

AN OUNCE OF PREVENTION

SEPTEMBER EDITION

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WWW.ACTIONCOALITION.ORG

PREVENTION

RECOVERY

September is National Recovery Month!

We celebrate those who have walked the path of recovery, as well as those who are just starting the journey. You deserve special recognition for your courage and dedication! We also remember those lost to overdose; they will forever be in our hearts.

If you or someone you know are interested in beginning the journey of recovery, call the ARRC at 423.220.9517 for more information!

UPCOMING EVENTS:

Listen for our special guests on the radio this month!

September 4 - Shannon Payne with Frontier Health

September 11 - Jeff Cope with ARRC Workforce
Development Program

September 18 - Jennifer Street with ARRC

September 25 - Heather Bryant with Ravida Recovery

Each guest will be on WMCT at 1:30!

**We will have RECOVERY MONTH tshirts available for purchase by Friday, Sept. 6th! They are \$10 each. Call 423.727.0780 for questions.

UPCOMING EVENTS:

-Ballad Health Mobile Clinic

Wednesday, Sept. 4th from 9 to 3

1017 W Main Street (Helping Others) – Mountain City We will have FREE Narcan kits, recovery information from the ARRC and a Marijuana Risks table will be set up! Stop by and see us!

-The ARRC and ARCH offices are moving!

Monday, September 9th

Both offices are moving to 112 Pioneer Village, Suite 12 next to the Community Church building (where Fred's used to be). The ACTION Prevention Team will remain on E. Main Street which is where Lock Boxes can be / picked up!

HIGHLIGHTS:

End of Summer Bash













Thank you to all of our vendors and participants for coming out to spend the evening with us at our End of Summer Bash!



ACTION Coalition is sponsoring a new group for the students ages 12-18 to participate in! It is 100% FREE to join and open to any student who is

interested in becoming part of a club to learn leadership skills and make

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Bi-Weekly, on Mondays (during school)



Mountain City Presbyterian Church (Right below the high school)



Starts right after school until 4:30

To register for free, scan the OR code now!



What we'll be doing:

- **Activites within** the community
- **Learning how to** govern a group
- **√** Coordinating **fundraisers**
- **Fun activities** & trips!

& so much more!

FOR ANY QUESTIONS, PLEASE REACH OUT!

423-727-0780

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UPCOMING MEETINGS:

SEPT. 9TH OCT, 7TH

SEPT. 23RD **OCT. 21ST**









1-800-QUIT-NOW 1-800-784-8669







988 SUICIDE & CRISIS

24/7 CALL, TEXT, CHAT