JANUARY 2020

AN OUNCE OF PREVENTION

A monthly newsletter brought to you by A.C.T.I.O.N Coalition

Working together to create a community free of substance misuse

Resources available







Medicine Lock Boxes



TIPS Training



Medicine Bottle Timer Caps



This upcoming year at A.C.T.I.O.N. Coalition, we are going to be working on bringing awareness to the issue of stigma. What, you may ask, is stigma exactly? Webster's definition of the word is: a set of negative and often unfair beliefs that a society or group of people have about something. This is exactly the way that so many people view a person who has overcome or is overcoming an addiction of some sort. This is what we, as a society, must learn to avoid in order to help people who struggle with addiction become the person that they were created to be!

Throughout the year, we will be working on messaging, trainings & resources to help address the issue of stigma and how to end the stigma surrounding all forms of addiction.

We must do this for our brothers, sisters, parents, children, friends...those who are suffering and who are being hurt by the stigma of addiction. Please join hands with us during 2020 as we try to



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