

RunForward Events

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Ekaterina Frohring

OUR MISSION IS TO BRING
TOGETHER LIKE-MINDED
INDIVIDUALS TO
CELEBRATE AND ENJOY
THE BEST OF WHAT OUR
EVENT HAS TO OFFER.



RUNFORWARD EVENTS

SPRINT INTO SUCCESS





RUNNING AND OTHER EVENTS

Sport gives you a purpose!

At RunForward Events, we strive to provide a unique and unforgettable experience for all attendees.

Stay with us.



INCLUSIVE EVENTS: WHETHER YOU'RE AIMING FOR A PERSONAL BEST OR JUST LOOKING TO COMPLETE YOUR FIRST 5K, OUR EVENTS CATER TO ALL SKILL LEVELS. WALKERS AND JOGGERS ARE WELCOME!



UPCOMING RACES

Dyngus Day Run — April 19, 2025

Hops & Hustle 5K — August 9, 2025

Matt Urban's Trick or Trot — October 2025





PROFESSIONAL TIMING: EVERY RACE IS PROFESSIONALLY TIMED, SO YOU CAN TRACK YOUR PROGRESS AND CELEBRATE YOUR ACHIEVEMENTS WITH ACCURATE RESULTS.



