



A.C.T.I.O.N COALITION

ALLIANCE OF CITIZENS TOGETHER
IMPROVING OUR NEIGHBORHOODS

**Resource
Book
for
Johnson
County,
TN**

Mission Statement

*To help Johnson County become free of substance use disorders.

*To support the youth of our community as they strive to achieve a healthy, happy lifestyle.

*To strengthen the economy, families and community of Johnson County through the elimination of substance misuse.

*To bring together anti-drug stakeholders to support a healthy community by strengthening individual and community assets.

*To be a community leader and provide resources to our community partners and members.

Treatment Options for Johnson County Residents

FACILITY NAME	Kari's Home for Women	Hebron Colony	Freedom Farm	Stepping Stone
Abstinence Recovery or Medically Assisted Treatment (MAT)	Abstinence	Abstinence	Abstinence	MAT
Male, Female, Both	F 18+	M/F 18+	M 18+	M/F 18+
Inpatient or Outpatient	Inpatient	Inpatient	Inpatient	Outpatient
Society Re-entry Program (Half-way House)	Residential treatment Center	Residential	Residential for 1 year	No
Faith Based or Secular	Faith Based	Faith Based	Faith Based	Secular
Referred (Physician, Mental Health)	Personal request	Personal request	Personal Request	Physician, personal request
Insurance Accepted	Self pay or Sponsor	No cost	Insurance	Insurance, sliding fee
Location	Vilas, NC	Boone, NC	Boone, NC	Boone, NC
Phone Number	828-297-3030	828-963-4842	828-202-5907	828-265-7078

Treatment Options for Johnson County Residents

FACILITY NAME	Woodridge	Overmountain Recovery	Magnolia Ridge	Abundant Hope Ministries
Abstinence Recovery or Medically Assisted Treatment (MAT)	Both	MAT	Both	Abstinence
Male, Female, Both	M/F 6+	M/F 18+	M/F 18+	M/F 18+
Inpatient or Outpatient	Both	Outpatient	Both	Both
Society Re-entry Program (Half-way House)	No	No	No	Transitional Living
Faith Based or Secular	Secular	Secular	Secular	Faith Based
Referred (Physician, Mental Health)	Physician, Personal request	Physician, Personal request	Physician, personal request	Personal request
Insurance Accepted	Insurance, sliding fee	Insurance, sliding fee	Insurance, sliding fee	One time, out of pocket fee of \$215
Location	Johnson City, TN	Johnson City, TN	Johnson City, TN	Morristown, TN
Phone Number	423-431-7111	833-371-0509	423-232-4130	423-254-1700

Treatment Options for Johnson County Residents

FACILITY NAME	Legacy Freedom Treatment Center	Red Oak Recovery Program	SUWS of the Carolinas	Asheville Recovery Center
Abstinence Recovery or Medically Assisted Treatment (MAT)	Holistic	Both	Abstinence, Wilderness therapy	Holistic
Male, Female, Both	M/F 14+	M/F 18+	M/F 11-17	M/F 18+
Inpatient or Outpatient	Outpatient	Inpatient	Inpatient	Both
Society Re-entry Program (Half-way House)	No	Transitional Living	No	No
Faith Based or Secular	Secular	Secular	Secular	Secular
Referred (Physician, Mental Health)	Personal request	Physician	Physician	
Insurance Accepted		Insurance	Insurance	Insurance, Sliding fee
Location	Asheville, NC	Asheville, NC	Asheville, NC	Asheville, NC
Phone Number	828-581-4216	866-383-6572	855-806-3727	866-315-8998

Treatment Options for Johnson County Residents

FACILITY NAME	Pavillon Treatment Center	Trails Carolina	Midwood Addiction Treatment	Fellowship Hall
Abstinence Recovery or Medically Assisted Treatment (MAT)	Both	Abstinence, Wilderness Therapy	Holistic	Both
Male, Female, Both	M/F 18+	M/F 11-17	M/F 18+	M/F 18+
Inpatient or Outpatient	Both	Inpatient	Inpatient	Inpatient
Society Re-entry Program (Half-way House)	Long-Term Residential	Long-Term Residential	No	Long-Term Residential
Faith Based or Secular	Secular	Secular	Evidence Based	Evidence Based
Referred (Physician, Mental Health)	Physician	Physician, Personal request	Physician, Personal request	Physician
Insurance Accepted	Insurance	Cash only	Insurance	Insurance
Location	Asheville, NC	Asheville, NC	Charlotte, NC	Greensboro, NC
Phone Number	828-536-4229	800-975-7303	704-251-0706	336-814-9390

