

Where Can I Find Rest And Satisfaction?

The Search for Fulfillment

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NEW YORK · Published 1 day ago

New York dietitian, 27, hangs herself after posting suicide note; 'I'm really sorry mama'

By Tina Moore, Natalie Musumeci | New York Post

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New York dietitian, 27, hangs herself after posting suicide note

San Francisco native Tara Condell, 27, was found dead with a cloth around her neck inside the bedroom of her home after police were called to the residence for a wellness check.

A young Manhattan dietitian hanged herself in her West Village apartment after posting a suicide note online in which she apologized to her mom and said she "felt absolutely nothing during what should have been the happiest and darkest times in my life," police sources said Thursday.

The Note She Wrote...

“I hate the word ‘bye,’ but see you later maybe?”

I have written this note several times in my head for over a decade, and this one finally feels right. No edits, no overthinking. I have accepted hope is nothing more than delayed disappointment, and I am just plain old-fashioned tired of feeling tired.”

The Note She Wrote...

“I realize I am undeserving of thinking this way because I truly have a great life on paper. I’m fortunate to eat meals most only imagine. I often travel freely without restriction. I live alone in the second greatest American city (San Francisco, you’ll always have my heart). However, all these facets seem trivial to me.”

She Ends The Note...

“I’m coming home, dad.
Make some room up on
that cloud and turn the
Motown up.

“Always, TLC.

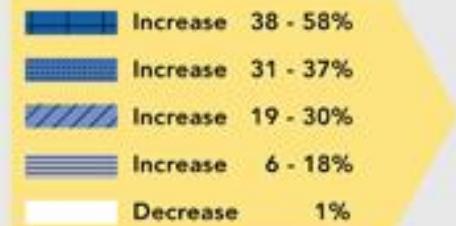
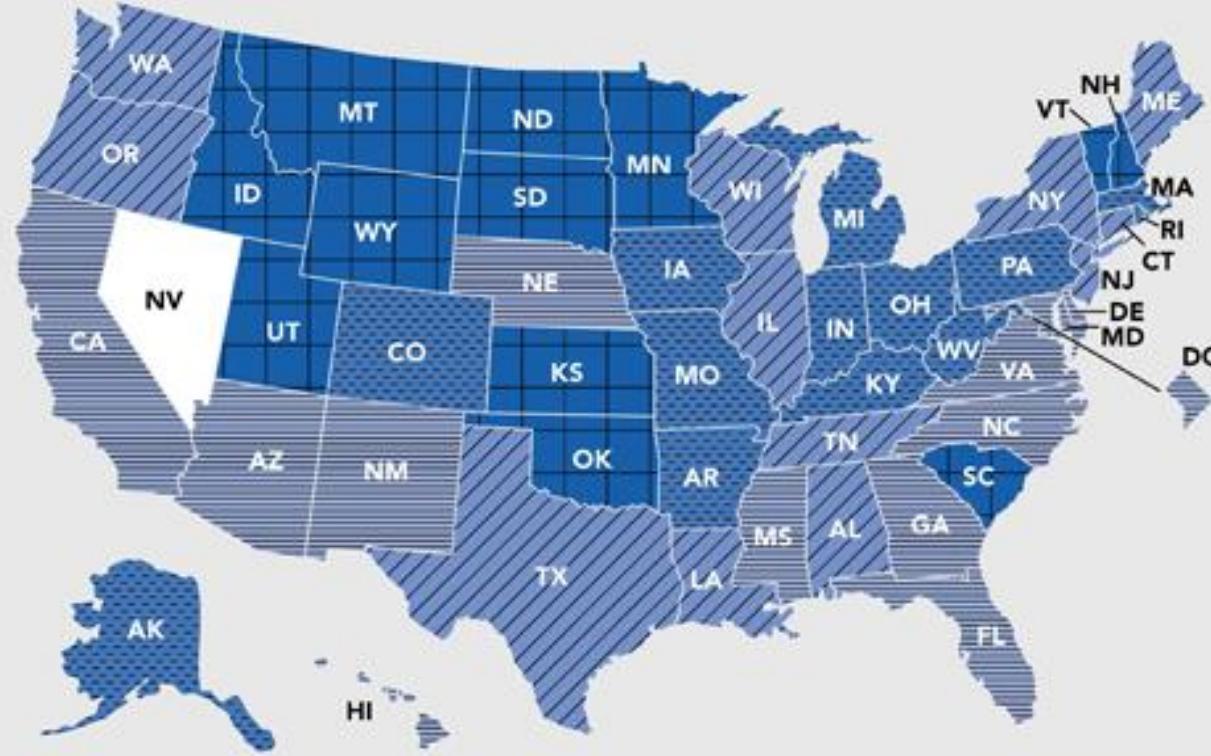
I’m really sorry mama.”



