

Manual Therapy Foundations

Clinical Reasoning for Direct Access Including Safety, Palpation and Tests

Objectives

Introduction into the relationship of EBP and OMPT in a clinical setting (essential knowledge for evidence enhanced practice). At the end of the course the participant will be able to apply EBP now being renamed Evidence Informed Practice through demonstration of critical reasoning and decision making practices.

Key functional anatomy and biomechanics of the spine: lumbopelvic, thoracic cage, mid-cervical and craniovertebral regions. At the end of the course the participant will be able to identify key functional anatomy and important salient biomechanical points related to Direct Access evaluative skills.

Developing palpation skills (emphasis on landmarks and end feel for myofascial and joint structures) with the axial skeleton as our target for learning. At the end of the course the participant will be able to demonstrate increased accuracy with palpation skills with an emphasis on the above areas.

Clinical reasoning with selected pathology as a method for PT diagnostic skill acquisition. At the end of the course the participant will have an increased ability to apply their pathology knowledge to physical therapy differential diagnosis.

Case studies to enhance safe and efficacious reliable clinical decision making. At the end of the course the participant will be able to return to their clinic and apply the course material directly to their daily professional practice.

Foundational skills and knowledge for those new to OMPT. At the end of the course those individuals that are new in the field and/or trying to enter into the orthopaedic arena of physical therapy will be able to recognize and describe the history and rationale for the practice objectives provided in this course.

Algorithmic and /or evidence enhanced practice logic and reasoning skill improvement striving for more evidence enhanced habits. By the end of the course the participant will be confident in demonstrating evidence based practice to achieve the highest level of clinical decision making possible for them over their career.