Treatment Options for Johnson County Residents

FACILITY NAME	Rising Hope Clinical Assistance	Full Life Counseling & Recovery	Old Vineyard Behavioral Health Services	Transnet Home Group- MLK Facility
Abstinence Recovery or Medically Assisted Treatment (MAT)	Both	Both	Both	Abstinence
Male, Female, Both	M/F	M/F 14+	M/F 12+	M/F 18+
Inpatient or Outpatient	Outpatient	Outpatient	Both	Inpatient
Society Re-entry Program (Half-way House)	No	No	No	Recovery Home
Faith Based or Secular	Secular	Secular	Secular	Secular
Referred (Physician, Mental Health)	Physician	Physician, Personal request	Physician	Physician
Insurance Accepted	Insurance, Sliding Fee	Insurance	Insurance	Insurance, Sliding fee
Location	Winston Salem, NC	Winston Salem, NC	Winston Salem, NC	Winston Salem, NC
Phone Number	336-600-1185	(336) 923-7426	336-203-6780	336-203-9854

Treatment Options for Johnson County Residents

FACILITY NAME	Charlotte Detox Center	Addiction Treatment/Life Center of Galax	Equuvation at Rocky Creek Ranch	Focus Treatment Centers
Abstinence Recovery or Medically Assisted Treatment (MAT)	Both	Both	Abstinence	Both
Male, Female, Both	M/F 18+	M/F 18+	M/F 6+	F 14+
Inpatient or Outpatient	Outpatient	Both	Outpatient	Outpatient
Society Re-entry Program (Half-way House)	Inpatient Residential	Inpatient Residential	No	Inpatient Residential
Faith Based or Secular	Secular	Faith Based	Secular	Secular
Referred (Physician, Mental Health)	Physician, Personal request	Physician, personal request	Physician	Physician, Personal request
Insurance Accepted	Insurance, sliding fee	Insurance	Insurance, Sliding fee	Insurance, Sliding fee
Location	Winston Salem, NC	Winston Salem, NC	Statesville, NC	Chattanooga, TN
Phone Number	704-326-7328	855-840-4234	980-434-0440	866-948-9013

Treatment Options for Johnson County Residents

FACILITY NAME	JourneyPure Serenity Network	Serenity Women's Center	Victory Treatment Program	Calm Solutions
Abstinence Recovery or Medically Assisted Treatment (MAT)	Both	Abstinence	MAT	MAT
Male, Female, Both	M 18+	F 18+	M/F 18+	M/F 18+
Inpatient or Outpatient	Both	Both	Outpatient	Outpatient
Society Re-entry Program (Half-way House)	Inpatient Residential	Inpatient Residential	No	No
Faith Based or Secular	Faith Based	Fath Based	Secular	Secular
Referred (Physician, Mental Health)	Physician	Physician	Physician	Physician, Personal request
Insurance Accepted	Insurance	Insurance	Insurance	Insurance, Sliding fee
Location	Knoxville, TN	Knoxville, TN	Knoxville, TN	Knoxville, TN
Phone Number	844-254-4209	844-254-4209	865-337-7812	865-205-8286

Treatment Options for Johnson County Residents

FACILITY NAME	Solutions Retreat, In-Patient Residential	Mirror Lake Recovery Center	Serenity Grove	Magnolia Ranch Recovery
Abstinence Recovery or Medically Assisted Treatment (MAT)	Both	Both	MAT	Abstinence
Male, Female, Both	M 18+	M/F 18+	M/F 14+	M/F 18+
Inpatient or Outpatient	Inpatient	Both	Both	Inpatient
Society Re-entry Program (Half-way House)	Long-term residential	Long-Term Residential	No	Long-Term Residential
Faith Based or Secular	Secular	Secular	Faith Based	Faith Based
Referred (Physician, Mental Health)	Physician	Physician, Personal request	Physician, Personal request	Physician, Personal request
Insurance Accepted	Insurance, Sliding scale	Insurance	Insurance, Sliding scale	Insurance
Location	Knoxville, TN	Knoxville, TN	Athens, GA	Knoxville, TN
Phone Number	615-735-4084	844-204-1058	706-717-6577	256-578-3751

