

2021 ANNUAL REPORT

**LIVINGSTON COUNTY MENTAL HEALTH
(708) BOARD**

AND

**LIVINGSTON COUNTY (377) BOARD
FOR THE CARE AND TREATMENT
OF PERSONS WITH A
DEVELOPMENTAL DISABILITY**

**310 E. TORRANCE AVENUE, P.O. BOX 504
PONTIAC, IL 61764**

**DECEMBER 1, 2020
TO
NOVEMBER 30, 2021**



From the Executive Director

Dear Residents of Livingston County,

For many, 2021 was another challenging year with of course Covid-19, social and political upheavals, economic and workforce shortages, and the resulting rise in mental health issues that our communities face. The agencies, that support people with developmental disabilities, substance use, and mental health issues did not close their doors during this Pandemic; they forged on to meet the needs of the citizens in Livingston County.

In a recent survey, 15% of Americans who used alcohol in the prior year reported that they were drinking "a little more or much more" than they did before the Covid-19 Pandemic began. This is why the programs, such as Institute for Human Resources, Futures Unlimited, Safe Journeys, and OSF Infant Toddler Enrichment Program are so important to meet the needs of citizens who may need help now more than ever. Your taxes that support the 708 Mental Health Board and the 377 Board for the Care and Treatment of Persons with a Developmental Disability levies, fund programs and services in our County that have no other funding stream. What if you didn't have insurance or have a very high deductible and need to see a therapist? What if your infant was delayed in their development? What if you and your children need a safe place to stay as your spouse is abusing you? It is important to each of us that these services be available right here in Livingston County. We are all valued citizens and "Normal is a setting on a washing machine" not labels on people.

The LCMHB presents to you their 2021 Annual Report to highlight the great agencies/programs in our County, how our funds are distributed, and to assure every taxpayer that we are fiscally responsible, accountable, and strive to meet the priorities of the citizens of our great county. If you have any questions, please contact us at the Livingston County Mental Health Board (LCMHB) at 815/844-7708.

Sincerely,



Christine Myers, Executive Director
Livingston County Mental Health Board

**Everyone you meet is fighting a battle you know
nothing about. Be kind. Always.**



New Livingston County Health Department Building

In 2021, did you know...

- Five adults committed suicide in Livingston County. Never ignore someone's suicide threats, suicide is preventable. IHR answered 646 crisis calls in 2021. Their phone 815/844-6109 is answered 24/7.
- Twelve people died from drug usage in Livingston County. This included fentanyl, opioids, amphetamines, horse tranquilizers, and alcohol. Livingston County has a Prescription Pill and Drug Disposal Program (P2D2).
- IHR completed 199 Substance Use Disorder assessment with 90 of those people successfully discharged. IHR completed 55 DUI evaluations. They offer Vivitrol treatment (a medication used to block the dependence/relapse of substance abuse), outpatient SUD services, and numerous prevention programs.
- Eight Livingston County residents were enrolled in the Drug Court, 2 graduated, 2 unsuccessful. IHR and the Livingston County Health Department (LCHD) are working in partnership to reduce harm to individuals and prevent overdose-related deaths. Free naloxone kits and training on how to administer this life-saving drug are available through the LCHD by appointment.
- The LCMHB paid almost \$3,000 in dental bills for individuals with developmental disabilities that are supported through services at Mosaic.
- The Livingston County Premise Alert Program allows individuals with special needs to be registered in the VCom 911 system so that responding law or emergency officers have pertinent information to respond to the call in a more effective manner. By the end of 2021, 17 individuals were registered for the Premise Alert Program.
- IHR provided 455 clients with 1,353 hours of outreach mental health services at schools, OSF Medical offices, Alternative School, and the Boys & Girls Clubs of Livingston County. 50% of mental illness begins by age 14 and 75% begins by the time the brain is fully developed in the mid 20s.
- The Behavioral Health Navigator through OSF made 127 referrals to services in our community.
- IHR served 2,810 unduplicated individuals in their outpatient mental health program and also completed 192 Psychiatric Evaluations.
- There were 56 Orders of Protection filed in Livingston County.
- Safe Journeys reported 51 domestic violence victims and 6 sexual assault survivors. Their 24-hour hotline (800) 892-3375 provides information and help. They also provide confidential emergency shelter for victims and their children.
- Through the Livingston County Clerk's office, there were 82 Aggravated Domestic Battery, 6 Aggravated Criminal Sexual Abuse, 14 Aggravated Sexual Assault, 147 DUI's related to alcohol, 13 DUI's related to drugs, and 352 drug related charges.
- In 2021, Project Oz served 77 youth between the ages of 11-23 yrs. old, offering emergency placement and/or case management. Since 2019, Project Oz has been sharing office space with the LCMHB in order to provide these youth services within Livingston County.
- In 2021, the LCMHB spent 81% of their tax levy funds on the Purchase of Services to the various agencies in Livingston County that support people with developmental disabilities, mental illness, and substance use issues. Only 19% was used for administrative costs.

