

2019 ANNUAL REPORT

LIVINGSTON COUNTY MENTAL HEALTH (708) BOARD

AND

**LIVINGSTON COUNTY (377) BOARD FOR THE
CARE AND TREATMENT OF PERSONS WITH
A DEVELOPMENTAL DISABILITY**

**310 E. TORRANCE AVENUE, P.O. BOX 504
PONTIAC, IL 61764**



**DECEMBER 1, 2018
TO
NOVEMBER 30, 2019**

From the Executive Director

February 20, 2020

Dear Residents of Livingston County,

The Livingston County Mental Health Board (LCMHB) has been proudly serving the residents of our county for over 50 years. The LCMHB is a governmental unit of Livingston County, Illinois. The legal obligations for the Board are set forth in the Community Mental Health Act, Illinois Compiled Statutes, Chapter 405, Act 20. Through leadership, resource management, and allocation of tax levy funds, the LCMHB seeks to support services, programs, and projects that embody meaningful, real life outcomes for people who are striving to attain and sustain recovery; build resilience; and work, learn, live, and participate fully in our community.

The LCMHB believes and acts on the knowledge that “Prevention” works. There are many services and programs that provide Prevention Services in our schools and towns. Institute for Human Resources (IHR) has counselors in seven schools and in three medical clinics across our county. Operation Snowball, through IHR, is also in many schools promoting Leadership and Substance Free lifestyles. Safe Journeys is present in many schools and community events providing education on Safe Dating, Good Touch/Bad Touch, and What is Abuse. Prevention efforts, treatment, recovery support services for mental illness, substance use disorder, and intellectual and developmental disabilities are essential components of health service systems and community-wide strategies. Integrated health is what we all need to be aware of as it encompasses our physical health, mental health, and social well-being.

The LCMHB pledges to make educated and informed appropriations of mental health, substance use, and developmental disability tax dollars to agencies in our county. We believe that the quality of life for the entire population in Livingston County’s service area has improved with the millions of dollars in services provided over the past 50 years.

Christine Myers
Executive Director
Livingston County Mental Health Board
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Pontiac, IL 61764
815/844-7708
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“Mental illness is nothing to be ashamed of, but stigma and bias shame us all.” Bill Clinton



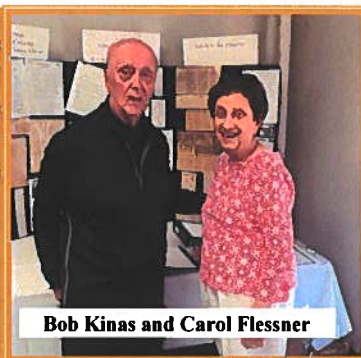
Mission Statement

The mission of the Livingston County Mental Health Board is to assure that a comprehensive and coordinated community based system of effective and efficient mental health, developmental disability and substance abuse services is available to all the residents of Livingston County in need of such services.

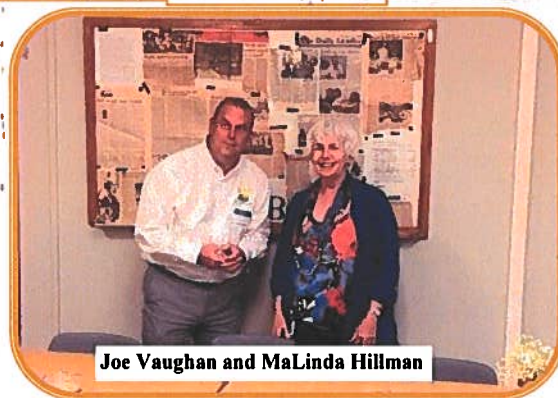
Livingston County Mental Health 708 Board