Treatment Options for Johnson County Residents

FACILITY NAME	Pax Memphis Recovery LLC	Freeman Recovery Center	Delta Med Center	Addiction Treatment/ Crestwyn
Abstinence Recovery or Medically Assisted Treatment (MAT)	Both	Both	MAT	Both
Male, Female, Both	M/F 18+	M/F 18+	M/F 18+	M/F 11+
Inpatient or Outpatient	Both	Both	Outpatient	Both
Society Re-entry Program (Half-way House)	Long-Term Residential	No	No	No
Faith Based or Secular	Secular	Secular	Secular	Secular
Referred (Physician, Mental Health)	Physician	Physician, Personal request	Physician	Physician, Personal request
Insurance Accepted	Insurance	Insurance, Sliding scale	Insurance	Insurance
Location	Memphis, TN	Knoxville, TN	Memphis, TN	Germantown, TN
Phone Number	901-531-9503	615-645-2261	901-410-4005	855-580-2795

Treatment Options for Johnson County Residents

FACILITY NAME	Stonewater Adolescent Recovery Center	Turning Point Recovery	Freeman Recovery Center	The Oaks at La Paloma
Abstinence Recovery or Medically Assisted Treatment (MAT)	MAT	Both	Both	Both
Male, Female, Both	M/F 11-18	M/F 18+	M/F 18+	M/F 18+
Inpatient or Outpatient	Both	Both	Inpatient (Long & Short-term)	Both
Society Re-entry Program (Half-way House)	No	No	No	Long-Term Residential
Faith Based or Secular	Faith Based	Faith Based	Secular	Secular
Referred (Physician, Mental Health)	Physician, family	Physician	Voluntary	Physician
Insurance Accepted	Insurance	Insurance, Sliding scale	Insurance, Sliding scale	Insurance, Sliding scale
Location	Memphis, TN	Memphis, TN	Nashville, TN	Memphis, TN
Phone Number	662-655-2339	901-457-4927	615-645-2261	888-966-9834

Treatment Options for Johnson County Residents

FACILITY NAME	Carolina Partners in Healthcare	Crestview Recovery Center	Willow Place	REAL Recovery
Abstinence Recovery or Medically Assisted Treatment (MAT)	Both	Holistic	Abstinence	Abstinence
Male, Female, Both	M/F Birth+	M/F 18+	Female 18+	Male 14-28
Inpatient or Outpatient	Outpatient	Both	Both	Inpatient
Society Re-entry Program (Half-way House)	No	No	No	Transitional Living
Faith Based or Secular	Secular	Secular	Secular	Secular
Referred (Physician, Mental Health)	Physician, personal request	No referral	Physician, personal request	Physician
Insurance Accepted	Insurance & out of pocket	Insurance, sliding fee	Insurance, sliding fee	Insurance, sliding fee
Location	Henderson, NC	Asheville, NC	Asheville, NC	Asheville, NC
Phone Number		855-745-6448	561-763-7050	855-979-8756

Treatment Options for Johnson County Residents

FACILITY NAME	Women's House at REAL Recovery	Mountainview Recovery	English Mountain Recovery	October Road
Abstinence Recovery or Medically Assisted Treatment (MAT)	MAT	Both	Abstinence	Both
Male, Female, Both	Female 14-28	M/F 18+	M/F 18+	Male 18+
Inpatient or Outpatient	Inpatient	Both	Inpatient	Both
Society Re-entry Program (Half-way House)	Transitional Living	No	No	Residential treatment Center
Faith Based or Secular	Secular	Faith Based	Faith Based	Secular
Referred (Physician, Mental Health)	Physician	Physician, personal request	Physician	Referral from Detox Unit
Insurance Accepted	Insurance, sliding fee	Insurance	Insurance	Primarily uninsured
Location	Asheville, NC	Asheville, NC	Sevierville, TN	Asheville, NC
Phone Number	855-979-8756	828-759-5905	865-366-0281	828-372-0426