Operation Snowball

Operation Snowball is an alcohol and other drug use prevention program that focuses on leadership development to promote youth to lead drug-free lives. The name originates from the idea, if I have a positive impact on you, you can have a positive impact on someone else and the effect "Snowballs".

FY 2021 statistics are included in the IHR report on the next page under Substance Use Prevention.



The Institute for Human Resources

The mission of the Institute for Human Resources (IHR) is to provide a continuum of quality mental health and substance use services ranging from education and prevention through treatment and aftercare for residents of Livingston County. The need for mental and substance use treatment continues to outpace the current resources. IHR provided over 31,000 hours of direct treatment interventions in 2021. IHR was able to treat 2,807 unduplicated clients in 2021.

Clinical Department

Total Clients	2,807
Male	1,405
Female	1,402

Substance Use Department

Substance Use Assessments	199
Admitted into Intensive Outpatient Treatment or Early Intervention	158
*Successfully discharged	90
*Unsuccessfully discharged	78
*No treatment recommended	17
*Did not complete assessment	21
*Declined services	3
*Remaining from previous year	
Risk Education Classes	26
DUI Evaluations	55
DUI Secretary of State Updates	22
Substance Use Crises	83
Drug Screens	511
Investigative Report &/or update	4
Vivitrol Treatment	16
Drug Court Participants	5
Total Outreach/	2603

Community Interventions

Substance Use Prevention

Total Children	2,334
Operation Snowflurry	Pontiac
Students (4 th -5 th grade)	58
High school volunteers	23
Operation Snowflake	Virtual
Students (6 th -8 th grade)	16
High school volunteers	13

Other substance use prevention education IHR provides:

- Youth Prevention Education in Livingston County schools
- Communication Campaigns
- Illinois Youth Survey
- My Generation Rx
- Drug Take Back Event
- National Prevention Week
- Resource Directory

Psychiatric Department

Total Contacts	1,768
Psychiatric Evaluations	192
Sherri Bowald/Bri Flori	502
Dr. Puga	198
Total clients stabilized and referred to their PCP	111

Psych Rehab Department

Total Clients	73
New Referrals (screens)	18
Discharged	18

Jail Program

Total individual inmates treated	198
Livingston County inmates	71
Federal inmates	44
Groups held	none due to covid

