

DIGITAL – PHONE – ONLINE MEETINGS

Self-Managed Recovery - www.smartrecovery.org

Various types of recovery meetings - www.intherooms.com

Narcotics Anonymous - www.virtual-na.org

Narcotics Anonymous Telephone dial-in –
www.nabyphone.com

Alcoholics Anonymous -
[https://www.thetokenshop.com/Online AA Meetings](https://www.thetokenshop.com/Online_AA_Meetings)

Alcoholics Anonymous Telephone dial-in -
<http://aaphonemeetings.org/>

Various Recovery Speakers - www.recoveryspeakers.com

Depression and Bipolar Support Alliance -
<http://www.dbsalliance.org>

Overeaters Anonymous - <https://oa.org>

Recovery International (peer led mental health)-
<https://recoveryinternational.org/meetings/>

Codependents Anonymous - <https://coda.org/find-a-meeting/>

Online AA Meeting

"When Two Or Three Are Gathered"

EVERYDAY AT 6:30 PM CST

**OPEN MEETING:
ALL ARE WELCOME!**



ZOOM

[DOWNLOAD THE ZOOM APP]

ID 784-579-9473

**PLEASE DIAL IN 10 MINUTES EARLY IF YOU WOULD
LIKE TO DO A READING OR GIVE A LEAD.**

NA Phone Meeting Schedule – NAByPhone.com

Eastern	Central	Mountain	Pacific	Group & ICC# (If Applicable)	Length	Number	Access	Playback 24/7
Monday - Friday Mornings								
7:30a	6:30a	5:30a	4:30a	What A Way To Start A Day	1.0 Hr.	712.432.0075	299757#	712.432.1085
8:40a	7:40a	6:40	5:40a	Spirit Of Gratitude	1.0 Hr.	641.715.3655	848885#	641.715.3658
9:40a	7:40a	6:40	5:40a	Our Gratitude Speaks	1.0 Hr.	641.715.3610	890926#	641.715.3609
9:00a	8:00a	7:00a	6:00a	Freedom From Insanity	1.0 Hr.	712.770.4005	632506#	712.770.5009
10:30a	9:30a	8:30a	7:30a	One Primary Purpose	1.5 Hr.	712.432.0075	571968#	712.432.1085
Monday								
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
3:00p	2:00p	1:00p	12:00n	Miracles at 3 ICC-1	1.0 Hr.	605.472.5662	108470#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed ICC-5	1.0 Hr.	712.770.4160	942839#	
7:00p	6:00p	5:00p	4:00p	Recovery Continues ICC-4	1.5 Hr.	641.715.3605	343267#	
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	605.475.6720	387870#	
10:00p	9:00p	8:00p	7:00p	The Gift of Recovery	1.5 Hr.	641.715.0857	300253#	
Tuesday								
1:00p	12:00n	11:00a	10:00a	We Return Home	1.5 Hr.	415.464.6800	2221085#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed ICC-5	1.0 Hr.	712.770.4160	942839#	
6:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	605.475.6720	387870#	
9:00p	8:00p	7:00p	6:00p	Tues. Night Mtg. of NA ICC-3	1.0 Hr.	641.715.3580	126078#	
11:00p	10:00p	9:00p	8:00p	TLC-Tues. Living Clean ICC-6	1.5 Hr.	712.770.5000	809366#	
Wednesday								
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
3:00p	2:00p	1:00p	12:00n	Miracles at 3 ICC-1	1.0 Hr.	605.472.5662	108470#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed ICC-5	1.0 Hr.	712.770.4160	942839#	
8:00p	7:00p	6:00p	5:00p	Loving Our Long-Timers ICC-5	1.5 Hr.	712.770.4160	108786#	712.770.4169
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	605.475.6720	387870#	
10:30p	9:30p	8:30p	7:30p	Recovery Continues ICC-4	1.5 Hr.	641.715.3605	343267#	
Thursday								
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed ICC-5	1.0 Hr.	712.770.4160	942839#	712.770.4169
7:00p	6:00p	5:00p	4:00p	Serenity On Thursday	1.5 Hr.	774.220.4000	31831#	
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	605.475.6720	387870#	
12:00m	11:00p	10:00p	9:00p	Recovery 911 ICC-4	1.5 Hr.	641.715.3605	845687#	641.715.3598
Friday								
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
3:00p	2:00p	1:00p	12:00n	Miracles at 3 ICC-1	1.0 Hr.	605.472.5662	108470#	
5:30p	4:30p	3:30p	2:30p	Friday Night Special ICC-6	1.5 Hr.	712.775.7465	181551#	723.775.7474
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	605.475.6720	387870#	
10:00p	9:00p	8:00p	7:00p	JAM-Just A Meeting ICC-6	1.0 Hr.	712.775.7465	181551#	
Saturday								
8:40a	7:40a	6:40	5:40a	Spirit Of Gratitude	1.5 Hr.	641.715.3655	848885#	641.715.3658
8:40a	7:40a	6:40	5:40a	Our Gratitude Speaks	1.0 Hr.	641.715.3610	890926#	641.715.3609
10:30a	9:30a	8:30a	7:30a	One Primary Purpose	1.5 Hr.	712.432.0075	571968#	712.432.1085
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	267.507.0420	6213845#	
3:00p	2:00p	1:00p	12:00n	Miracles at 3 ICC-1	1.0 Hr.	605.472.5662	108470#	
5:00p	4:00p	3:00p	2:00p	Stepping Up in Recovery ICC-5	1.5 Hr.	712.770.4160	182862#	
8:00p	7:00p	6:00p	5:00p	Recovery Continues ICC-4	1.5 Hr.	641.715.3605	343267#	
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	605.475.6720	387870#	
10:00p	9:00p	8:00p	7:00p	JAM-Just A Meeting ICC-6	1.0 Hr.	712.775.7465	181551#	
12:00m	11:00p	10:00p	9:00p	Recovery 911 ICC-4	1.5 Hr.	641.715.3605	845687#	641.715.359

NA Telephone meetings