Treatment Options for Johnson County Residents

FACILITY NAME	Renewed Hope	TREC House	Bristol Recovery Road for Women, Inc.	Adventure Program
Abstinence Recovery or Medically Assisted Treatment (MAT)	Abstinence	Abstinence	Abstinence	Abstinence
Male, Female, Both	Male 18+	Male 18+	Female 18+	M/F 13-18
Inpatient or Outpatient	Inpatient Residential (12 month)	Inpatient	Inpatient	Inpatient
Society Re-entry Program (Half-way House)	Residential treatment Center	Residential treatment center, halfway house	Residential treatment center	Residential treatment center
Faith Based or Secular	Faith Based	Faith Based	Faith Based	Secular
Referred (Physician, Mental Health)	Walk-In	Physician, personal request	Personal request	Physician
Insurance Accepted	Zero Cost - Donation	\$400 admission fee-\$175/wk	Insurance	Insurance
Location	Murphy, NC	Jefferson City, TN	Bristol, TN	Johnson City, TN
Phone Number	828-837-7086	865-659-8409	423-366-0905	423-232-4326

Tennessee Facilities for Children

*Mountain Youth Academy- Ages 5-17 years; Male & Female; 30-90 day programs; In Mountain City, TN. 423-727-9898

*Cedar Grove Treatment Center- Ages 10-17 years; Male; In Murfreesboro, TN. 615-895-9590.

*Hermitage Hall- Ages 8-17 years; Male & Female; In Nashville, TN. (615) 742-3000.

*Natchez Trace Youth Academy- Ages 12-18 years; Male; In Waverly, TN. (931) 296-1183.

*Oak Plains Academy- Ages 5-17 years; Male & Female; In Ashland City, TN. (931) 362-4723.

REDUCING HARM

*Naloxone is a proven tool in the battle against drug abuse and overdose death. When too much of an opioid medication is taken, it can slow breathing to a dangerously low rate. When breathing slows too much, overdose death can occur. Naloxone can reverse this potentially fatal situation by allowing the person to breathe normally again.

Naloxone is not a dangerous medicine. However, proper training is required by law. Any time an overdose is suspected, first responders should be notified by calling 911 immediately and stay with the patient until first responders arrive. It is important to know that some patients may wake disoriented or agitated after receiving naloxone. This is a good sign but calling 911 is still very important to help the person survive.

Naloxone is only a temporary reversal. It's extremely important to seek medical care following an overdose.

*For information on obtaining naloxone and training on administering naloxone please contact:

***A.C.T.I.O.N. Coalition**

***423-727-0780**

RECOGNIZING

Recognizing the signs of an overdose is critical for loved ones of an opioid user. Often families or friends have seen their loved one over-medicated in the past, so their current reaction has been to let them "sleep it off." This complacency could mean death.

SIGNS OF AN OVERDOSE:

- Unresponsive to shouting or pain stimulation
- Unconsciousness
- Slow and shallow breathing or not breathing
- Pale, clammy skin, loss of color
- Blue, purple or gray skin, especially around lips and fingernails
- Faint or NO pulse
- Extremely small "pinpoint" pupils

RECOGNIZING

In the event of a known or suspected overdose:

1. Administer naloxone (an extremely effective medication that stops opioid overdoses and saves lives!)
2. Call 911
3. Watch the person closely. If breathing does not resume within 3 minutes, administer naloxone again
4. Wait with the person for Emergency Services to arrive

Recovery & Faith Based Meetings

Elizabethton

*Celebrate Recovery (Caldwell Springs Baptist Church-1509 Blue Springs Rd, Elizabethton)

Tuesdays 6pm

*A New Way of Life Recovery Group (Red Legacy Recovery-210 S. Hill Dr, Elizabethton)

Wednesdays 12 noon

*Oak Street Recovery (Oaks Street Baptist-804 Oak Street, Elizabethton)

Wednesdays 6:15pm

*SMART Recovery (Hopwood Christian Church-109 Hopwood Lane, Milligan College)

Mondays 7-8pm

Johnson City

*Drug Addicts Anonymous (DAA) (Boones Creek Christian Church-305 Christian Church Rd)

Fridays 7:30pm

*Re:generation (Grace Fellowship Church-2314 South Greenwood Dr)

