

## GIVING HELP...

The question of giving help in improving people's health with **my direct participation** in the interaction (adjustment) with the "SvetL" Programs and without them, **HAS BECOME RATHER SENSITIVE** for me lately. I do realize that it was me who initiated it by my own actions, back **in 2013**. But it was the way to knowledge. It was a kind of "experiment" in interaction with the Programs, and the physics of their application, and not only in matters of health improving. Actually, it made it possible for me on the basis of the gained knowledge and experience, if I may put it so, to **improve** the existing Programs and **create new ones** in line with the changing realities, which was of great importance, as I see it now. First of all I wanted the theoretical knowledge obtained from the works of **N. Levashov and A. Khatybov** to have practical results. It concerns serious diseases - **such as cancer, autism in children, complicated pregnancies, diabetes, liver cirrhosis, hepatitis, various tumors, and much more, where medicine is just powerless today. It also related to the adjustment and interaction with the "SvetL-Flora" Complexes, as well as the «influence" on the situation in different parts of the world - both independently and in the "team" (on «invitation", if I can put it so).**

All this was the knowledge of **physics of the Cell, Physics of the Brain and Physics of Energies.**

I did not advertise my "experiments", which turned into abilities, but **I DID NOT HIDE** anything from anyone, periodically writing about it in my articles. However, people are people, and they on their own began to share their successes in health improvement, naturally, telling about **MY PARTICIPATION** in solving their problems. As the saying goes - **"the earth is full of rumors"...**

The rumors turned into an **uncontrollable stream of questions, requests, and just "plea for help ..."** Everyone has been writing about their life problems and requests for help. I perfectly see why this is so. **TIME FLIES.** The ongoing changes are so great that they require **NOT ONLY** my close attention and adequate reaction, but of all people, as well, albeit subconsciously, even if they do not understand what is happening, but there should be their reaction. Such requests are also a kind of reaction to the worsening of health problems, which, unfortunately, is an **integral part** of changes in the Life Support System. In addition, there is some rethinking of social problems, a number of subjects related to history, nature, ecology, violence, racism, world hunger, environmental problems. We **should learn to react** to these processes independently, to look for a way out of the situation that is emerging, and **not rely on** someone who "snaps his fingers" - and everything turns out all right immediately. Not everything that we consider indisputable is the truth in fact. In practice, I repeated **N. Levashov's** way in these questions – very complicated questions of relation with people. **Of course, you cannot meet all the requests, but YOU CAN NOT REFUSE to hear them out.** You can find an excuse and delay to meet the request, as the most reliable way to refuse, but I have not used this way yet. I understand that a person is in trouble, he is sick, one of his relatives is sick, and the like. But you should understand that **I can not give help everyone who needs it, more so I always emphasize, I am not a doctor and I do not want to become one.** I thought of the Complex "SvetL" primarily as an instrument that **could "relieve" N. Levashov of this kind of work.**

But as a result, I turned out to be in the same situation as he did. To get the question that is being asked, you have to figure out many things, because just an advice, in most cases, does **not solve the problem**. But at the same time, if one or two affable words can make a person happy, one must be a villain to refuse to say them. However, even this is **not possible** at the moment, because the day has 24 hours. I spend a lot of time - 6-8 hours a day to "work" with those people who, for one reason or another, I have promised some hope. To work directly or through Complexes, making up different "schemes" - all this sometimes requires daily monitoring for my part, the necessary correction and work. **I am not able to reach everyone**. Even if it is not 24 hours, but 34 – I will not be able. *There are too many other things to do*, which are objectively more important for the situation today. But for every person, and I perfectly understand it, his health, the diseases of his close and relatives, and the like - is the biggest problem. That is why Complexes "SvetL" came into being. And for those who doubt about their efficiency or for some other reason cannot have them, there are "Health Improving Sessions" in our sites, which (in his time for the same reasons) were created by N. Levashov. They are much reinforced and supplemented with the 3rd session, created to increase the efficiency of the two initial ones to solve momentary problems related to insomnia, cardiac activity and stressful situations. They can be completely free downloaded and applied. The sessions for **quite a long time have worked fine and shown good results**.

But letters from people who, they believe, are in a "desperate situation," **ARRIVE IN AN ENDLESS STREAM**. They write from many towns of Russia, from abroad and, especially, from the Ukraine. Well, should I go to another town to be there with the sick? Or the sick should come for six months, a year or more, depending on the problem - to be nearby? Or should I, staying here, make up various combinations of interaction with those people, constantly monitoring the process and wasting my time and my energy resource (believe me, to some extent, limited one)? **This is just unreal**. Therefore, I have only one hope - for people's independent use of **Complexes "SvetL" and their Programs, as well as "Health Improving Sessions"**, which help to solve many problems, **including the problems with health**. You can understand and know all this independently, reading what has been published for several years on all our resources. Everyone should make a decision in these matters on one's own.

**Once again I am repeating - my task is different**. For me, it has always been important to provide people with the information they need so that they would be no longer slaves, could see and understand the ongoing events, could be able to get at the meaning of the events and make their own conclusions.

Well, tell me, what is the point of healing people, if you know that tomorrow they can be annihilated by those who do not even understand what they are doing now?! When there is a danger of such a situation, I have to do everything possible to prevent it from happening. It is necessary to do what is in one's power - to prevent the possibility of making people zombies and their destruction.

