

wild NURTURER

WELLNESS ACADEMY

50 Hour Supply List

Purchase your supply kit through Wild Nurturer for \$209 here for everything you need (book not included) or shop for your own!

Requirements (5ml sizes are plenty for this program)

- Module 1 Essential oils
 - Eucalyptus *Eucalyptus globulus*
 - Lavender *Lavandula officinalis*
 - Lemon *Citrus limon*
 - Patchouli *Pogostemon cablin, pogostemon patchouly*
 - Sweet Orange *Citrus sinensis*
- Module 2 Essential Oils
 - Geranium *Pelargonium x graveolens*
 - Grapefruit *Citrus paradisi*
 - Peppermint *Mentha piperita*
 - Rosemary *Rosmarinus officinalis ct cineole*
 - Black Spruce *Picea mariana*
- Module 3 Essential Oils (Pick 5 of your choice)
 - Atlas Cedarwood (required)
 - Clary Sage *Salvia sclarea*
 - Cypress *Cupressus sempervirens*
 - Roman Chamomile *Anthemis nobilis*
 - Rosemary *Rosmarinus officinalis*
 - Tea Tree *Melaleuca alternifolia*
 - Ylang Ylang *Cananga odorata*
 - Marjoram *Origanum majorana*
 - Lemongrass *Cymbopogon flexuosus*
 - Cinnamon Bark *Cinnamomum zeylanicum*

- Carrier Oils
 - Apricot Kernel *Prunus armeniaca*
 - Sunflower Oil
 - Olive Oil
 - Carrier of choice
- Recommended Supplies
 - Qty 10- 5ml Amber Bottle with lid & dropper
 - Qty 10- 5-10ml Roller Ball Bottle
 - Qty 5 – various sized spray bottles – Amber
 - Waterproof Labels
 - Small funnels
 - Glass stirring sticks
 - Pipettes or droppers
 - Distilled Water
 - Everclear Vodka – 1oz
 - Glass bowls or small beakers (100ml size) for mixing
 - Water proof pens or sharpies
- Required Text: Required Book: Aromatherapy a complete Guide to Healing – KeVilLe
https://www.amazon.com/gp/product/1580911897/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&psc=1

Recommendations but not required

- Aromatree – book – Salvatore Battaglia