

2023 Annual Report

LIVINGSTON COUNTY MENTAL HEALTH

BOARD (708)

AND

LIVINGSTON COUNTY BOARD (377)

FOR THE CARE AND TREATMENT OF PERSONS
WITH A DEVELOPMENTAL DISABILITY

310 E. TORRANCE AVENUE
PONTIAC IL, 61764

DECEMBER 1, 2022

TO

NOVEMBER 30, 2023



From the Executive Director

Dear Residents of Livingston County,

This last year, 2023, was a big one for the Livingston County Mental Health Board. Our former Executive Director, Chris Myers, retired in December after 20 years of service to Livingston County. Chris provided a tremendous amount of knowledge and dedication to the job and she will be greatly missed! During Chris's last few months with the Livingston County Mental Health Board (LCMHB) she hired and trained myself, Taylor Hartman, as her replacement. I have spent time in Livingston County as the Homeless Youth Case Manager for the last few years before joining the LCMHB. I have a passion for social services and am greatly looking forward to seeing how I can best serve this wonderful community. I would like to offer extensive gratitude to the agencies we work with and the county for being so welcoming during this time of transition.

Many of you are aware a portion of our local taxpayer dollars fund two levies; the 708 Mental Health Board and the 377 Board for the Care and Treatment of Persons with a Developmental Disabilities. LCMHB has done a brilliant job collaborating with the area providers to ensure services are available for our county for individuals with mental health concerns, substance use, and developmental disabilities.

According to our local coroner, suicide rates (including drug related overdoses) have been at a disheartening increase over the last year, giving our community even more reason to put time and effort into the services we aid. After hearing those unfortunate numbers from the coroner, it makes me even more grateful for the portion of the Opioid Settlement funds that our County Board so graciously allowed to be allocated towards Institute for Human Resources (IHR) and the creation of the support groups in our community that we so desperately need. I am hopeful that over time we will continue to grow and strengthen as a community and provide services to even the most isolated and in-need person.

Without further ado, we present to you the LCMHB 2023 Annual Report. Our report will highlight the phenomenal agencies and programs in the community that we are grateful to be able to assist with funding. It will provide clarification on how our funds are distributed, provide transparency to our citizens that we are handling taxpayer funds with the utmost responsibility, and ensure that we are making strides every day to meet the needs of all the amazing inhabitants of Livingston County. If you have any questions, please contact us at the Livingston County Mental Health Board at 815-844-7708.

Sincerely,



Taylor Hartman, MSW

Executive Director

Livingston County Mental Health Board



Livingston County Operation Snowball

920 W. Custer Ave., Pontiac IL 61764 / 815-844-6109

- Operation Snowball is an adult/youth partnership focused on spreading an anti-drug, anti-alcohol message along with other positive choices. The concept is that one person does something nice, inspiring someone else to do something nice, and the positivity "Snowballs."
- Snowflake 2023 for 6th-8th grade students was hosted by Pontiac Junior High School on April 22, 2023 from 12-9pm. We had 53 students in attendance, including 3 PALS (Participants with Advanced Leadership Skills). The PALS were 8th grade students who joined us after Freshman Preview Night; they chose to help us plan an event in which they could participate and assist the high school leadership team. Our theme was "Lights, Camera, Action!" and we focused on what actions we can take to be leaders. We heard from a duo called Noble Sheep from Florida (who our high school leadership had seen at previous conferences) and a former Livingston County Operation Snowball member who shared the impact on her when someone in her family was battling addiction.
- Snowflurry 2023 for 4th and 5th grade students was hosted at the Pontiac Boys & Girls Club on November 4, 2023. We had 42 students in attendance...our largest post-Covid numbers for this event! The theme was "Dr. Seuss and the Story of Leadership" where our staff chose The Cat in the Hat, The Lorax, Oh the Place You'll Go!, and Green Eggs and Ham to illustrate various leadership traits that will help us in all stages of life – ensuring students know how to recognize positive and negative pressure, how to stand up for what they believe even if others disagree, understand they can be a leader anywhere at any time, and decide to take healthy risks (respectively).

