secretary

**Donna Lewis**

### Directors

**Pat Chehab**

**Vera Cooper**

**Laura Proctor**

**Rosemary Welton**

**Rosann Whitten**

### Immediate Past

### President

**Caroline Jensen**

## PRESIDENT'S MESSAGE – APRIL

If you missed the Card Party, you missed good fun, good food and good drinks! Thank you, Sally Perlman and your support team to make this a successful event. A special "Thank You" to **Pam Ciravolo and Nadine LaGuette**, you make great Bartenders.

"**Active Shooter**" was very successful with over 40 people attending. Thank you to our members that attended and I was very happy to see many faces from the neighborhood attending. Hopefully we made an impression on our neighbors and they will come back again. If you attended I hope you came away with something to think about and remember – "**Run, Hide and Fight**". A special Thank you to **Officer Kelly Denham**, and her support group, **Officer Wanda Jenkins**, and **Officer Tom Salecedo**. A Special Thank You to the **Coral Gables Fire Department, Division Chief Jason Barger** for putting on the "**Stop Bleed**" program.

I must remind everyone of the unveiling of our **Historical Marker** and the work that **Mary Lou Winkler, Maxine Bizette** and their committee has done to make this happen. I hope that each of you will plan to attend the unveiling on **April 3<sup>rd</sup>, 4:00 pm** and support our club.

Don't forget our next business meeting as it will be a "**Picnic**", catered by **Shorty's**. We will be playing **BINGO** after, and will plant our pinwheel garden, so please plan to stay a little longer and enjoy some fun and fellowship.

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## Cont. President Message

Since this is the season to be grateful and thankful, I wish everyone a very Happy Spring, Easter, and Pass-over and thank you for being a member of our great club GFWC Coco Plum Woman's Club.

**INSPIRATIONAL MOMENT APRIL 2018**

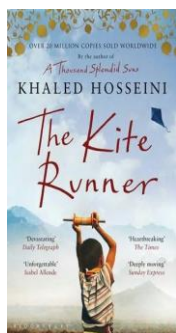
By Rosann Whitten

May you be blessed  
by the beauty of God's Love  
this Easter.

**BOOK CLUB**

The Book Club will meet Tuesday, April 17, 2018 at Bahama Breeze at 11:30 am.

We are reading **The Kite Runner** by Khaled Hosseini

**Dates to Remember**

**Wednesday, April 3, 2018**

Unveiling of Historical Marker

4:00 pm

**Friday, APRIL 7, 2018**

Board Meeting

10 am to 12 Noon in the Board Room

**Wednesday, APRIL 11, 2018**

Business Meeting

10:30 am – 2:00 pm.

Annual Picnic

Bingo

Planting of Pinwheel Garden

**Tuesday, APRIL 17, 2018**

Book Club at 11:30 am

Bahama Breeze

**Thursday, April 19, 2018**

**BINGO**

Game starts at 7:00 pm

See attached flyer

**APRIL BIRTHDAYS**

April 2	Marielle Monteil-Lopez
April 14	Sally Perlman
April 18	Cathy Cotton
April 30	Laura Proctor

**PUBLIC ISSUES**

By Caroline Jensen

I thought this article was important so I want to pass it on to you. The resource is a doctor, and the article was in the Miami Herald.

**Avoiding FLU and it's Complications**

1. Get a flu shot. The flu season is not over, and the shot can still protect you.
2. If you get the flu (cough, muscle pains and high fever), call your doctor within 24 hours to see about an antiviral drug. They will help but they require a prescription.
3. If, a week after getting the flu, you have persistent, constant chest pain that is not just sore muscles, see a doctor, particularly if you are at high risk for heart problems.
4. Know the difference between a cold and the flu. The flu usually has a fever, coupled with muscle pain and body aches. The cold normally does not have a fever and more sneezing and coughing.

**CARD PARTY**

By Sally Perlman

Our Card Party, held on March 21<sup>st</sup> was a great success with 40 attendees. Thanks to Bartenders, Nadine LaGuette and Pam Ciravolo; Heike Leibkuchler for printing tickets, flyers and taking tickets at the front door, Donna Lewis for selling Opportunity Prize tickets; Laura Proctor for helping with the drawings ; and everyone who brought all that delicious food to share. We had a wonderful time. Thank you to all for coming and participating in this great event. Our proceeds were \$ 1,080.00.

By special request here is the recipe for

**CREAMY GRAPE SALAD**

By Anita Jenkins

1 package (8 ounces) cream cheese softened  
 1 cup (8 ounces) sour cream  
 ½ cup sugar  
 2 teaspoons vanilla extract  
 2 pounds seedless red grapes  
 2 pounds seedless green grapes  
 4 tablespoons brown sugar  
 5 tablespoons chopped pecans, plus a handful for sprinkling on top.

In a large mixing bowl, beat cream cheese, sour cream, sugar and vanilla with a hand mixer until blended. Add grapes and stir to coat. Transfer to a serving bowl. Cover and refrigerate until serving. Just before serving, add brown sugar and pecans and mix in. Sprinkle with some extra pecans on top and serve. Enjoy

**REMINDERS**

We are not collecting caps any longer.

We are not collecting medicine bottles any longer

We are still collecting metal tabs for Ronald McDonald House.

**NEW MEMBER**

Maria Pereira  
9765 SW 143 Street  
Miami, Fl. 33176  
Tel.: 786.334.9088

[Mariaa.pereira@floridamoves.com](mailto:Marიაa.pereira@floridamoves.com)

Birthday June 3

**BINGO FLYER**

**Coco Plum Woman's Club**

April 19th // Game starts 7:00pm



1375 Sunset Drive

Admission \$5.00

\$1 per card

minimum of 5 games

Snacks & drinks available



All proceeds benefit the maintenance of our historical building. [www.gfwccocoplumwomensclub.org](http://www.gfwccocoplumwomensclub.org)

**PLANTING YOUR SPRING GARDEN**

By Heike Leibkuchler

Plant three rows of peas

1. Peace of Mind
2. Peace of Heart
3. Peace of Soul

Plant four rows of Squash

1. Squash Gossip
2. Squash Indifference
3. Squash Grumbling
4. Squash Selfishness

Plant four rows of Lettuce

1. Lettuce be Faithful
2. Lettuce be Kind
3. Lettuce be Patient
4. Lettuce really love one another

No Garden is complete without Turnips

1. Turnip for Meetings
2. Turnip for Service
3. Turnip to help one another

To conclude our Garden we must have Thyme

1. Time of each other
2. Time for Family
3. Time for Friends.

Water freely with patience and cultivate with Love.

There is much fruit in your garden, because you reap what you sow.