Mondays 6:30-8:30pm

*Life Recovery Groups (First Christian Church-200 E. Mountcastle Dr)

Family Group Wednesdays 5:30-6:30pm

Co-Dependent Recovery Wednesdays 6:30-8pm

Habits & Hang-Ups Step Study Thursdays 7-8:30pm

*Life Recovery Group (Greater Love Church-130 Garden Dr)

Tuesdays 7pm

Saturday eve church service 6pm

*Living Free (Trinity Assembly of God-617 University Pkwy)

Thursdays 7:30pm

*Recovery Fellowship/12 step based Bible study (Summit Leadership-3104 Hanover Rd)

Sundays 7pm

*SMART Recovery (Johnson City Downtown Day Center-202 West Fairview Ave.

Tuesdays 2-3pm

*SMART Recovery (High Point Clinic-203 High Point Dr)

Tuesdays 4-5pm

*Eternal Grace Women's Ministry (By His Blood Ministry-127 Garden Dr.)

Tuesdays 6pm

Family Support Meetings

Mountain City

*I Am Responsible Group Al-Anon (Johnson County Comm Center-214 College St)

Mondays & Thursdays 7pm

*Al-Anon (First Christian Church-401 W. Main Street)

Tuesdays 12-1pm & 6-7pm

Elizabethton

*Family Support Meeting (Carter County Drug Prevention Coalition-546 E. Elk Ave)

Mondays 6pm

*Free To Be Me Group Al-Anon (Watauga Association of Baptist-3871 Hwy 19E)

Tuesdays 6pm

Johnson City

*TriCities Serenity Group Nar-Anon (Covenant Presbyterian Church-603 Sunset Dr.)

Mondays 7pm

*New Life AFG Al-Anon (Harrison Christian Church-2517 Browns Mill Road)

Tuesdays 10am

*New Beginnings AFG Al-Anon (Covenant Presbyterian Church-603 Sunset Dr.)

Tuesdays 7pm

*New Hope AFG Al-Anon (Covenant Presbyterian Church-603 Sunset Dr)

Thursdays 12pm

*AFGE Co-dependents in Recovery (Covenant Presbyterian Church-603 Sunset Dr.)

Fridays 12pm

NA Meetings

Elizabethton

*Recovery on the Edge (Rivers Edge Dream Center-1200 19E Bypass)

Mondays 8pm

Johnson City

*Miracles Happen Group (105 S. Boone St-In back)

Mondays 7pm

Fridays 7pm

Saturdays 7pm

*Serenity Sisters Group (Boones Creek United Methodist-110 Mary St)

Mondays 7pm

Saturdays 7pm

*Nothing to Fear Group (Munsey Ed. & Counseling Bldg-215 E. Market St.)

Tuesdays 7pm

Thursdays 7pm

*The End of the Road Group (Covenant Presbyterian Church-603 Sunset Dr.)

Mondays 8:30am

Tuesdays 8:30am

Wednesdays 7pm

Fridays 1:30pm

Sundays 7pm

AA Meetings

Mountain City

*I Am Responsible Group (Mountain City Community Center-214 College St.)

Mondays 6pm

Thursdays 6pm

Elizabethton

*Green Pastures Group (429 E. Elk Ave.)

Sundays 8pm

Tuesdays 8pm

Fridays 8pm

*New Way (First Presbyterian Church-119 W. F St.)

Tuesdays 7pm

Johnson City

*Women's Group (Munsey Counseling Center-215 E. Market St behind church)

Mondays 6pm

*Sunrise Serenity Group (Munsey Counseling Center-215 E. Market St. behind church)

Tuesdays 7am

Thursdays 7am

*Central Group (REBOS Building-213 E. Maple St)

Sundays 11am, 6pm, 8pm

Mondays 12pm, 6pm, 8pm

Tuesdays 12pm, 6pm, 8pm

Wednesdays 12pm, 6pm, 8pm

Thursdays 12pm, 6pm, 8pm

Fridays 12pm, 6pm, 8pm

Saturdays 12pm, 6pm, 8pm

*Morning Meditations Group (REBOS Building-213 E. Maple St.)