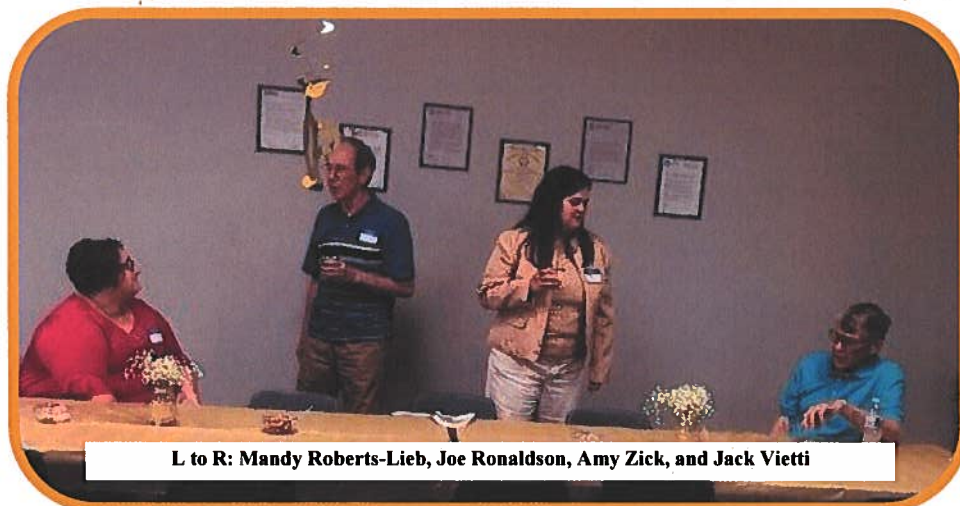
Jack Vietti and Chris Myers



Bob Kinas and Carol Flessner



Joe Vaughan and MaLinda Hillman



L to R: Mandy Roberts-Lieb, Joe Ronaldson, Amy Zick, and Jack Vietti

President John F. Kennedy set forth his own bold vision for mental health in America when he signed the Community Mental Health Act of 1963, stating that people with mental illness or intellectual disabilities “need no longer be alien to our affections or beyond the help of our communities.”

Over 50 year later...”Address mental health and we’ll address our criminal justice issues, we’ll address a lot of our health-care issues, we’ll address a lot of our education issues, and we’ll address a lot of our economic issues. The ripple effect of doing the right think in mental health is enormous.” Patrick J. Kennedy

- Mental health and substance use disorder are predicted to become the leading cause of disability worldwide by 2020.
- 1 in 5 U.S. adults live with mental illness.
- 56% of adults with mental illness **do not** receive treatment.
- For 75% of adults, the onset of mental health disorders **occurs before age 24**.
- Three-quarters of those struggling with addiction to opioid, alcohol, pain medications, and other substances for common mental disorders are employed.
- Workers with substance use disorders **miss nearly 50% more work days** than their peers – Up to six weeks annually – and **absenteeism leads to losses in productivity**.
- **For every \$1** invested into scaled up treatment for common mental disorders, **there is a return of \$4** in improved health and productivity.
- **Work and mental health are inextricably linked**. 61% said that their **productivity** was affected by their mental health. 37% said that their **work environment** contributed to their symptoms.
- People living with mental illnesses and addictions often **live shorter and sicker lives** because of untreated and preventable chronic illnesses.

Operation Snowball

Operation Snowball is an alcohol and other drug use prevention program that focuses on leadership development to promote youth to lead drug-free lives. The name originates from the idea, if I have a positive impact on you, you can have a positive impact on someone else and the effect “Snowballs”.

# of Student participants, 4 th – 5 th grade (Snowflurry):	48
# of High School Staff assisting the event:	26
# of Students participants, 6 th – 8 th grade (Snowflake):	76
# of High Students participants assisting the event:	38



Operation Snowflurry in November 2019 held at the Livingston County Boys and Girls

The Institute for Human Resources

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The mission of the Institute for Human Resources (IHR) is to provide a continuum of quality mental health and substance use services ranging from education and prevention through treatment and aftercare for residents of Livingston County. The need for mental and substance abuse treatment continues to outpace the current resources. IHR provided over 31,000 hours of direct treatment interventions in 2019. IHR was able to treat over 3,000 unduplicated clients in 2019.