Suicide in the U.S.

Suicide rates have been rising in nearly every state, according to the latest Vital Signs Report by the centers for disease control and prevention (CDC).

Suicide rates rose across the US from 1999 to 2016.



SOURCE: CDC's National Vital Statistics System

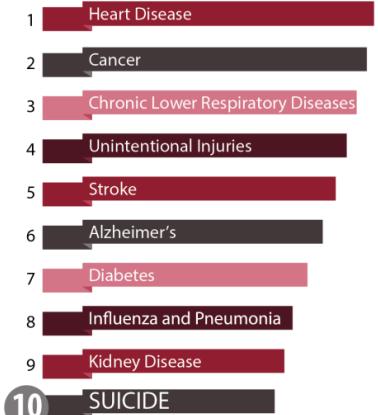
The Suicide Epidemic

In 2016, nearly 45,000 Americans age 10 or older died by suicide. Suicide is the 10th leading cause of death and is one of just three leading causes that are on the rise.

SUICIDE in the United States

ALL FACTS PROVIDED BY THE CENTERS OF DISEASE CONTROL

10th LEADING CAUSE OF DEATH IN THE UNITED STATES



2nd LEADING CAUSE OF DEATH IN THE UNITED STATES
AMONG 15-TO-24-YEAR-OLDS

