GFWC Coco Plum Woman's Club, Inc. May 2022 Newsletter





What's Happening in May!



President's Message

Dear Members,

The year is coming to an end and summer is soon to be arriving with upcoming vacations and the end of our regular monthly meetings. It has been an honor to serve as your President for the past two years, and I have many wonderful memories of all our activities. I want to thank all of you who worked so hard on our fundraisers, house management and served on various committees, especially during the Covid Pandemic. Without your support, the club would not have functioned in an excellent manner.

I want to congratulate the new incoming officers and wish you all success in your upcoming term.

For our last President's Project Event on Mother's Day, we will be delivering flowers and candy to the mothers at One More Child.

Lastly, our final fundraiser will be our Card & Game Party (along with lunch) on Wednesday, May 25th. I hope you will all invite your friends and join us.

So, in parting, I will say "out with the old and in with the new". Thank you so much for all your support over the past two years.

Sue



CONGRATULATIONS TO GFWC COCO PLUM WOMAN'S CLUB 2022-2024 EXECUTIVE COMMITTEE

President –	Carol Nobles
1 st Vice President –	Sally Perlman
2 nd Vice President –	Annie Goodrich
3 rd Vice President –	Jena Staly
Recording Secretary –	Donna Falana
Corresponding Secretary –	Julie Czaja
Treasurer –	Joyce Windhorst
Financial Secretary –	Sara Warren

DIRECTORS:

Charlene Feldner Barbara Wexler Margaret Sarafoglu Pam Ciravolo



Please join us for our Annual Card & Game Party

GFWC Coco Plum Woman's Club 1375 Sunset Drive Coral Gables, FL 33143

Wednesday, May 25, 2022 11AM – 3PM

Bring your friends, your cards, or board games, and get your table of 4 together and join us for a wonderful day.

Whether you play Bridge, Canasta, Dominoes, Mahjong, or board games, this is a wonderful time to get together to benefit PATCHES PPEC.

Lunch will be provided by the ladies of Coco Plum Woman's Club and is always delicious.



For reservations - Sally Perlman: 305-978-7231 (C) or 305-271-7009 (H) or email: <u>sallyperlman@icloud.com</u> Kindly make checks payable to: GFWC Coco Plum Woman's Club

Mail checks to: Kim Schain 16820 SW 137 Ave #1324 Miami, Fl. 33177

GFWC Coco Plum Woman's Club is a 501(c)3 not-for-profit organization. A portion of the proceeds will go to Patches PPEC.

Welcome our newest member to GFWC Coco Plum Woman's Club Yolanda Straile



EDUCATION and LIBRARIES COMMUNITY SERVICE PROGRAM

Overview of this CSP - GFWC members promote education in both children and adults. We aim to help others, while we also continue to learn. Projects in this CSP are designed to foster schools, as well as other educational institutions and opportunities, and to promote literacy, libraries and the love of a good book. Through these efforts, we encourage the growth of individuals and communities at home and around the world.

Chairmen, Charlene Feldner and Barbara Wexler

Brunch & Broadway

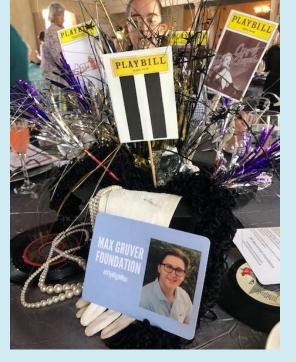
Everyone who attended Brunch & Broadway in April had a wonderful



time. There were many members who brought their daughters and granddaughters. Of those, a few won some wonderful gift baskets that were made by Norma Cooper. Thank you Norma! There was a wonderful performance from the FIU School of Music with 3 students performing individually and together. Proceeds from this event will benefit the Max Gruver Scholarship. Thank you all who attended and hope you enjoyed it just as much as the members of Coco Plum Woman's Club did. Thank you to the committee that put on this wonderful event!





























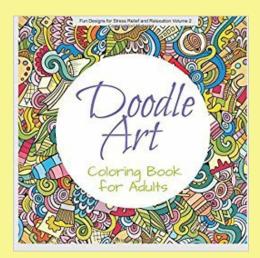




ARTS and CULTURE COMMUNITY SERVICE PROGRAM

Overview of this CSP - The study of art and culture enriches the human experience. Art education improves problem solving and critical thinking skills, builds focus and perseverance and nurtures creativity, confidence and collaboration. Cultural awareness promotes effective communication and profoundly increase the ability to appreciate and enjoy a variety of new people and experience. Chairman, Donna Falana





May meeting will be the last time the box will be at the front entrance to place your **Zen doodle books, puzzle books, colored pencils, and #2 pencils.** Donna will be delivering all that has been collected to Perdue Nursing Home.