Clinical Department

Total Clients	1,831
• Adults	1,327
• Children	504

Substance Abuse Department

Total Clients	437
• DUI Evaluations	55
• Substance Abuse Assessments	264
• Intensive Outpatient	108
• Risk Education for DUI Program	22
• DUI Updates	30
• Total Outreach/Community Interventions	1,140

Substance Abuse Prevention

Total Children	2,162
Operation Snowball	
Students (4 th -8 th grade)	124
Total High School Staff	64

Psych Rehab Department

Total Clients	69
• New Referrals (screens)	9
• Discharged	4
• Hospitalized	12

Psychiatric Department

Total Clients	259
New Psychiatric Evaluations	163
Sherril Bowald	113
Dr. Puga	50
• Adults	172
• Children	87

Jail Program

Total Clients	137
• Males	96
• Females	41

Specialized Services

Total Clients	8
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Crisis Program

Total Clients	237
• Male	121
• Female	116
Crisis Calls	712
Crisis Assessments	587
Total Psychiatric Hospitalizations	73
• Adult	47
• Children	26

SASS Program

(Screening Assessment Support System)	
Total Clients	54
Total SASS Screens	99
• Male	27
• Female	27
• Hospitalization	22
• Deflection Services	77
• Transferred	7

Outreach Programs

Total Clients	300+
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OSF Medical Centers in

- Fairbury, Flanagan, and Cullom
- ### Area Schools Include
- Prairie Central, Pontiac, Dwight, Tri-Point, and Woodland High Schools
 - Prairie Central Junior High

Mediation Clients

Total Clients	86
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IHR Budget for FY2018

DHS-DMH	33%
708 Board	28%
DASA	11%
SASS	4%
Client Fees	10.5%
Insurance	10.5%
Public Aid/Medicare	2%
Other Service Fees	1%

Safe Journeys is a not-for-profit agency providing supportive services to survivors of domestic and sexual violence in Livingston and LaSalle Counties. Previously known as ADV & SAS, the agency changed its name in July 2018. The new name reflects that healing from domestic and sexual violence is a journey for survivors who may need to access our services throughout their journey.

Services provided to Livingston County residents include a 24-hour support line; safe housing; legal and medical advocacy; supportive counseling; information & referral; and prevention education in schools, for professionals, and for the community in general. All services are free of charge and are provided regardless of the survivor's age or gender.

Total Number of People Served: From December 2018 through November 2019, the agency served 49 unduplicated domestic violence victims and nine unduplicated sexual assault survivors from Livingston County. In addition to these clients, staff provided prevention education in schools and other agencies that work with children and persons with disabilities in Chatsworth (Prairie Central East), Dwight (Grade and Junior High Schools), Fairbury (Prairie Central Elementary), Flanagan (Grade School and High School), Forrest (Prairie Central Junior High), Pontiac (High School, Junior High, Central Grade School, Lincoln Grade School, Washington Grade School), Odell (St. Paul), Saunemin (Grade School), and Streator Woodland. More than 2,000 students were reached through prevention programming. Presentations were also made to social services agencies in the County. Staff also are lead participants in a task force in Livingston County that addresses systems change related to domestic and sexual violence.

People Served From These Towns: Cornell, Cullom, Dwight, Fairbury, Flanagan, Forrest, Long Point, Manville, Odell, Pontiac, Saunemin, and Streator.

Percent/Funding: Funding from the Livingston County 708 Board made up 3.18 percent of our agency FY19 budget.



OVERVIEW

- 310 Individuals with disabilities received services at Futures Unlimited
- 377 and 708 funded programs provided services to 177 unduplicated persons, with some involved in more than one program
- 10 different programs and services offered
- 5.9 million dollar annual budget; 8% from 377 and 708 Boards
- Persons served have a disability or functional limitation including developmental disabilities, mental illness, physical disabilities, autism, or addictions
- Paid work training is offered through:
 - Contracts with area businesses
 - Work in microbusinesses operated by FUI, including SeedBallz, Deluxe Details car detailing, and contract cleaning services

Residences of Persons Funded by 377 and 708 Boards	
Pontiac	130
Forrest	3
Chatsworth	8
Cornell	1
Fairbury	12
Cullom	3
Flanagan	4
Dwight	3
Saunemin	2
Odell	2
Other	9

SUPPORTED EMPLOYMENT services provide job coaching and follow-up to help individuals work successfully at community jobs.

- 27 persons worked in the community with Job Coach supports funded by the 377 and 708 Board
- 1919.25 hours of individualized coaching service provided
- Individuals worked at 18 different businesses; 10 were hired directly by the business; the remainder worked as part of a community contract with FUI
- A contract with Exact Packaging gave 26 individuals short-term work opportunities; 396.5 hours of Job Coaching supports were provided at this site

EMPLOYMENT SERVICES provides individualized training including classes, paid work training, service facilitation, and supports to assist person to obtain community jobs.