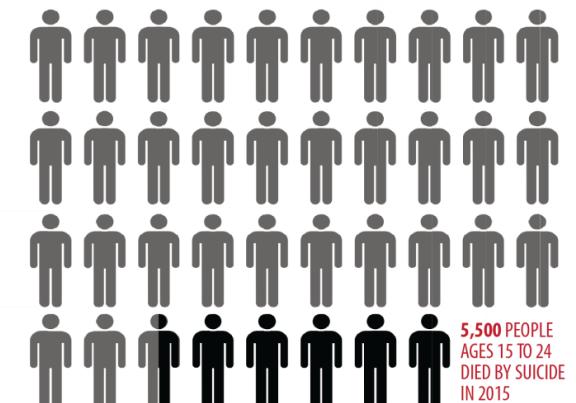


There is one death by suicide in the US every **12 minutes**



Every day, approximately **105** Americans die by suicide

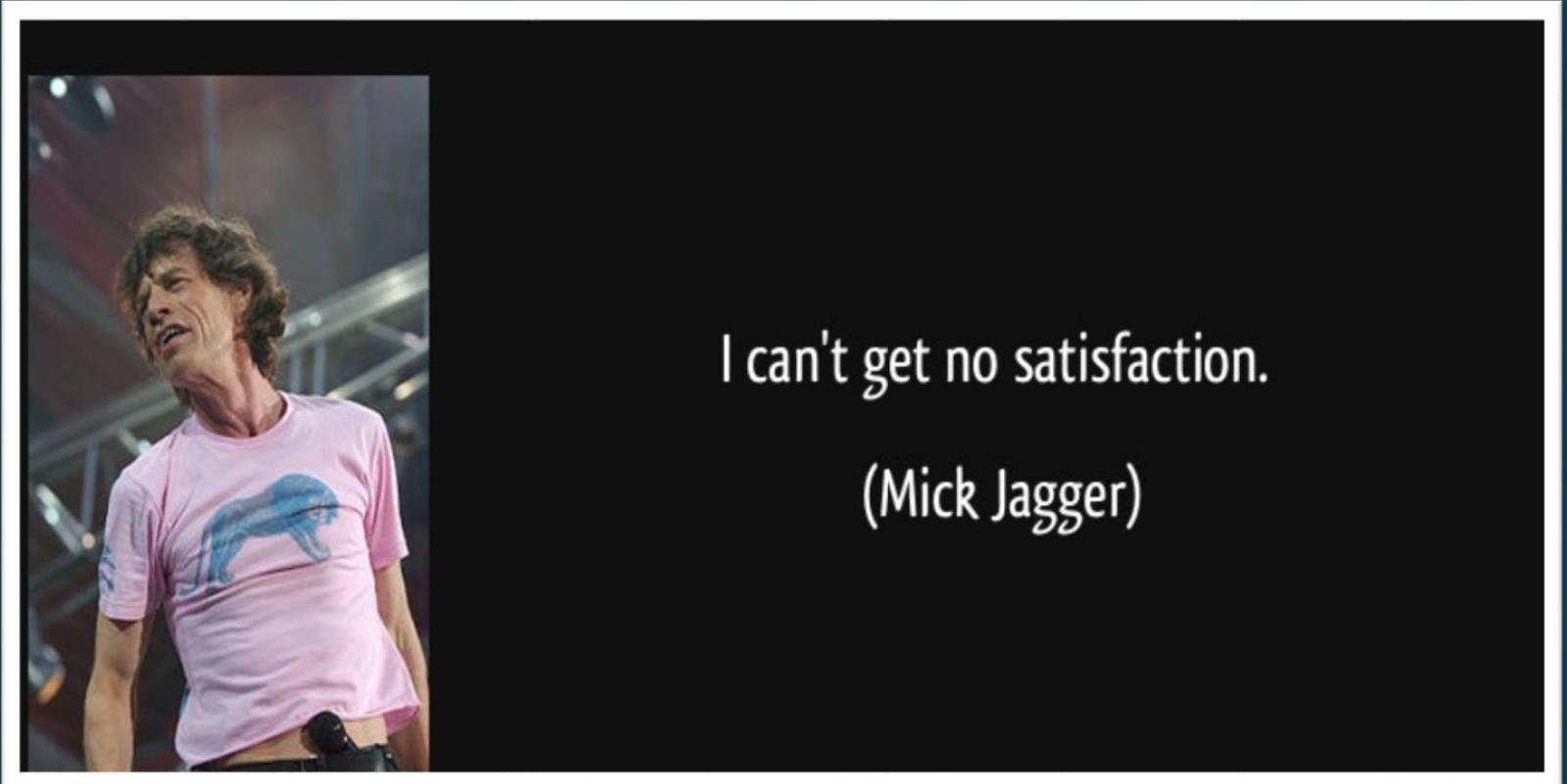
SUICIDE TAKES THE LIVES OF OVER **38,000** AMERICANS EVERY YEAR



DEPRESSION AFFECTS **20-25%** OF AMERICANS AGES 18+ IN A GIVEN YEAR

What Is Wrong?

Wealth...
Education...
Entertainment...
Technology...
Prosperity...
Freedom...
Medicine...
Food...
My way...



I can't get no satisfaction.

(Mick Jagger)

Jesus Said...

John 7:37-38

“³⁷ ...Jesus stood up and shouted, ‘If you are thirsty, come to me and drink! ³⁸ have faith in me, and you will have life-giving water flowing from deep inside you, just as the scriptures say.’”