And these are not high words. These are realities. It is necessary to constantly make corrections and improvements in **the "SvetL" Programs**, we have to think now of the third generation of Complexes taking into account all positive and in some cases negative experience of using the Complexes of the first and second generations. So what? Do I have to give it up and spend all my time on healing people who turn to? Obviously, it is more expedient to do this when time allows, outside the framework of experiments or in some cases parallel to them.

In fact, summing up some results, I would like to say that most people who

got direct or indirect help from me **were satisfied with** what they got. **But this is not the purpose of my life.** The purpose is in the development of the "SvetL" Programs, in the profound understanding of their resources; in their **MAXIMUM HELP** to people with their problems related to their recovery, development and many other things.

But, an interesting fact – there are many people who have got some help from me, related to their recovery, or complete cure, or the reprogramming their Complexes individually for them, or the reinstallation of the generators on their Complexes, and some other help - then **TURN OUT ENEMIES**, pour out dirt as if in response for all good they have got at their own desperate requests for help. I consider these people to be just illiterate and inadequate due to the ongoing processes that affected everyone today.

Of course, when there is a possibility to help, I always help, but this, **unfortunately**, does not mean that **I can help everyone**, which, probably, is so clear to everyone. But still, each one thinks that I should help exactly him (or her). Practically everyone who turns to me thinks this way.

**There is no one who believes that there can be someone who needs my help more than anyone else.** Almost all who write, ask: "... help me, because I (he) believe (s)that I (he) need (s)to be helped or my relatives, etc. ...» And another very characteristic example - after the situation (mostly with health) is corrected, there are many who **EVEN FORGET TO THANK**. But as soon as after some time, there is some kind of another ailment, discomfort, not even related to what the person has already been cured of - letters, requests, sometimes even demands to get down to their problems again. And this is done in a categorical form, as if I committed myself to be busy with them for the rest of my life. I see that there are many reasons for this - they just realize the helplessness of our medical service and rapidly growing health problems, they are actively looking for the ways to solve them, including their turn to me for help, but they do not really believe in the possibility of such help, however, they do not feel like trying to get to know how, what and why it works or does not work. Everyone wants to get well once and for ever. And although there are many who have already had their own experience in their attempts to remove the problems in many different ways (which prompts them that nothing can be done immediately and forever, and as for the traditional methods and efforts it only gets worse), but this desire does not leave them but only intensifies. Therefore, consciously or unconsciously to their appeal for help people **add some challenge and their own disbelief in the reality of my or the Programs resources.** And then, naturally, together with the help, they seem to get the reciprocal challenge - "medicine could not, but I could". But this is not so, people themselves create this challenge in their own heads and form it by their belief or disbelief, which they **SUBSTITUTE UNDERSTANDING** by their own will. I'm just doing what I am able to do in order to solve the problem. Therefore, when some problems of health return, this seems to many people to be a "defect" in the work, which naturally causes discontent and, as a result, the demands to remove the problem. After all, the person expected "all and at once", moreover, at some point he even believes that he had got it, and sudden disappointment causes discontent and legitimate claims, whether it is a manifestation of a persistent perennial sore after correction or the inability to provide assistance at all.

**But in fact I have never given cause for considering everything I do to be panacea, magic or some kind of focus.** All the troubles – beginning with helplessness in the face of illness and ending with **UNREASONABLE DEMANDS FOR HELP**, - are mainly **BECAUSE OF IGNORANCE**, unwillingness to see what is happening and gain understanding of the whole in return for blind faith. But people themselves choose - what way to follow, and **if I do not come up to their**

**expectations, the problem is not in me, but in expectations.** I want to remind you that there are many clinics in Israel, Switzerland, Germany, and the United States, which can be contacted (anyone can), and there you will undoubtedly be helped, though without special guarantees. BUT in this case, the financial question usually "comes up". This is sure not my question.

Everyone has the right to choose.

I have always believed that **any work should be rewarded, - should be paid.** I mean – NOT NECESSARY with money. But out of a great number of requests, few people wrote to me about this, rather, without even thinking in this direction, and this - despite the fact that in many cases the question was about lifelong disability or about the health of the born or to be born children, and sometimes just the question of life or death... **I'm not complaining. I am just stating.** In most cases, with a few exceptions, nobody told me or wrote that, for example, he (she) did everything for the benefit of people and needed restoration in order **to continue to help people.** But instead - "... **you have to help me ... that's all! ..**" The answer to the question of who should be helped, I suggest you should find in the books of **N. Levashov**, in his autobiography, where he writes about it in a very plain way. **Not everyone who asks for help, is worthy of this help, and not everyone should be given it!** And let someone try to prove the opposite.

After a long and unpleasant experience, I came to the decision - to help those people **who are worthy of it, who really think NOT ONLY of their "own skin", but also about others, who are really ready, being in good health, to stand for the happiness of others, and not for their own happiness. I DO HELP AND WILL HELP such people, and not those who, having got the desired, rest content to what has been got, not even thinking of any gratitude, or that work that has been put into him (or her).** Many people think that they think. In fact, they just put old prejudices in a new order.