- 135 persons served
- 20,938.75 hours of individualized service (708 funded 14,066.75 hours and 377 funded 6,872 hours of service)
- 39 persons obtained community jobs
- 45% of persons served are under age 30
- 41% of persons served have a felony or misdemeanor conviction
- 61% of persons served have a mental illness

COMMUNITY SUPPORT services provide assistance for individuals to learn and reinforce skills so they can live independently.

- 12 persons served
- 781.5 hours of individualized service

PILOT PROGRAM FOR INDIVIDUALS ON PUNS WAITING LIST provided peer small group activities for individuals who do not otherwise receive FUI services.

- This year 2 persons participated; several who were previously involved have been selected for services from the state PUNS list.

COMMUNITY DAY SERVICES includes classes, volunteer activities, work training, socialization, and community activities for clients with an intellectual disability diagnosis.

Futures Unlimited provides many services as pictured below.



Jason cleaning a SUV for Deluxe Details.



Kiana loves working on SeedBalz.



James is working on his goals with Sue, his QIDP.

Infant Toddler Enrichment Program

The Infant Toddler Enrichment Program is operated by OSF Saint James John W. Albrecht Medical Center. The program provides children in Livingston County birth through three years of age the following services; identification of children at risk of developmental delays, identification and referral of children with developmental delays, developmental education, developmental stimulation and environmental enrichment.

2019

Children Served in Playgroup	18
Children Screened	53
Referrals Made Due to Screenings	14
Case Management referral for further evaluation:	70



Adaptive & Inclusive Recreation (AIR)

What is A.I.R.?

Adaptive & Inclusive Recreation (A.I.R.) is a county-wide therapeutic recreation program which focuses on the personal development of individuals who are unable to participate in a traditional recreation program. The A.I.R. program promotes the four aspects of health (physical, mental, emotional, and social) through various activities focusing on physical development and athletics, leisure activities, and fine arts. A.I.R. is sponsored by the City of Pontiac through their Parks & Recreation Department.

Who Is Eligible?

Individuals whom are unable to have their therapeutic recreational needs met by traditional programs are eligible to participate in A.I.R. programs. This includes: Individuals with developmental, physical and/or learning disabilities; sensory, genetic, and/or behavior disorders; autism or emotional difficulties. Eligibility is also extended to those living in group homes and nursing homes.

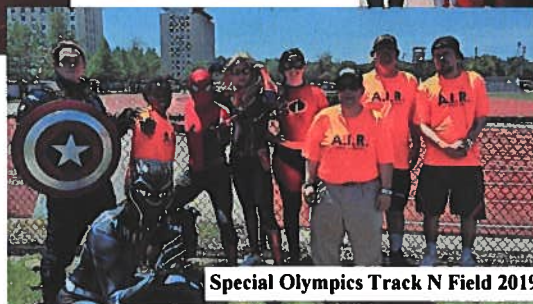
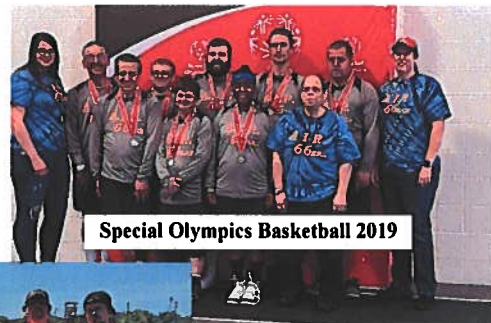
Mission Statement

The A.I.R. program is designed to maintain and enhance the quality of life for individuals with disabilities through comprehensive, specialized recreation programs, activities and special events.

Statistics for FY19

In 2019, there were 127 events/classes/activities held such as game night, karaoke, dances, and talent shows. This also includes Special Olympic Sports practices and games for the following sports:

Basketball	(3 teams)	27 athletes
Bowling		36 athletes
Track		34 athletes



Embracing God's call, Mosaic relentlessly pursues opportunities that empower people.

