

IN-HOME PARENTING SUPPORT



Babies don't come
with instructions.



We're here to help.



Parenting isn't easy, especially with a new baby, but you don't have to walk the journey alone.

Nurture the Next's home visitors are here to help. Together, we can nurture the development of your baby, so they can have a healthy, happy childhood, and eventually, grow into a resilient, capable adult.

The focus of our home visiting program is to help you develop a strong parent-child relationship so you understand your child's needs and feel confident in how to meet them. This hands-on approach is most impactful during a child's earliest years. Our services can begin prenatally or within three months of birth, and can extend until your baby turns five. The program is free and confidential.

Who will be visiting my home?

Our home visitors are trained professionals and passionate about the work they do. Their focus is to partner with you as you become the best possible parent for your child! Here is what you can expect from them:

- Rigorous training in infant health and development to prepare them for serving your family
- Consistency in keeping appointments
- Respect for you and your family, and an open mind and heart
- Flexibility to work around your schedule as much as possible

What can I expect?

For at least the first six months after your baby's birth, your home visitor will come to your home every week for about an hour. Once your family meets certain milestones and achieves goals, visits become less frequent.

Our trained home visitors use nationally-recognized curriculum and help families in the following areas:

- Monitoring child development
- Nutrition and breastfeeding support
- Working through parenting challenges
- Understanding and responding to children's needs
- Creating a safe home environment
- Demonstrating positive discipline
- Providing referrals for additional services

How do I prepare?

In order to ensure the program works best, we also need commitment on your part. We ask just three simple things from you:

1. Keep appointments and contact your home visitor if you need to reschedule.
2. Minimize distractions during visits so we can focus on you and your baby.
3. Be ready to participate in visits on the floor as we engage in activities and play on your baby's level.

Notes from your Home Visitor:



For more information about Nurture the Next visit:

NurtureTheNext.org

For parenting tips visit:

ParentingTN.org

Main Office: (888) 383-0994

Parent Helpline: 1-800-CHILDREN

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IN-HOME PARENT SUPPORT



We provide hands-on help for parents through home visiting.

Our home-visiting program helps families build healthy parent-child relationships. Home visitors meet with families weekly to show parents how to recognize and respond to the needs of their children, covering topics from breastfeeding to child behavior.

This hands-on approach is most impactful during the first five years of a child's life when their brain is developing the fastest. Our work with families can start as early as pregnancy.

Research demonstrates that our home visiting program:

- Improves maternal, newborn and child health
- Reduces child maltreatment
- Improves school readiness

Our home-visiting program has been nationally credentialed with Healthy Families America since 2008, demonstrating strict adherence to the evidence-based program model.

The program is free and confidential.
Contact us to learn how to enroll:

NurtureTheNext.org
(888) 383-0994

   
@NurtureTheNext



Healthy Families TN Referral
(Inquires or referrals may be made to Ph. 383-0994 or Fax 383-6089)

Date of Referral ___ / ___ / ___

Referral Source

Name: _____ Phone: _____
Agency: _____

Type of Referral (check one)

Prenatal Child < 3 months old

Information on Parents

MOB's Name _____ DOB ___ / ___ / ___ (Age: ___)
SS# _____ - _____ - _____ Race _____
Address _____ Apt. Complex Name and # _____
City: Nashville State: TN Zip: _____ Alt. Phone: _____
Home phone: _____

Information on child

Prenatal (Due Date: ___ / ___ / ___) To deliver where? _____ OBGYN _____
 Child < 3 months
Name: _____ DOB: ___ / ___ / ___ SS#: _____ - _____ - _____
Race: _____
Pediatrician: _____ Phone: _____
Health Insurance Company: _____

OTHER CHILDREN	DOB	SEX	LIVES W/CLIENT

Reason for Referral / Additional Concerns:

Teen Mom 1st Baby No/Little Prenatal Care Domestic Violence
Limited Support Requests Assistance High Stress
Single Parent Prior child abuse or neglect Low self-esteem
Alcohol/drug problems: How long use _____ How long clean _____
Currently in treatment _____ Type of substance used _____
Other/ Additional Information and Concerns:

I authorize the referring agency and the Healthy Families Tennessee program to release information and share information and grant permission for a home visit on my or my child's behalf.

Signature of Client/Parent/Guardian _____ ***Date*** _____