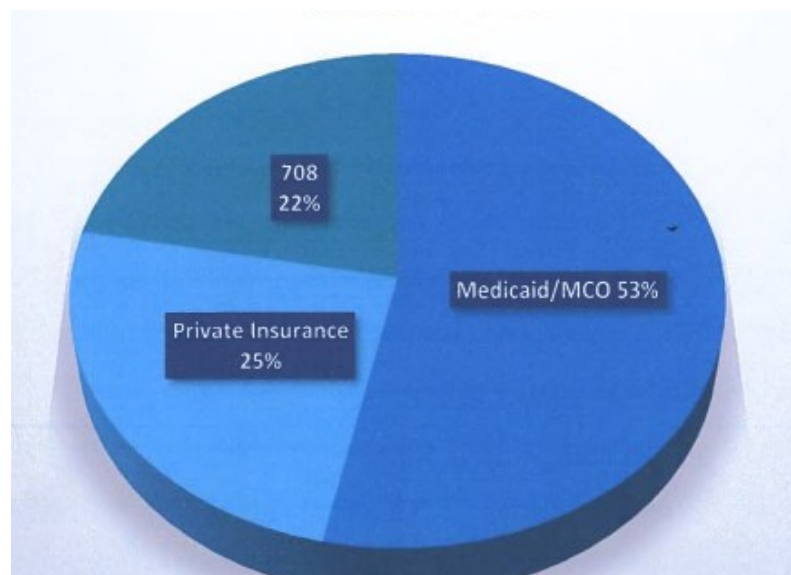
Crisis Program

Crisis Calls	646
Crisis Assessments	646
Face-to-face	445
Phone Assessments	201
Total Psychiatric Hospitalizations	59
Adult Male	29
Adult Female	30

SASS Program

(Screening Assessment Support System)	
Total SASS Screens	67
New SASS	41
Prior SASS	26
Hospitalizations	36
Child Male	16
Child Female	20
SASS clients discharged	68
SASS clients served by psychiatrist	32
SASS clients served by therapist	40

Outreach Programs (hours of therapy)



Safe Journeys is a not-for-profit agency providing free, confidential supportive services to survivors of domestic and sexual violence in Livingston and LaSalle Counties.

As you will likely hear from everyone, COVID-19 was a challenge for the agency. Difficulties included not being able to provide prevention and community education in person, the cancellation of some public events that they usually have a presence at, limiting the number of people in the shelter, and clients having greater needs. Opportunities include the ability to begin virtual services (which allows them to provide more services to clients who lack transportation) and providing more prevention and community education virtually.

Services provided to Livingston County residents include a 24-hour support line; safe housing; legal and medical advocacy; supportive counseling; case management; information & referral; and prevention education in schools, for professionals, and for the community in general. All services are free of charge and are provided regardless of the survivor's age or gender.

Total Number of People Served: Funding from the Livingston County Mental Health (708) Board allowed them to serve 51 unduplicated domestic violence victims and six unduplicated sexual assault survivors from Livingston County from December 2020 through November 2021. This is a significant increase over the last year, when they served a total of 35 clients from Livingston County.

In addition to these clients, staff provided prevention education in schools and other agencies that work with children in Dwight, Flanagan, Forrest, Pontiac, Streator Woodland, and Odell. Staff also are lead participants in a task force in Livingston County that addresses system changes related to domestic and sexual violence.

People Served from These Towns: Chatsworth, Cullom, Cornell, Dwight, Emington, Fairbury, Flanagan, Forrest, Long Point, Manville, Odell, Pontiac, Saunemin, and Streator.

Percent/Funding: Funding from the Livingston County 708 Board made up 2.54 percent of the agency FY21 budget.



FUTURES UNLIMITED, INC.

OVERVIEW

- 220 Individuals with disabilities received services at Futures Unlimited
- 377 and 708 funded programs provided services to 118 unduplicated persons, with some involved in more than one program
- 10 different programs and services offered at FUI
- 5.7-million-dollar annual budget; 4% from 377 and 708 Boards
- Persons served have a disability or functional limitation including developmental disabilities, mental illness, physical disabilities, Autism, or addictions
- Paid work training is offered through:
 - Contracts with area businesses
 - Work in microbusinesses operated by FUI, including SeedBallz, Deluxe Details car detailing, and contract cleaning services.

Residences of Persons Funded by 377 and 708 Boards

Pontiac	95
Forrest	2
Chatsworth	1
Cornell	1
Fairbury	7
Cullom	1
Flanagan	3
Dwight	3
Odell	2
Other	3

SUPPORTED EMPLOYMENT services provide job coaching and follow-up to help individuals work successfully at community jobs

- 13 persons worked in the community with Job Coach supports funded by the 377 and 708 Board
- 672 hours of individualized job coaching & 103.75 hours of transportation supports provided
- Individuals worked at 17 different businesses; 7 were hired directly by the business; the remainder worked as part of a community contract with FUI

EMPLOYMENT SERVICES provide individualized training including classes, paid work training, service facilitation, and supports to assist person to obtain community jobs