Mosaic is a faith based organization that has been providing supports to people with intellectual disabilities since 1913. Mosaic of Pontiac has provided residential supports to adults with intellectual disabilities in a variety of settings since 1982. Mosaic is committed to providing individualized supports based on the goals and dreams the person and their families have for them. We help people define their own happiness. We support and empower people in the pursuit of their goals. We help people create meaningful lives in caring communities and give voice to issues that affect people's lives.

Mosaic serves 46 individuals. Forty are served in 24 hour CILA (Community Integrated Living Arrangements) homes across Pontiac and Dwight. We provide intermittent supports to one individual living in his own apartment and currently serve five individuals in the Mosaic At Home program. Mosaic at Home offers the most personalized services by integrating people into their caregivers home, life and community. Mosaic at Home works with Independent Contractors to provide personalized services for their unique needs and goals, achieving better outcomes.

377 Board Funding

Dental Bills:	\$2,626.90
Camp, Scholarships, Transportation:	\$3,135.00
Other includes:	\$3,453.48
Household supplies, Rec Center passes, Wheel chair parts and, a bowling party	



Above photos: Individuals from Mosaic enjoying many activities.



**It is not our differences that divide us.
It is our inability to recognize, accept, and celebrate those differences.**

Livingston County Mental Health 708 Board

Income & Expense Summary

Fiscal Year 2019

(unaudited)

Beginning cash balance - December 1, 2018 **\$ 1,370,849.67**

Income:

Liv. Co. tax funds	894,684.20
Liv. Co. 377 Board admin/fees	82,213.88
Liv. Co. Youth Commission admin/fees	47,868.16
Liv. Co. Case Co. admin/fees	144,240.62
RFP - Medicaid	8,193.91
Interest income	706.16
Misc. income/donations	1,028.05

Total Income: \$ 1,178,934.98

Expenses:

Purchase of Service

Futures Unlimited, Inc.	209,900.00
Institute for Human Resources	545,969.00
Institute for Human Resources - RFP Medicaid	7,210.64
Safe Journeys	36,674.01
Operation snowball	5,640.00
Service development	1,849.68

Total Purchase of Service 807,243.33

Board Expenses

Staff salary & benefits	341,060.64
Travel & meals	4,180.61
Professional dues/expenses	4,428.20
Contractual services	17,790.19
Equipment	4,277.03
Lease/rent	6,500.00
Commodities/supplies	5,693.34
Board member expense	758.82
Audit	900.00

Total Board Expenses 385,588.83

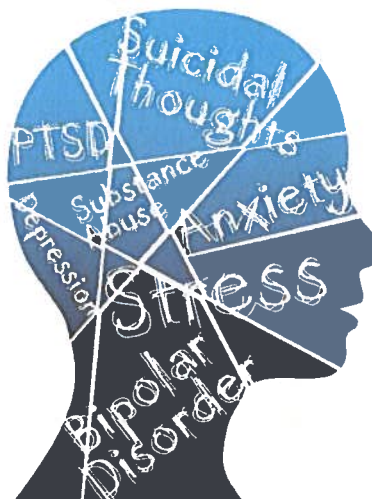
Total Expenses \$ 1,192,832.16

Cash balance - First Financial Bank

First Checking Fund **32,036.75**

First Money Fund **1,324,915.74**

Ending cash balance - November 30, 2019 **\$ 1,356,952.49**



Livingston County Mental Health Board
708 Board Members

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Jack Vietti - President
Edward Legner – Vice President
Vicki Day - Secretary
Debbie Studnicki – Treasurer
Mark Donovan
Rose Smith
Steve Tock (Feb 2003-May 2019)
Jane Anderson (new June 2019)

Livingston County Board for the Care and Treatment
of Persons with a Developmental Disability
377 Board Members

Robert McCarty – President
Vicki Day – Vice-President
Mary Etta Mullen – Secretary

708/377 Board Staff
Phone: (Office) 815-844-7708

Christine Myers – Executive Director
Alisha O’Boyle—ISC Program Manager (6/2003-6/2019)
Jamie Lenox—Independent Service Coordinator/ISC (2/2015-6/2019)
Amanda Roberts-Lieb—Family Support Specialist
Amy Zick—708/377/LCCCY Financial Officer
Janice Golliday—708/377/LCCCY Administrative Assistant/
Health & Safety Officer

Website: lcmhb.com



L to R.—Steve Tock is recognized for 16 years of service to the 708 Board by President Jack Vietti.