

	Session	Time	Start Dates	Cost	Who to contact
Monday	Pilates	10.30am - 11.30am	7th June	£4 a session.	Contact Claire
	Gentle Exercise (chair). Cuppa and a chat afterwards.	11.45am - 12.30pm	7th June	£4 a session.	Contact Claire
	Flower Arranging (any ability)	Fortnightly, 1.30pm - 3.30pm	28th June	£5 a session. Block booking required.	Contact Claire for more details.
	Mixed Crafts	Fortnightly, 1.30pm - 3.30pm	5th July	£7 a session or book 6 for £36.	Contact Claire for more details.
	Bounce Fit Body	5.30pm - 6.30pm	17th May	£6.95 a session or 6 for £35.	Contact Jill on 0786238559 More details on www.bouncefitbody.com
	Monday Messages For The Spirit World	7pm - 9pm	28th June		Contact Claire
	Open Mic	First Monday of the month, 7.30pm onwards	Starts 5th July		Contact Creative Minds or just turn up on the night.
Tuesday	Seaton Ladies Bowling (meeting, cuppa & a chat)	10.30am - 12 noon	18th May		We're looking for new members so contact us on Facebook.
	Dancercise	10am - 11am	29th June	£4 a session.	Contact Claire
	Awareness Through Movement	11.30am - 12.30pm	25th May	£5 a session or book 6 for just £25.	Contact David on 07951766795
	Team Talk	1pm - 3pm	18th May	No charge.	Contact Claire
	Drawing & Painting (any ability)	10am - noon	19th May	£7 a session. Block booking required.	Contact David on 07936798645
Wednesday	Literacy & Numeracy Tuition	3pm - 5.30pm	14th April		Contact Chris on 07713097912 or visit www.firstclasslearning.co.uk
	Yoga (any ability)	6pm - 7pm	14th April	£5 a session.	Contact Maria on 07940471694 or Facebook yogicircle
	Social Darts	7pm - late	21st June		Contact Claire for info or just turn up on the night.
	Baby Yoga	10am - 10.45am & 11am - 11.45am	15th April for 5 weeks. 15th April for 5 weeks.	£30 for 5 week block. £30 for 5 week block.	Rachel at Kalma Life East Durham & Hartlepool or rachel@hartlepool.kalmalifeuk.co.uk
	Drawing & Painting (any ability)	10am - noon	20th May	£7 a session. Block booking required.	Contact David on 07936798645
Thursday	Bounce Fit Body	5.30pm - 6.30pm	19th May	£6.95 a session or 6 for £35.	Contact Jill on 0786238559 More details on www.bouncefitbody.com
	Introduction To Bridge	6.45pm - 8.15pm	1st July	£20 for 10 week block.	Contact Monica on 07703228492
	Quiz	8.30pm - 10.30pm	1st July		Just turn up on the night.
	Drawing & Painting (any ability)	10am - noon	21st May	£7 a session. Block booking required.	Contact David on 07936798645
	Tea Dance & Afternoon Tea	2pm - 5pm	2nd July	£5	Contact Claire
Friday	Hartlepool Armed Forces & Veterans Breakfast Club	9.30am - 11am	17th April		Contact us direct on Facebook
	Family Fit	11am - 12 noon		£2 per person, £5 a family.	

If you need information about any of our sessions, speak to Claire on [07902572259](tel:07902572259) or email events@hornbypark.com.