

Livingston County Mental Health Board 708 Board Meeting Minutes

January 18, 2018

708 Board Present: Jack Vietti, Ed Legner, Rose Smith, Vicki Day, Steve Tock and Debbie Studnicki

377 Board Present: Bob McCarty, Mary Etta Mullen and Vicki Day

Livingston County Board Members: Jack Vietti

Staff Present: Chris Myers, Amy Zick and Janice Golliday

Guests: Joe Vaughan, IHR; and Patty Haberkorn, Futures Unlimited; Susan Bursztznsky, ADV-SAS; Meagan DeMoss, OSF; and Danny Watson, Livingston County Coroner

President Jack Vietti called the 708 Board meeting to order.

It was moved by Steve and seconded by Rose to approve the December 21, 2017, 708 Board minutes. Motion carried.

It was moved by Steve and seconded by Ed to approve the December check listing. Motion carried.

It was moved by Ed and seconded by Debbie to approve December, 708 Board financial statements. Motion carried.

Executive Director Report:

- Chris reported the AIR program headed up by Heather Christianson has had a great response of participants. Chris has heard from some families regarding the financial expense for them to pay the drop-in fee to watch their family member participate. Chris would like to offer scholarships to the families that may not be able to afford the reduced fee. Taylor Baxter submitted a budget for the program included in this month's board packet. Also, Jessica Mullen of IHR would like to take her psych rehab clients to the rec center at the reduced rate which Taylor Baxter has approved. The LCSSU still has a balance from FY17 for the LCAR program of approximately \$3,000. Carol McCoy spoke with Chris about a family that could benefit from a scholarship with some of the leftover funds. The 377 Board would like LCSSU to pay back the remaining balance from LCAR and if they need funding for a scholarship they may request it. Chris will talk with Carol McCoy at LCSSU about the 377 Board's decision.
- The Authentic Church, located in the old Crystal Palace on Custer Avenue, is hosting a "Night to Shine", a prom-like experience for individuals with special needs from age 14 on up. There over 40 signed up already. Anyone interested in donating prom like dresses or old suits may do so. Also, volunteers are needed the evening of the event. Let Chris know if you can donate anything. The dance will be held on February 9th.
- Chris has been working on getting some services for a Dwight man with mental health issues. He has had no water in his home for over a year.
- The annual report is being created and Chris asked both boards if anyone had ideas on what they would like to see in it. No suggestions were given.
- 2019 will be the 50th Anniversary of the Livingston County Mental Health Board.

Old Business:

- None.

New Business:

- Danny Watson, Livingston County Coroner, presented a report regarding the deaths in the county for 2017. In 2016 there were 14 deaths due to drugs/alcohol. In 2017, the total of drugs/alcohol deaths were 16. The death toll would be greater if the police had not administered Narcan to at least 8 or 9 individuals. All the police departments carry Narcan with them. Anyone who has been through the Narcan training and has a certificate may administer Narcan if needed. The number of suicides in 2017 was 4 deaths due to drugs/alcohol, 4 deaths by gunshot wound, and 3 deaths by hanging. Danny did not have the statistics of DUI accidents for 2017 but would report them when completed.
- The One and Three Year Strategic Plan is due to be reviewed and updated. However, a needs assessment will be conducted first. This assessment will be included in the OSF assessment. There was a discussion regarding Medicaid and the issues that have cropped up the last few months. There is Managed Care now and there are 5 plans to choose from but many people do not know they have a choice. Community Care Systems help people with Medicaid, Medicare and the Link Card. They are located in the Sullivan Complex. Chris asked the boards if we should continue on with the goals outlined in the current strategic plan until the needs assessment is done. The board inquired as to date of the needs assessment. The needs assessment is due in 2018-2019. Chris will check with OSF as to a more definitive date the assessment will be conducted.

Institute for Human Resources:

- Joe is aware there is a heroin epidemic. IHR now has Vivitrol injections for heroin addicts who are wishing to kick the habit. Vivitrol lessens the craving for heroin/opioids. Vivitrol is injected once per month and it is recommended for a year's time to get past holidays and other occasions that may trigger an individual to use again. They have 3 people successfully complete a year. Joe would like to have Teresa Diemer present at a future board meeting. They have administered Vivitrol to inmates at the jail and when released from jail they may continue at IHR.
- Vicki asked Joe what the wait time is to get a new client in to see Sherrie. She is in 3 days per week. Beth was seeing 3 new patients per week whereas Sherrie is seeing one new client per week. Vicki reported the Chenoa clinic has been very busy with many who are in need of counseling services.

Futures Unlimited:

- Futures continues to be busy. Seedbalz is gearing up and running for the spring planting season ahead. Futures Unlimited clients continue to work at Exact Packaging.
- They are working on the upkeep of the CILA homes. The homes are clean and up to code but updates are needed.
- Still having behavioral issues.
- They lost 5 staff in a week's time. Two of them are going to school. Another had a baby and decided to stay home. They people applying, so that is good.

ADV/SAS:

- They are in the process of training two positions at the shelter. They received funding to hire a part time Sexual Assault case manager. There is an open position for a counselor but they are waiting to decide if it needs to be filled. Recently 3 staff were trained at the shelter on how to administer Narcan if needed. Susan is one of the three trained.

Mosaic

- Not present.

OSF:

- No report.

It was moved by Debbie and seconded by Rose to go into executive session to review the closed 708 Executive Board minutes from August 2016 – October 2017. Motion carried.

It was moved by Steve and seconded by Ed to open August 2016, June 2017, August 2017, September 2017 and October 2017 closed 708 Executive Board minutes. Motion carried.

It was moved by Ed and seconded by Steve to adjourn. Motion carried.

Respectfully submitted,

Vicki Day, Secretary