Sundays 8:30am

Mondays 8:30am

Tuesdays 8:30am

Wednesdays 8:30am

Thursdays 8:30am

Fridays 8:30am

Saturdays 8:30am

*GRITS Group (REBOS Building-213 E. Maple St.)

Saturdays 10:30am

*Unity Group (Watauga Ave. Presbyterian Church-610 E. Watauga Ave.)

Tuesdays 7:30pm

Fridays 7:30pm (Big Book Meeting)

*Simply AA Group (Watauga Ave. Presbyterian Church-610 E. Watauga Ave.)

Thursdays 8pm

*Monday Night Big Book Group (Watauga Ave. Presbyterian Church-610 E. Watauga Ave.)

Mondays 7:30pm

*Serendipity Women's Group (Watauga Ave. Presbyterian Church-610 E. Watauga Ave.)

Tuesdays 6pm

*Saturday A.M. Beginners Meeting (Holston Conference Center-210 W. Maple St.)

Saturdays 9am

*ODAAT/One Day at a Time-Men's Meeting (REBOS Building 213 E. Maple St.)

Sundays 2pm

HOTLINES

TN REDLINE : 1-800-889-9789

www.taadas.org/Redline.htm

A resource for addiction treatment referrals. Callers can connect with treatment providers in their area

- **Alcoholics Anonymous** 423-928-0871
24 hour hotline and information about meetings
www.aatricitiesn.org
- **Narcotics Anonymous** 423-302-0494
24 hour helpline and information about meetings
www.mana-e-tn.org
- **Mobile Crisis/Crisis Stabilization** 877-928-9062
Mental health emergencies only
- **Lifeline Peer Project** 865-321-7107
Provides referrals to treatment services, sober living housing, and Alcoholics Anonymous and Narcotics Anonymous meetings
- **NE TN Lifeline Peer Project** 877-366-7593 x105
Jason Abernathy jason@insightalliance.org
- **Tennessee Tobacco Quitline** 800-QUIT-NOW
Support for Tennesseans who want to quit smoking, chewing tobacco
www.tnquitline.org
- **Homeless Assistance Hotline, Tennessee Valley Coalition for the Homeless**
888.556.0791
www.tvchomeless.org
- **TN Together**
www.tntogether.com
- **Tennessee Victory**
www.TNVictory.org
- **The Partnership Helpline** 855-DRUGFREE
Support for parents and family of substance users
www.drugfree.org/helpline
- **SAMHSA**
Substance Abuse and Mental Health Services Administration
www.samhsa.gov
- **NIDA**
National Institute on Drug Abuse
www.drugabuse.gov
- **Contact Concern (211)**
Sullivan, Johnson, Hawkins and Hancock 877-578-7233/423-246-2273
- **Tennessee Domestic Violence Hotline** 800-356-6767

- **National Domestic Violence Hotline** 800-799-7233
- **Suicide Hotline** 423-926-0144
- **National Runaway Hotline** 800-786-2929
- **Rape Crisis Hotline** 423-928-4710
- **Nurse Line Ballard Health** 833-822-5523
- **TN Parent Hotline** 1-800-356-6767
- **Contact Ministries (211)**

Mountain City Police Department 423-727-2909

Johnson County Sheriff's Department 423-727-7761

Local Coalitions

Johnson County Action Coalition

138 E Main St
Mountain City, TN 37683
423-727-0780

Carter County Anti-Drug Coalition

546 E Elk Ave
Elizabethton, TN 37643
423-342-8008

Insight Alliance

207 E Main St, 1E
Johnson City, TN 37604
877-366-7593

Unicoi County Prevention Coalition

105 Rock Creek Rd. Ste. 4
Erwin, TN. 37650
423-735-8407

Sullivan County Anti-Drug Coalition Regional Overdose Prevention Specialist

Training and distribution of Naloxone
423-956-6529
www.NETNsaveAlife.org
www.YouCanNarcen.org

ETSU Center of Excellence of HIV/AIDS Care

Safe Syringe Exchange & Education

615 N State of Franklin Rd
Johnson City, TN 37604
423-930-8337

Unicoi County Prevention Coalition

105 Rock Creek Rd. Ste. 4
Erwin, TN. 37650
423-735-8407

Frontier Health

318 Donnelly Street

Mountain City, TN 37683

432-727-2100

Mental health issues, mental health crisis, drug/alcohol addiction

Johnson County Safe Haven

311 South Church Street

Mountain City, TN 37683

423-727-0202

Domestic violence shelter

Upper East Tennessee Human Development Agency

110 Pioneer Village Drive

Mountain City, TN 37683

423-727-6633

Emergency assistance, employment assistance, health services, childcare assistance