- 83 persons served
- 11,290.75 hours of individualized service (708 funded 6,263.25 hours and 377 funded 5,027.5 hours of service)
- 17 persons obtained community jobs
- 43% of persons served are under age 30
- 27% of persons served have a felony or misdemeanor conviction
- 61% of persons served have a mental illness

COMMUNITY SUPPORT services provide assistance for individuals to learn and reinforce skills so they can live successfully in their own home or apartment

- 6 persons served
- 1,147.75 hours of individualized service and 11 hours of transportation services

COMMUNITY DAY SERVICES include classes, volunteer activities, work training, socialization, and community activities for clients with an intellectual disability diagnosis. The 377 Board funded for service overages, when clients have attended more hours than the IL Department of Human Services allowed for monthly billing.

- 35 clients served
- 1,248.25 hours of services funded

Futures has a contract for cleaning the Pontiac Public Library.



Jessica is packaging Seedballz

Practicing on the Eagle-Eye Program with his case manager



Infant Toddler Enrichment Program

The Infant Toddler Enrichment Program is operated by OSF Saint James John W. Albrecht Medical Center.

The program provides children in Livingston County birth through three years of age the following services: identification of children at risk of developmental delays, identification and referral of children with developmental delays, developmental education, developmental stimulation and environmental enrichment.

2021

Children Screened	8
Referrals Made Due to Screenings	4
Case Management referral for further evaluation	47
AR Onsite Eligibility Assessment	8
AR Onsite Treatment Visits	22

Adaptive & Inclusive Recreation (A.I.R.)

What is A.I.R.?

Adaptive & Inclusive Recreation (A.I.R.) is a county-wide therapeutic recreation program which focuses on the personal development of individuals who are unable to participate in a traditional recreation program. The A.I.R. program promotes the four aspects of health (physical, mental, emotional, and social) through various activities focusing on physical development and athletics, leisure activities, and fine arts. A.I.R. is sponsored by the City of Pontiac through their Parks & Recreation Department.

Who Is Eligible?

Individuals whom are unable to have their therapeutic recreational needs met by traditional programs are eligible to participate in A.I.R. programs. This includes: Individuals with developmental, physical and/or learning disabilities; sensory, genetic, and/or behavior disorders; autism or emotional difficulties. Eligibility is also extended to those living in group homes and nursing homes.

Covid-19 has continued to cause the A.I.R. program to struggle with participation, although it did pick up towards the end of the year. December and January were virtual only events, resuming in-person activities in February. Virtual activities are in-person as well. We were able to purchase a wide variety of new games again this year. Some of the new games we purchased were frisbee golf, uno attack, skip-bo, dart boards, and family feud. We also bought more prizes to give to participants as Bingo prizes. Examples of prizes were lotions, notebooks, and fidgets.

Special Olympics

Maryssa, director of the A.I.R. program, was able to nominate three athletes that were eligible to be part of Team Illinois for Special Olympics. Of the three, two were chosen. Special Olympics sports are still on pause for our program, except the training of athletes to compete at USA games in Orlando, Florida in June 2022. The State of Illinois Treasurer came to Pontiac and delivered the awesome news to our two athletes that were selected as part of Team Illinois.



Mosaic

Embracing God's call, Mosaic relentlessly pursues opportunities that empower people.

Mosaic is a faith based organization that has been providing supports to people with intellectual disabilities since 1913. Mosaic of Pontiac has provided residential supports to adults with intellectual disabilities in a variety of settings since 1982. Mosaic is committed to providing individualized supports based on the goals and dreams the person and their families have for them. We help people define their own happiness. We support and empower people in the pursuit of their goals. We help people create meaningful lives in caring communities and give voice to issues that affect people's lives.

Mosaic served 46 individuals. Forty are served in 24 hour Community Integrated Living Arrangements (CILA) homes across Pontiac and Dwight. We provide intermittent supports to one individual living in his own apartment and currently serve five individuals in the Mosaic At Home program. Mosaic at Home offers the most personalized services by integrating people into their caregivers home, life and community. Mosaic at Home works with Independent Contractors to provide personalized services for their unique needs and goals, achieving better outcomes.

