



NEUROTOXIN PRE-CARE & POST-CARE

PRE-CARE:

- This treatment is not recommended if you have an important event within 2 weeks of injection due to the potential for bruising
- Avoid herbal supplements such as ginkgo, green tea, and anti-inflammatories of any kind for 2 weeks before and following treatment to limit bruising.

POST-CARE:

- For the first 5-6 hours following Neurotoxin (Botox, Dysport, Xeomin) remain upright.
- Do not participate in activities that include heavy lifting, vigorous exercise, or straining for 2-3 hours following treatment. (2-3 hours is the timeframe in which neurotoxin binds to the nerve and you do not want to increase circulation during that time.)
- Do not rub, touch, or manipulate Neurotoxin (Botox, Dysport, Xeomin) for 6 hours.
- Avoid irritating products for 24 hours following Neurotoxin (Botox, Dysport, Xeomin).
- Make-up may be applied gently before leaving the office, remember to wipe up and away from your eyes or brows.
- Bruising in the area injected is normal and often expected, especially if treated around the eyes. Bruising can last up to several weeks. Using/taking Arnica may help diminish bruising.
- It may take up to 12 days for Neurotoxin (Botox, Dysport, Xeomin) to take full effect.
- A follow-up visit 10-14 days is suggested to assess results for subsequent treatments, particularly if you are a first time client. If full correction is not achieved, you will need to purchase additional Neurotoxin (Botox, Dysport, Xeomin) for injection.
- Re-treatment is typically needed between 2-6 months.
- Regular injections usually yield a longer lasting Neurotoxin result.
- If your upper lip was treated, you will not be able to drink through a straw, whistle, or enunciate some words for approximately 2 weeks.
- Although rare, infection in the injected area is possible. Signs of infection may include fever, or redness and tenderness in the infected area. Should you develop an infection, antibiotics may be necessary. Please contact us should you have any concerns.