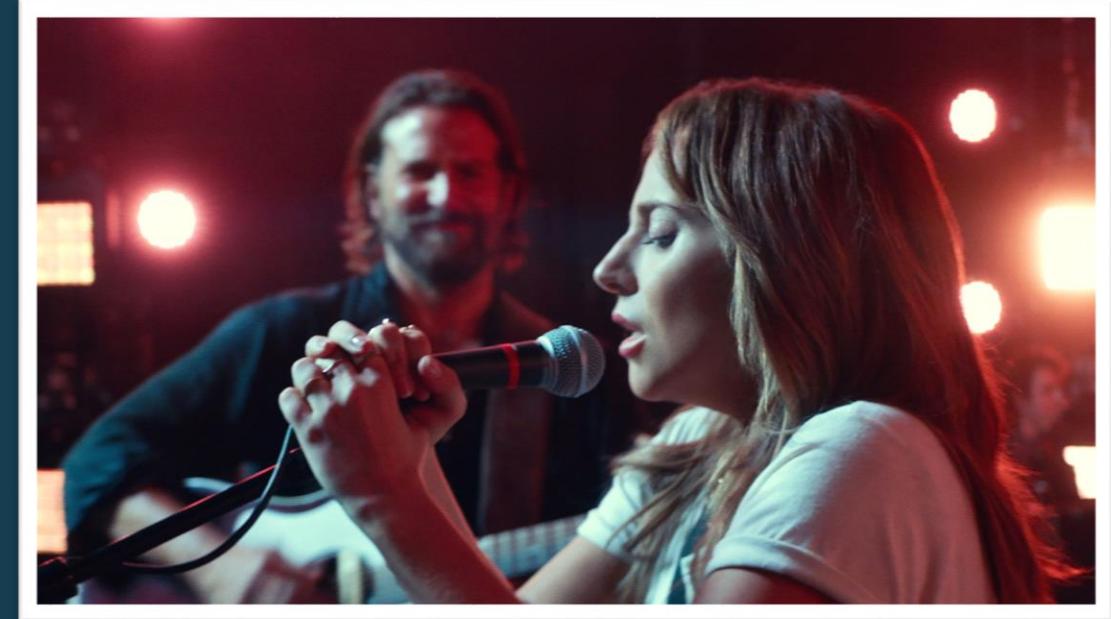


Lyrics from *Shallow*

(Lady Gaga and Bradley Cooper)

“Tell me somethin', girl
Are you happy in this modern world?
Or do you need more?
Is there somethin' else you're
searchin' for?

I'm falling
In all the good times I find myself
Longin' for change
And in the bad times I fear myself”