377 Board Funding

Dental Bills:	\$2,998.55
Camp, Scholarships, Transportation:	\$0 due to COVID
Other includes:	\$6,980.81
Household supplies, dinner, eye glasses, Wheel chair parts, and medications, arts & crafts.	



Mary, Cheryl, & Kris are painting birdhouses



Rena and Jeannie are making music

The world needs all kinds of minds
-Temple Grandin



Gabe, Randy, & Ron are playing Wii

 **MOSAIC**[®]
Real life. Real possibilities.

Livingston County Mental Health 708 Board
Income & Expense Summary
Fiscal Year 2021
(unaudited)

Beginning cash balance - December 1, 2020	1,390,876
Income:	
Liv. Co. tax funds	890,213
Liv. Co. 377 Board admin/fees	79,840
Liv. Co. Youth Commission admin/fees	44,027
RFP - Medicaid	38,034
Interest income	360
Rental income	2,400
Misc. income/donations	1,040
	Total Income: 1,055,914
Expenses:	
<u>Purchase of Service</u>	
Futures Unlimited, Inc.	224,014
Institute for Human Resources	565,242
Institute for Human Resources - RFP Medicaid	33,470
Safe Journeys	37,774
Operation snowball	5,320
Service development	2,446
	Total Purchase of Service 868,266
<u>Board Expenses</u>	
Staff salary & benefits	227,943
Travel & meals	363
Professional dues/expenses	2,365
Contractual services	6,944
Equipment	4,211
Lease/rent	6,500
Commodities/supplies	2,530
Board member expense	690
	Total Board Expenses 251,546
	Total Expenses 1,119,812
Cash balance - First Financial Bank	
First Checking Fund	19,193
First Money Fund	1,307,784
Payroll Clearing Fund	1
Ending cash balance - November 30, 2021	1,326,978

Livingston County Mental Health 377 Board
Income & Expense Summary
Fiscal Year 2021
(unaudited)

Beginning cash balance - December 1, 2020 **\$517,208**

Income:

Liv. Co. tax funds \$408,620

Interest income \$146

Total Income: \$408,766

Expenses:

Purchase of Service

Futures Unlimited, Inc. \$286,212

O.S.F. - St. James \$7,264

Mosaic \$6,981

Adapted and Inclusive Recreation \$3,500

Service development \$7,719

Total Purchase of Service \$311,676

Board Expenses

Staff salary & benefits \$66,878

Travel & meals \$1,000

Professional dues/expenses \$2,000

Contractual services \$4,000

Equipment \$2,500

Lease/rent \$2,030

Commodities/supplies \$2,100

Board member expense \$375

Total Board Expenses \$80,883

Total Expenses \$392,559

Cash balance - First Financial Bank

First Checking Fund **\$2,240**

First Money Fund **\$531,175**

Ending cash balance - November 30, 2021 **\$533,415**

Mission Statement

The mission of the Livingston County Mental Health Board is to assure that a comprehensive and coordinated community based system of effective and efficient mental health, developmental disability and substance use services is available and accessible to all the residents of Livingston County in need of such services.

**It's
OKAY**
not to be
OKAY

Livingston County Mental Health Board
708 Board Members

Jack Vietti - President
Edward Legner – Vice President
Rose Smith – Secretary
Debbie Studnicki – Treasurer
Debbie Moran (End September 2021)
Pam Krominga (Begin November 2021)
Gary Beier
Lynette Barnett

Livingston County Board for the Care and Treatment
of Persons with a Developmental Disability
377 Board Members

Robert McCarty – President
Vicki Day – Vice-President
Mary Etta Mullen – Secretary

708/377 Board Staff
Phone: (Office) 815-844-7708

Christine Myers – Executive Director
Amanda Roberts-Lieb—Family Support Specialist
Amy Zick—708/377/LCCCY Financial Officer
Janice Golliday—708/377/LCCCY Administrative Assistant/
Health & Safety Officer

You make a difference!

**Thank you for your hard work and dedication
to the people of Livingston County!**

<https://lcmhb.com>