Thanks to all who donated Zen books, puzzles books and pencils. The residences at Perdue appreciate them very much.

They love getting the books and look forward to our donations.

Thank you in advance!

ENVIRONMENT COMMUNITY SERVICE PROGRAM

Overview of this CSP - Encourages us to become stewards of the earth by working to preserve the world's resources, protect wildlife and domesticated animals, live sustainably, and beautify our communities and enjoy nature.



Chairman, Carol Nobles

A cool spring breeze flowed through the trees. A chorus of bird songs celebrating the beginning of Spring broke the quiet of the early morning. Sitting on my deck savoring a cup of coffee and enjoying the concert.

As I finished my first cup and went into the house for my second round, I

thought to myself, what happens with all these used K-cups? After a little research, there is estimated to be 10s of billions already sitting in our landfills. These pods are hard for some recycling facilities to process.

What can we do? Switch ASAP to a refillable pod. Mr. K-cup has a universal reusable coffee filter. It works great. I will admit however, it takes time to refill every time you want another cup of coffee. Convenience vs Conservation? Lets' choose conservation.

Back on my deck with my second cup of coffee. Thankful for the shade of the trees in my yard. And I got to thinking about the relationship between shade grown coffee and habitat conditions for our migratory songbirds. It's the best of both worlds. Coffee and songbirds. Bird friendly coffee farms are special places where the forest canopy brings coffee and birds together in a single habitat.

There is still a lot more to learn. Labels don't always tell the whole story. Look for labels such as "Bird Friendly" certified by the Smithsonian Migratory Bird Center.

This coffee meets strict requirements for both the amount of shade and the type of forest where the coffee is grown. By being good environmental stewards of coffee, we can have an impact on the biodiversity of our planet.

Save our trees, save our birds, and pour me another cup of coffee.

Carol Nobles Environment Community Service Chair

RECYCLE YOUR USED ELECTRONICS AT RIVIERA CHURCH.

Used electronic equipment like computers, cell phones, video games, printers and copiers contain hazardous materials including lead, mercury, and arsenic.

Putting these items in your regular trash means hazardous materials will leak into our soil, water, and air. The solution? Take them to Riviera Presbyterian Church 5275 Sunset Dr. for recycling!

Riviera Church provides this recycling opportunity as part of its work as an Earth Care Congregation and its commitment to caring for God's earth.

Deposit your used electronics in the recycling bin located outside the Fellowship Hall on the Sunset side of the building.



CIVIC ENGAGEMENT and OUTREACH COMMUNITY SERVICE PROGRAM

Overview of this CSP - This project reminds members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community - locally, regionally, nationally and globally. The 4 "broad strokes" of this effect include: Citizenship; Crime Prevention, Safety and Disaster Preparedness; the Needy, Hungry and Homeless; and our Military Personnel and Veterans.



Chairman, Pat Rivas

HEALTH and WELLNESS COMMUNITY SERVICE

PROGRAM

Overview of this CSP - The human body, mind and spirit comprise our health and wellness. To improve our well being, we must address three key components: nutrition, disease prevention and physical and emotional care. This CSP aims to explore the various opportunities for awareness and advancement of each of these vital areas.



Chairman, Sara Warren

APRIL LUNCHEON MEETING



For our April luncheon, table centerpieces were provided by the ladies at the tables they were sitting at. They were all very creative and adorable, some looked delicious.

Sara invited speakers from the Alzheimer's Association who gave a very informative presentation. We will have them back to finish this wonderful presentation.



















Get well soon Heike Leibkuchler

thinking of you!

May 25, 2022 - Annual Card & Game Party



Calendar Events

5/11: General Membership Meeting 5/25: Card & Game Party 5/20-23: GFWC Florida Annual Convention

Click on the Calendar link below which will direct you to our website Calendar page for detailed information and flyers

Click to CALENDAR

GFWC Coco Plum Woman's Club Executive Board and Board of Directors 2020-2022

President Sue Nichols

21

28

20

26 27

10

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29 30

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1st Vice President Carol Nobles

2nd Vice President Donna Falana

Recording Secretary Caroline Jensen Corresponding Secretary Sally Perlman

> **Treasurer** Joyce Windhorst

Financial Secretary Sara Warren

DIRECTORS 2020-2022

Barbara Wexler

Charlene Feldner

Diana Martin

Margaret Sarafoglu

Sally Perlman

PARTNERS & LINKS



GFWC Florida GENERAL FEDERATION of WOMEN'S CLUBS living the volunteer spirit









GFWC Coco Plum Woman's Club, Inc

1375 Sunset Drive, Coral Gables, FL 33143 GFWC Coco Plum Woman's Club a not-for-profit, section 501c3

> 305-665-5731 https://gfwccocoplumwomansclub.org

