

Consent To Telehealth Consultation

Healthy Minds Counseling LLC

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1. I understand that my Therapist recommends engaging in telehealth services with me to provide treatment.
2. I understand that telehealth treatment has potential benefits including, but not limited to, easier access to care.
3. I understand that telehealth has been found to be effective in treating a wide range of disorders, and there are potential benefits including, but not limited to easier access to care. I understand; however, there is no guarantee that all treatment of all patients will be effective.
4. I understand that it is my obligation to notify my Therapist of my location at the beginning of each treatment session. If for some reason, I change locations during the session, it is my obligation to notify my Therapist of the change in location.
5. I understand that it is my obligation to notify my Therapist of any other persons in the location, either on or off camera and who can hear or see the session. I understand that I am responsible to ensure privacy at my location. I will notify my Therapist at the outset of each session and am aware that confidential information may be discussed.
6. I understand that it is my obligation to ensure that any virtual assistant artificial intelligence devices, including but not limited to Alexa or Echo, will be disabled or will not be in the location where information can be heard.
7. I agree that I will not record either through audio or video any of the session, unless I notify my Therapist and this is agreed upon.
8. I understand there are potential risks to using telehealth technology, including but not limited to, interruptions, unauthorized access, and technical difficulties. I understand some of these technological challenges include issues with software, hardware, and internet connection which may result in interruption.

9. I understand that my Therapist is not responsible for any technological problems of which my [insert discipline] has no control over. I further understand that my Therapist does not guarantee that technology will be available or work as expected.
10. I understand that I am responsible for information security on my device, including but not limited to, computer, tablet, or phone, and in my own location.
11. I understand that my Therapist or I (or, if applicable, my guardian or conservator), can discontinue the telehealth consult/visit if it is determined by either me or my Therapist that the videoconferencing connections or protections are not adequate for the situation.
12. I have had a conversation with my Therapist , during which time I have had the opportunity to ask questions concerning services via telehealth. My questions have been answered, and the risks, benefits, and any practical alternatives have been discussed with me.
13. Zoom, Doxy.me, and Session.psychologytoday.com are the technology services we will use to conduct telehealth videoconferencing appointments. My Therapist has discussed the use of this platform. Prior to each session, I will receive an email link or Meeting ID and Passcode to enter the “waiting room” until the session begins.

By signing this document, I acknowledge:

1. Zoom, Doxy.me, and Session.psychologytoday.com is NOT an emergency service. In the event of an emergency, I will use a phone to call 9-1-1 and/or other appropriate emergency contact.
2. I recognize my Therapist may need to notify emergency personnel in the event he/she feels there is a safety concern, including but not limited to, a risk to self/others or my Therapist is concerned that immediate medical attention is needed.
3. Though my Therapist and I may be in virtual contact through telehealth services, neither Zoom, Doxy.me, and Session.psychologytoday.com or my Therapist provides any medical or emergency or urgent healthcare services or advice. I understand should medical services be required; I will contact my physician. If emergency services are needed, I understand I should call 9-1-1.
4. The Zoom, Doxy.me, and Session.psychologytoday.com facilitates videoconferencing and this technology platform is not, itself, a source of healthcare, medical advice, or care.

5. I understand that different fee rates apply for telehealth as apply for in-person treatment. I understand that prior to the start of the telehealth session I am responsible to fill paperwork emailed to me and pay invoice included in email. I understand that all Fees and Rates will be paid in full prior to the telehealth session.
6. During these times of the impact of Coronavirus (Covid-19) my Therapist may not have access to all of my medical/treatment records. My Therapist has made reasonable efforts to obtain records, but I understand and agree this may not be reasonably possible.
7. To maintain confidentiality, I will not share my telehealth appointment link, Meeting ID or Passcode information with anyone not authorized to attend the session.
8. I understand that either I or my Therapist can discontinue the telehealth services if those services do not appear to benefit me therapeutically or for other reasons which will be explained to me. I understand there may be no other treatment alternative available.

I have read and understand the information provided above regarding telehealth, have discussed it with my Therapist, and I hereby give informed consent to the use of telehealth.

Signature of patient (or guardian/conservator)

Printed name

Date