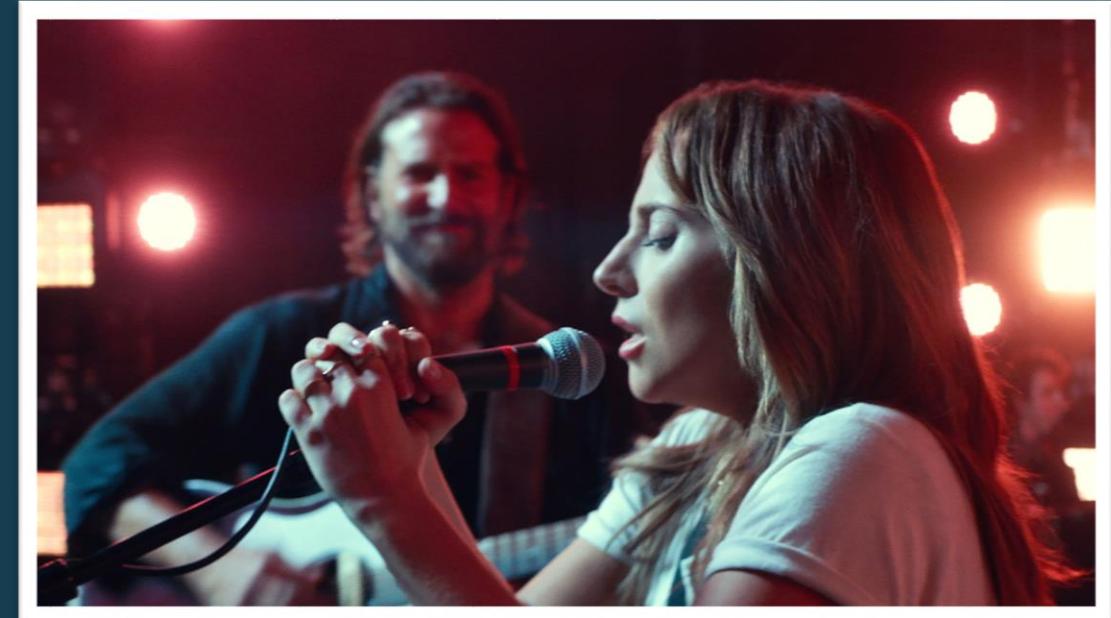


Lyrics from *Shallow*

(Lady Gaga and Bradley Cooper)

“Tell me something, boy
Aren't you tired tryin' to fill that void?
Or do you need more?
Ain't it hard keeping it so hardcore?”

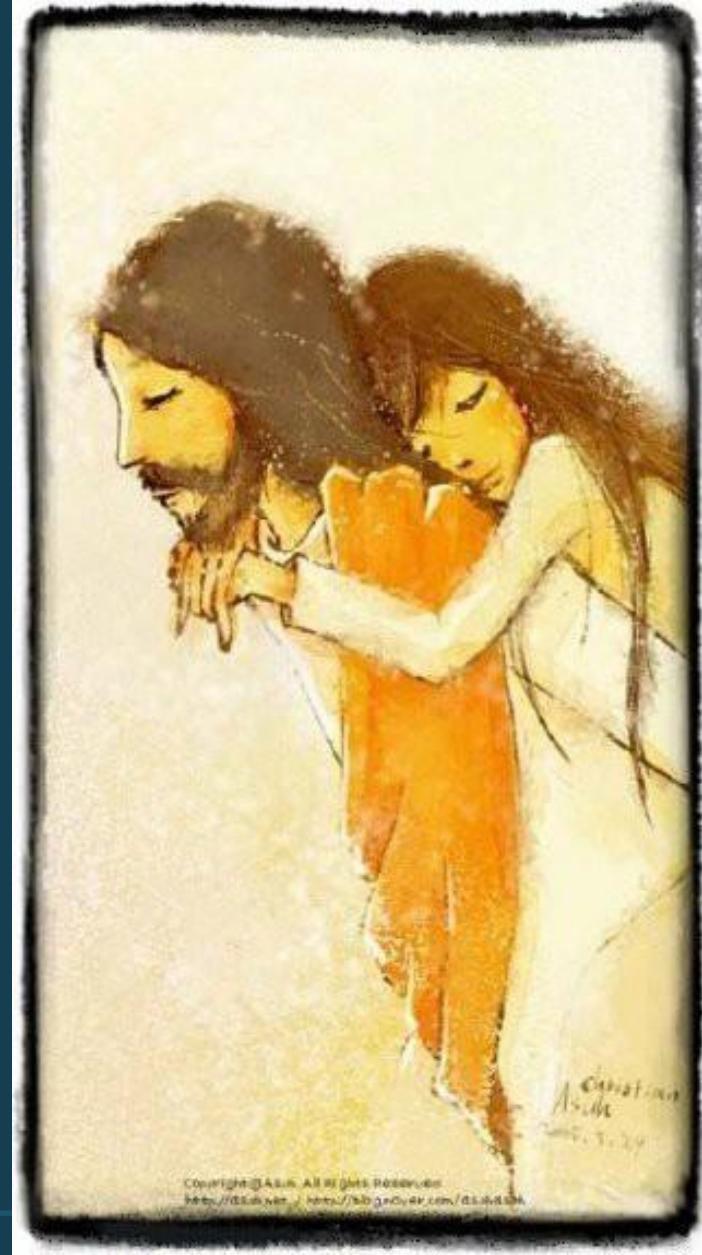
I'm falling
In all the good times I find myself
Longing for change
And in the bad times I fear myself.””