SAFE JOURNEYS

formerly, ADV & SAS

510 N. Bloomington St., Streator IL. 815-672-2353/Crisis 815-673-1555

Safe Journeys is a not-for-profit agency providing free, confidential supportive services to survivors of domestic and sexual violence in Livingston and LaSalle Counties. In addition, in FY23, we began offering psychoeducational services to persons who use violence for power and control in their intimate relationships with funding from other sources.

A little over a year ago, we increased our staffing in Livingston County and moved to a larger office space. This has resulted in a significant increase of the number of Livingston County residents to whom we provided support.

Services provided to Livingston County residents include a 24-hour support line; safe housing; legal and medical advocacy; supportive counseling; information & referral; case management; and education in schools, for professionals, and for the community in general. All of these services are free of charge and are provided regardless of the survivor's age or gender.

Percent/ Funding:

In our FY23, funding from the Livingston County 708 Board made up 2.13% of our agency funding.

People Served:

Funding from the Livingston County Mental Health (708) Board allowed us to serve 74 unduplicated domestic violence survivors and 12 unduplicated sexual assault survivors from Livingston County from December 2022 through November 2023.

In addition to these clients, staff provided prevention education in schools and other agencies that work with children in Flanagan (Grade School, Junior High and High School), Fairbury (Prairie Central Elementary), Pontiac (High School, Junior High, and Grade Schools), and Odell (St. Paul), and Streator (Woodland Grade School). Staff also provided the following; story hour at Pontiac Public Library, presentation on teen dating violence to the Livingston County Commission on Children and Youth, human trafficking presentation to LaSalle County Health Department staff, tabling (awareness information) at KidsNic (Pontiac), National Night Out (Dwight), County Market (Pontiac).

People Served from These Towns:

Blackstone,
Chatsworth,
Cornell, Collum,
Dwight, Emington,
Fairbury,
Flanagan, Forrest,
Long Point, Odell,
Pontiac,
Saunemin, and
Streator



Mosaic

110 Water St., Pontiac IL 815-842-4166

Embracing God's call, Mosaic relentlessly pursues opportunities that empower people.

Mosaic is a faith based organization that has been providing supports to people with intellectual disabilities since 1913. Mosaic of Pontiac has provided residential supports to adults with intellectual disabilities in a variety of settings since 1982. Mosaic is committed to providing individualized supports based on the goals and dreams the person and their families have for them. We help people define their own happiness. We support and empower people in the pursuit of their goals. We help people create meaningful lives in caring communities and give voice to issues that affect people's lives.

Mosaic serves 46 individuals. Forty two are served in 24 hour CILA (Community Integrated Living Arrangements) homes across Pontiac and Dwight. We provide intermittent supports to one individual living in his own apartment and currently serve three individuals in the Mosaic At Home program. Mosaic at Home offers the most personalized services by integrating people into their caregivers home, life and community. Mosaic at Home works with Independent Contractors to provide personalized services for their unique needs and goals, achieving better outcomes.

377 Board Funding

Bills are covered for residents that are supported through Mosaic if there is no other funding source. Medicaid will not cover anesthesiology for dental work or extractions. Also, there are few dental/oral surgery providers that will accept Medicaid due to the low reimbursement rates. Summer camps are expensive especially for the individuals as they only receive a small personal allowance each month from their Social Security check.

Dental Bills:	\$5,000.00
Camp, Scholarships, Transportation:	\$3,000.00
Other:	\$3,000.00





INSTITUTE FOR HUMAN RESOURCES

Community Services

920 W. Custer Ave., Pontiac IL

815-844-6109

MENTAL HEALTH

Total Intake Referrals	500
Unduplicated Clients	2668
Crisis Contacts	477
SASS	145
Psych Rehab	75
MRT Group	67
Psychiatric Data	278

SUBSTANCE USE

Assessments	235
DUI Evaluations	51
Risk Education	37
Secretary of State Services	22
Out-Reach/Community Intervention	3513
Crises	39
Federal	1
Drug Screens	432
Vivitrol Updates	19
Drug Court	10

PREVENTION

Underage Drinking Prevention	333
Youth Vaping Prevention	236
Operation Snowflurry 4th and 5th	21
Operation Snowflurry High	14
Operation Snowflake Junior High	49
Operation Snowflake High	11

MEDIATION

Parents involved with mediation	55
Joint Sessions Completed	24
Agreements Achieved	12
Non-Agreements	11
Joint Sessions remaining in progress	8

In 2023, 2,554 youth and community members of Livingston County received some type of substance use prevention either through state-approved curriculum such as Project ALERT, Botvin’s Lifeskills, Too Good for Drugs—Elementary, or special programming such as Operation Snowflurry, Operation Snowflake, a communication campaign, a Drug Take Back event, or National Prevention Week Activities.

