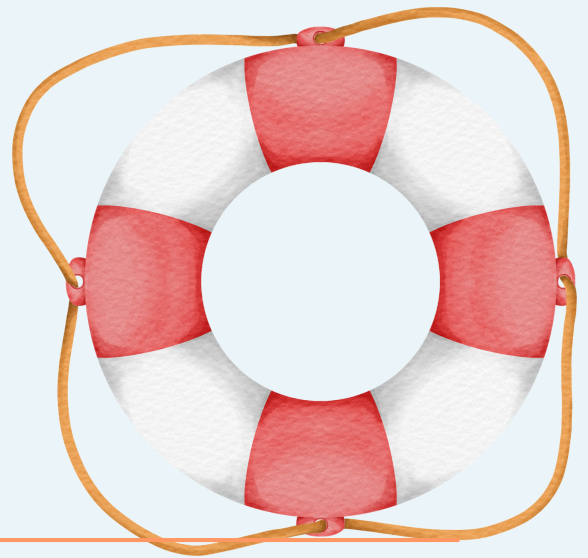


# *Drowning Prevention & Water Safety*



## **ENROLL IN SWIM LESSONS**

Children and adults should have access to affordable swim lessons. Start young, and refresh skills often.

## **ASSIGN A WATER WATCHER**

Always have a designated adult supervising when children are in or near water. Drowning is silent and fast.

## **LEARN CPR & FIRST AID**

Be ready to respond in the critical moments before EMS arrives. Classes available through the Red Cross.



## **INSTALL BARRIERS & ALARMS**

For homes with pools: self-closing gates, pool covers, and door alarms can save lives.



## **WEAR LIFE JACKETS (PROPERLY)**

Coast Guard-approved life jackets for boating, open water, and weak or non-swimmers.



## **TEACH TEENS & TWEENS ABOUT RISKS**

Swimming with friends? Alcohol nearby? Teach the truth about risk and rescue.