Johnson County Department of Human Services

370 Cold Springs Road

Mountain City, TN 37683

423-727-7704

TennCare, Medicare, Medicaid, Families First, Food Stamps

Johnson County Health Department

715 W. Main Street

Mountain City, TN 37683

423-727-9731

WIC, healthcare, dental care (under 18), birth control

Low Income Housing in Johnson County, TN

Hillcrest Apartments

1444 Crossroads Drive

Mountain City, TN 37683

423-727-8317

Village Apartments

1168 S. Shady Street

Mountain City, TN 37683

423-727-9185

Mountain City Manor Apartments

310 Dotson Lane

Mountain City, TN 37683

423-727-4550

Heritage Acres

924 Medical Park Dr # 100

Mountain City, TN 37683

423-727-6836

Shouns Manor Apartments

3933 Hwy 421 South

Mountain City, TN 37683

423-727-9185

Local Food Pantries

***Jo Co Neighborhood Service Center** -- 784 S. Shady Street, Mtn City TN (423-727-6633).

Commodity distribution once per month at Mtn City National Guard Armory. Must have a Commodity Card

***Saint Anthony Bread** -- 833 West Main Street, Mountain City TN 37683 (423-727-8687).

First Thursday of the month from 9:00 am to 2:00 pm and the third Thursday of the month from 10:00 am to 1:00 pm, as well as 5:00 pm to 6:00 pm. Please provide photo ID and your social security card. One visit per month.

***Community Church** -- W.E. Neatherly Road, Mountain City TN 37683 (423-727-8547).

The hours of operation are Monday through Saturday from 8:00 am to 4:00 pm. A photo ID and social security card is required. Two visits per month.

***First Baptist Church** -- 421 W. Main Street, Mountain City TN (423-727-9711).

The hours of operation are Wednesdays from 1:00 pm to 3:00 pm. Please bring proof of income and address. Once every three months.

***First Christian Church** -- 401 W. Main Street, Mountain City TN 37683 (423-727-9151).

The hours are Tuesday and Thursdays from 10:00 am to 3:00 pm. They are closed between 12:00 pm and 1:00 pm for lunch. Once a month and contact information is required.

***Hale Community Ministries** -- 359 Industrial Drive, Mountain City TN 37683 (423-727-1521).

The hours of operation are Monday - Thursday from 8:00 am to 12:00 pm. Food bags are given out on Tuesdays and Thursdays from 8:00 am to 12:30 pm. Once a month.

***Little Milligan Care and Share** -- 4602 Highway in Butler TN (423-768-3194).

They are open every other Wednesday from 8:30 to 11:30. Need ID, proof of address and income. Twice a month.

***Mtn City Presbyterian Church** -- 517 Fairground Lane, Mountain City TN (423-727-7992).

The hours of operation are Fridays from 2:00 pm to 5:00 pm. Assistance is available for the elderly or people with small children.

***Mtn City 7th Day Adventist** -- 1231 Cold Springs Road, Mountain City TN (423-727-9021).

The food bank is open the third Thursday each month. Proof of income and SNAP are required.

***Bethany Baptist Church** -- 5950 Hwy 67 West, Mountain City TN

Open the first Wednesday of each month from 5:30 pm to 6:30 pm..

***Doe Valley Methodist Church** – 1779 Hwy 421 N, Mountain City TN (423-727-7846).

Call for more information.

***Second Harvest** – 4th Wednesday of each month at Village Apts, Heritage Acres, Hillcrest Apts.

A.C.T.I.O.N. Coalition of Mountain City would like to share some of the many services that we offer to our community, in an attempt to bring health and healing to those who may need it. Please share this with everyone so they can benefit from these services!!



**Medication Reminder
Cap Bottles**



**Smoking cessation
Timer Cap Bottles**



**Narcan (Naloxone) opioid
overdose recovery kit**



Medicine Lock Boxes