Youth Prevention Education—Middle School: Dwight Grade School, Pontiac Jr. High School, Prairie Central Jr. High School, Odell Grade School, and Flanagan Jr. High School all took part in providing evidence-based youth substance use prevention curriculum to their students. Within the schools implementing Botvin’s Lifeskills, we served 503 students. For the schools implementing Project ALERT we served 247 students for a total of 750 students served with middle school youth substance use prevention education.

Adaptive & Inclusive

Recreation (A.I.R.)

900 N. Elm St., Pontiac IL. 815-844-6818



- One of the Basketball teams for 2022-2023 season got 2nd place at State in March 2023.
- The A.I.R. Program was able to offer Special Olympics again, including Athletics, Bowling, and Basketball. They also offered Unified Bowling to those who didn't advance to Sectionals.
- Athletics Spring Games event: 25 athletes competed, the results were 21 Gold, 15 Silver, 4 Bronze and 2 4th place ribbons. The 21 Golds were amongst 17 athletes. Those 17 advanced to the Summer Games Competition. Summer Games resulted in 7 Gold, 3 Silver, 4 Bronze, 2 4th place ribbons, 2 5th place ribbons, 1 6th place ribbon and 1 7th place ribbon.
- Bowling: The A.I.R. Program had 30 athletes sign up, at Districts they received 11 Gold, 5 Silver, 9 Bronze, 2 4th place ribbons and 3 5th place ribbons. Gold medalists advance on to compete Sectionals. At Sectionals they received 3 Gold, 1 Silver, 3 Bronze, 3 4th place ribbons and 1 5th place ribbon. The 3 Gold medalist competed at State. They received 1 Gold, a 5th place ribbon and a 7th place ribbon.
- The A.I.R. Program had 3 basketball teams that started practicing in October, competition started in December 2023. The 3 teams equal 7 coaches, 3 managers, and 26 athletes.
- A.I.R. walked in the 2023 Thresherman's Day Parade.
- A.I.R. hosted a Talent Show with 18 acts performed, the top 3 acts got prizes.
- 5 athletes were selected to compete on the ISU Unified team for the 1st annual Special Olympics Unified Rivalry Game ISU vs EIU. The ISU team came out with the victory, winning by 1 point with 2.6 seconds remaining in the game.



210 E. Torrance Ave., Pontiac IL.. 815-842-1122

OVERVIEW

- 174 Individuals with disabilities received services at Futures Unlimited
- 377 and 708 funded programs provided services to 107 unduplicated persons, with some involved in more than one program
- 10 different programs and services offered at FUI
- 5-million-dollar annual budget; 6.42% of FY22 budget from 377-708 Boards
- Persons served have disability or functional limitation including developmental disabilities, mental illness, physical disabilities, Autism, or addictions
- Paid work training is offered through:
 - Contracts with area businesses
 - Work in Seedballz, a microbusiness operated by FUI

SUPPORTED EMPLOYMENT

Services provide job coaching and follow-up to help individuals work successfully at community jobs.

- 6 persons worked in the community with Job Coach supports funded by the 377 and 708 Board
- Individuals worked at 8 different businesses; all individuals were hired directly
- 10 additional individuals worked in-house at FUI and received job coaching supports
- 219.75 hours of individualized job coaching and 157.75 hours of transportation supports provided; 572.5 hours of in-house supported employment

EMPLOYMENT SERVICES

Provides individualized training including classes, paid work training, service facilitation, and supports to assist person to obtain community jobs.