Jesus Said...

Matthew 11:28

28 “If you are tired from carrying heavy burdens, come to me and I will give you rest.”



Laura's Story

Have
you
heard
this
song?



What if my greatest
disappointments, or the aching of
this life, is the revealing of a greater
thirst this world can't satisfy?

— *Laura Story* —

AZ QUOTES

C.S. Lewis Writes...

“The Christian says, 'creatures are not born with desires unless satisfaction for those desires exists. A baby feels hunger: well, there is such a thing as food. A duckling wants to swim: well, there is such a thing as water. Men feel sexual desire: well, there is such a thing as sex. If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world.



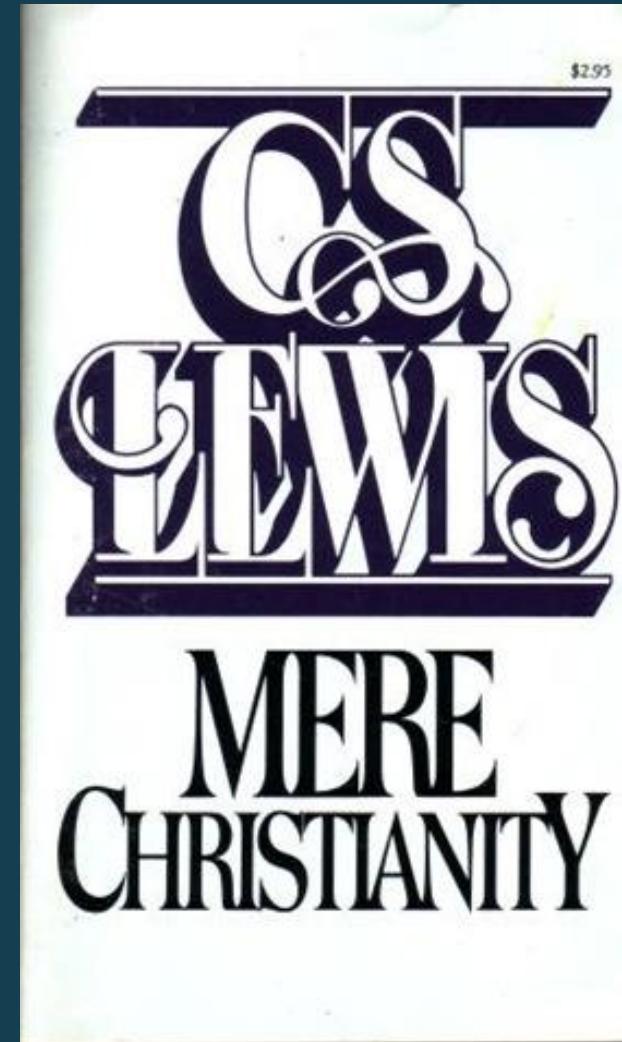
C.S. Lewis Writes...

“If none of my earthly pleasures satisfy it, that does not prove that the universe is a fraud. Probably earthly pleasures were never meant to satisfy it, but only to arouse it, to suggest the real thing. If that is so, I must take care, on the one hand, never to despise, or to be unthankful for, these earthly blessings, and on the other, never to mistake them for the something else of which they are only a kind of copy, or echo, or mirage.”



C.S. Lewis Writes...

“I must keep alive in myself the desire for my true country, which I shall not find till after death; I must never let it get snowed under or turned aside; **I must make it the main object of life to press on to that country and to help others to do the same.**”



Would you come to Jesus?

John 7:37-38

“³⁷ ...Jesus stood up and shouted, ‘If you are thirsty, come to me and drink! ³⁸ have faith in me, and you will have life-giving water flowing from deep inside you, just as the scriptures say.’”

