

# AN OUNCE OF PREVENTION

A monthly newsletter brought to you by A.C.T.I.O.N Coalition

**\*Working together to create a community free of substance misuse\***

## Resources available



Naloxone Kits



Medicine Lock Boxes



TIPS Training



Medicine Bottle Timer Caps

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**\*Stigma is defined as a set of negative beliefs that a group or society holds about a topic or group of people.\***

"Just because I am/was an addict, doesn't make me a bad person. Deep down inside we are wonderful, loving people."

"It's not a matter of willpower or a lack of a moral compass."

"Addiction is not the entirety of me. I am me; I am not just my addiction. There is a lot of other stuff to love."

"I wish people saw the time that addicts spent alone. Thinking about everything they've done every time they've lied and stole."



Jason Abernathy

Reducing the Stigma of Addiction

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\*On February 18, 2020 A.C.T.I.O.N. Coalition will hold our next evening meeting, to be held at 6:00 pm at First Christian Church's Life Center. We are very excited to announce that our guest speaker will be Jason Abernathy and he is going to be discussing stigma reduction. Please plan to join us for this very informational and educational meeting!!

\*On January 24, 2020 we had our first Sobriety Checkpoint of the new year. It was a great success! If you would like to help at one of these checkpoints, please let us know!

\*On February 1, 2020 we at A.C.T.I.O.N. Coalition partnered with First Christian Church to host 'A Night of Worship' with Stephen McWhirter. Stephen is a recovered drug addict who, after turning his life over to God, has become a very influential and talented musician and singer.

\*We want to make everyone aware that we have Naloxone kits available to the public here in our office. All that is required to get one is to take a short training with Kandas. She can do individual trainings as well as group trainings. Please contact us for more information.

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