- 62 persons served
- 6498.5 hours of individualized service (708 funded 3956.5 hours and 377 funded 2542 hours of service)
- 16 persons obtained community jobs
- 48% of persons served are under age 30
- 26% of persons served have a felony or misdemeanor conviction
- 48% of persons served have a mental illness

2023 Infant Toddler Enrichment Program

The Infant Toddler Enrichment Program is operated by OSF Saint James John W. Albrecht Medical Center 2500 W. Reynolds St., Pontiac Il.
815-844-3892

The program provides children in Livingston County from birth through three years of age the following services: Identification of children at risk of developmental delays, identification and referral of children with developmental delays, developmental education, developmental stimulation and environmental enrichment. The 377 Board funds those infants and toddlers that do not meet the standards of delay, but there is enough concern for the development of the child.

Children Screened	17
Referrals Made Due to Screenings	12
Case Management referral for further evaluation	20
AR Onsite Eligibility Assessment	1
Children Served in Transition Playgroup	15

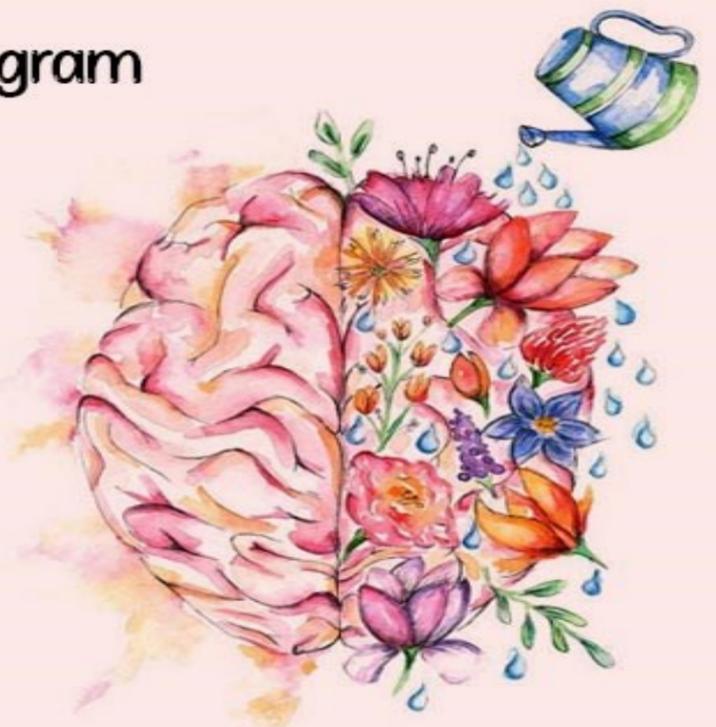
Your Mental Health

IS MORE IMPORTANT THAN:

- Someone else's perception of you
- Your to-do list
- Your job title
- Your follower count on Instagram
- The number on the scale
- Your appearance
- A meeting on your calendar
- The size of your house
- Your weekend plans
- Making everyone else happy

| TheMindsJournal

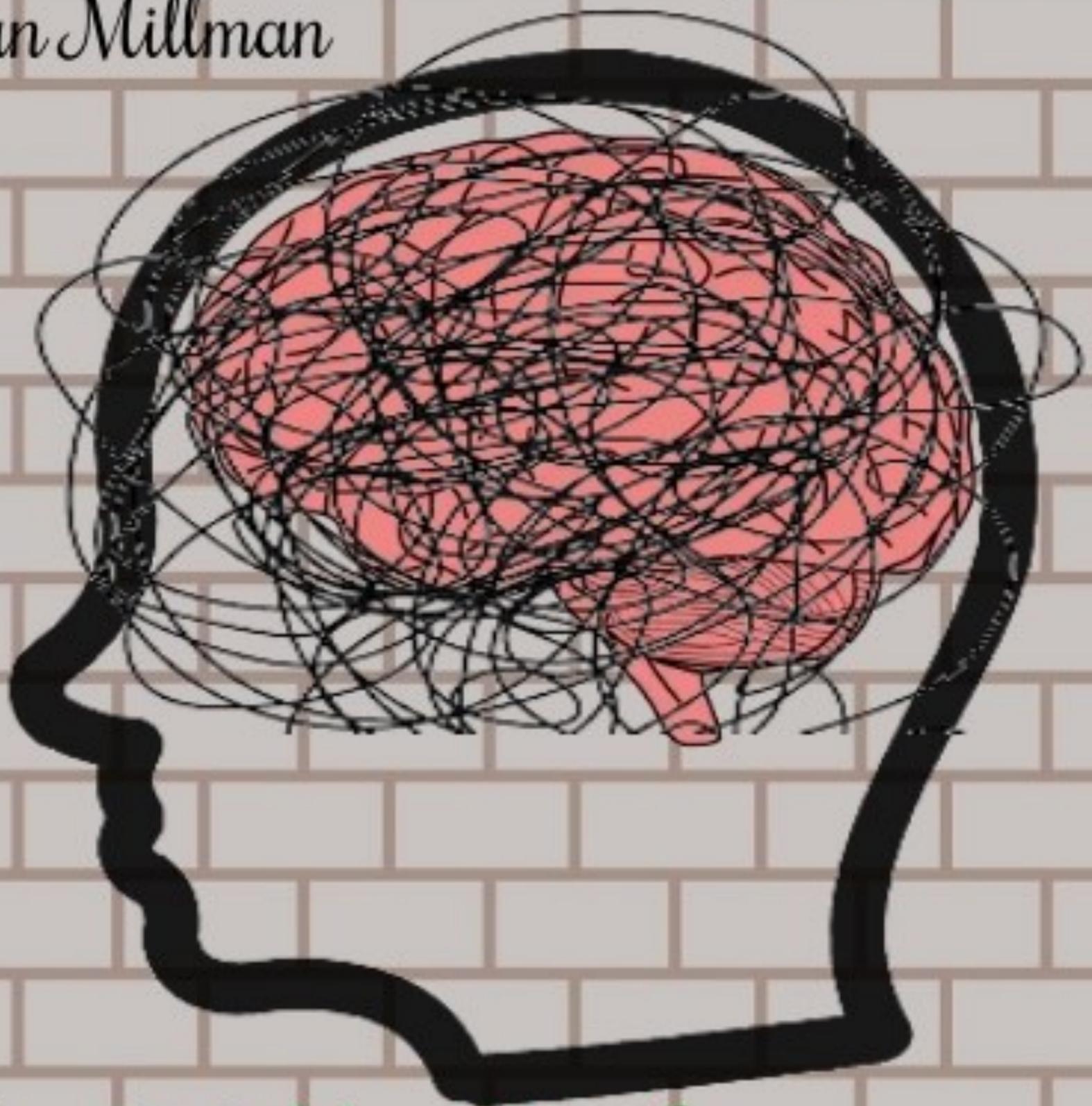
MINDJOURNAL



You don't have to control
your thoughts.

You just have to stop letting
them control you

- Dan Millman



Mental Health Awareness

Livingston County Mental Health 708 Board
Income & Expense Summary
Fiscal Year 2023
(unaudited)

Beginning cash balance - December 1, 2022	\$1,385,432
Income:	
Liv. Co. tax funds	888,341
Liv. Co. 377 Board admin/fees	97,477
Liv. Co. Youth Commission admin/fees	65,774
RFP - Medicaid	16,991
Interest income	3,523
Rental income	3,300
Misc. income/donations	292
Total Income:	1,075,697
Expenses:	
<u>Purchase of Service</u>	
Futures Unlimited, Inc.	68,204
Institute for Human Resources	719,476
Institute for Human Resources - RFP Medicaid	22,194
Safe Journeys	48,243
Operation snowball	5,316
Service development	4,930
Total Purchase of Service	868,363
<u>Board Expenses</u>	
Staff salary & benefits	226,032
Travel & meals	741
Professional dues/expenses	2,425
Contractual services	4,359
Equipment	2,743
Lease/rent	6,500
Commodities/supplies	2,484
Board member expense	462
Total Board Expenses	245,746
Total Expenses	\$1,114,109
Cash balance - First Financial Bank	
First Checking Fund	46,094
First Money Fund	844,553
Certificate of Deposit	500,000
Payroll Clearing Fund	2
Ending cash balance - November 30, 2022	\$1,390,649

Livingston County Mental Health 377 Board
Income & Expense Summary
Fiscal Year 2023
(unaudited)

Beginning cash balance - December 1, 2022	\$574,768
Income:	
Liv. Co. tax funds	416,654
Interest income	3,787
	Total Income: 420,441
Expenses:	
<u>Purchase of Service</u>	
Futures Unlimited, Inc.	283,246
O.S.F. - St. James	10,426
Mosaic	9,573
Adapted and Inclusive Recreation	8,499
Service development	5,199
	Total Purchase of Service 316,943
<u>Board Expenses</u>	
Staff salary & benefits	88,154
Travel & meals	380
Professional dues/expenses	1,193
Contractual services	3,527
Equipment	1,406
Lease/rent	2,470
Commodities/supplies	1,241
Board member expense	458
	Total Board Expenses 98,829
	Total Expenses \$415,772
Cash balance - First Financial Bank	
First Checking Fund	50,830
First Money Fund	326,482
Certificate of Deposit	200,000
Ending cash balance - November 30, 2023	\$577,311

Livingston County Premise Alert Program

Registration Agreement



The Premise Alert Program (PAP) exists to assist emergency responders with information critical in helping provide the appropriate response and services. It is completely voluntary. Please identify the appropriate choice:

- Alzheimer's/Dementia
- Autism
- Down's Syndrome
- Deaf/Hard of Hearing
- Vision Impaired
- Physical Disability
- Developmental Disability
- Communication Disorder
- Other Disorder _____

- Mental Illness
- Mood Disorder
 - Psychotic Disorder
 - Impulse Disorder
 - Anxiety Disorder
 - Childhood Disorder
 - Other _____

Other Information you feel responders should know: _____

Date of Registration: _____
Registrant Name: _____ (Last) _____ (First) _____ (MI)
Date of Birth: _____
Address: _____
_____ (Signature)

If you are the parent or court appointed legal guardian of the person being registered, please complete the following.

Printed (Full Legal Name)

Signature

- I am the
- Parent of the registrant
 - Legal guardian of the registrant

* By registering into the Premise Alert Program, I also agree to the terms/conditions (on back):

11/05/2020

Send Completed registration forms to: Drop Off: at your local Police Dept. Mail to: VCOM, 844 W. Lincoln Ste. B, Pontiac, IL 61764 or Email to: rwittenberg@livingstoncountyil.gov or FAX to 815-844-7399
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Livingston County Premise Alert Program Terms and Conditions

By registering for this program, I agree to the following terms/conditions.

- I understand the Livingston County Premise Alert Program is authorized by 430 ILCS 132/1 et seq. and all participants are entitled to the full protections under the statute.
- I authorize the application information to be entered in the Livingston County Law Enforcement Premise Alert databases.
- I understand that providing this information is voluntary on my part.
- I understand the, Chatsworth, Dwight, Fairbury, Pontiac, and Streator City Police Agencies, and the Livingston County Sheriff, and VCOM 911 intend to use the information to assist their employees and officers in responding to police calls for service.
- I understand providing this information does not obligate the Chatsworth, Dwight, Fairbury, Pontiac, Streator City Police Agencies, the Livingston County Sheriff or VCOM 911, its agents, employees and officers in any manner.
- I hereby release and waive any claim that I may have or that may arise against the Chatsworth, Dwight, Fairbury Pontiac, Streator City Police Agencies or the Livingston County Sheriff, VCOM 911, their officers, employees or agents as a result of the use or further transmission of this information, or the failure to provide this information, or the failure to act in accordance with this information. I further agree to hold the City of Chatsworth, Dwight, Fairbury, Pontiac, Streator City Police, Livingston County Sheriff, and VCOM 911, their officers, employees or agents harmless from any damages caused as a result of the use or failure to use this information.
- I understand that I may have this information removed from the database any time by submitting a request in writing.

Mission Statement

The mission of the Livingston County Mental Health Board is to assure that a comprehensive and coordinated community based system of effective and efficient mental health, developmental disability and substance use services is available and accessible to all the residents of Livingston County in need of such services.

Livingston County Mental Health Board **708 Board Members**

Jack Vietti - President

Edward Legner – Vice President

Rose Smith– Secretary (ending of June 2023)

Pam Stone – Secretary

Debbie Studnicki – Treasurer

Gary Beier

Lynette Barnett (ending of May 2023)

Clark Reamer (beginning July 2023)

Barb Schlatter (beginning June 2023)

Livingston County Board for the Care and Treatment **of Persons with a Developmental Disability**

377 Board Members

Robert McCarty – President

Vicki Day – Vice-President

Chris Johnson – Secretary

708/377 Board Staff

Phone: (Office) 815-844-7708

Christine Myers - Executive Director (ending December 2023)

Taylor Hartman - Executive Director (beginning October 2023)

Lauren Watts - Family Support Specialist (ending February 2023)

Beth Baillie - Family Support Specialist (beginning March 2023)

Amy Zick - 708/377/LCCCY Financial Officer (ending May 2023)

Meg Gillette - 708/377/LCCCY Office Manager (ending May 2023)

Meg Gillette - 708/377/LCCCY Financial Officer (beginning May 2023)

Tanya Melvin - 708/377/LCCCY Administrative Assistant (beginning August 2023)

Positive Coping Skills

N Y G R E W O H S T O H A E K A T E M W K N E L
 O W P D E O J J Y N T B E X K A N E W R H J R L
 K V I E I P R K F N A C D R Y T G P V C N Z T H
 K D U E H D I G D G X Z Y C H A N S G E F P D W
 F X R P E Y H B R Y C C S E K Z L H X R C K C N
 A W V B Z G W A F S Y A Q V L L A B Z E O E A X
 I S F R B A O X I P P D P U T X I U A Q U T L S
 B T V E E U M F D H Q Z W R T X H F N Z N M L M
 T S W A C T J F O J B I U I Z G K Y P T T F A E
 H G A T Y N Y D W R Z F Z B N B Q Q M T I K F D
 P M F H A O J A T U A I Y I Q K O R P G N T R I
 M Y I I P M O W N S B W D T Y B X K R A G U I T
 Y Y B N U B H Q Z P L A A E S G M U B L T L E A
 F X J G J R E S K T E P X L K V F N Y L O P N T
 V L R R L J W K C R P E K B K V G N J A T N D I
 Y Q F M W Z V U K K R O Z U F Z X Y G M E Y O O
 Z P C W W X C U C C B S P X Y A S L E E N I O N
 F V A M U U S N I S U W Y G T S G X V G K U X T
 U E K G Z J H S M P K E A I B N N W V Z X U R U
 M Z A V O M I F C M S H K G L T I Q F T H L M L
 T F V I N N G Y D N Z D B Z O Q W J B F L P O Z
 K Y J A G X P H X O Z D P K M Y A B Q H N H H F
 X O L P V B W G M N X V H B X P R U R Y Y F M C
 S H E G X B J L L L H F H L P W D P I U E R J J

call a friend
 drawing
 meditation
 yoga

counting to ten
 exercising
 reading

deep breathing
 go for a walk
 take a hot shower

Mental health word search

K F A A N G R Y V L V G O U X E O
 T V R J D I Q B K D P J L T C V N
 S U R P R I S E D M I M X U Q I W
 M A R W M O B X T E R S Q G R T C
 E Q Y Q E O Q E X N D F O N B C Z
 V L H I R D V C C T N O W R O A M
 C T J E R E I O F A S I Y J D R I
 D P D Q Y T N J B L U P Y S P E P
 L E P S E F B E H H O I J E S P R
 C W G D U N P A O E V E G U Q Y B
 A O V S X P B L B A R N K S N H H
 U A E R P W O O S L E N K S T D L
 T D L N N V T U N T N N Y I L J C
 I J H S E T M S Q H I Q G B I L Z
 O W S H A P P Y A F R A I D R A Q
 U C I T A T S C E P L O U L J F X
 S V C G U C E S X O D E G A R N E

Mental health	Disorder	Jealous	Bored
Angry	Happy	Enraged	Excited
Ecstatic	Confused	Cautious	Afraid
Nervous	Surprised	Hyperactive	Issues

