



THE BEAUTY BASE

PERMANENT COSMETIC & LASH STUDIO

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## TEETH WHITENING SERVICE

### CLIENT INFORMATION AND CONSENT

- Teeth Whitening rapidly produces a noticeably brighter and whiter smile from staining caused by coffee, tea, tobacco, and red wine. Our products can sometimes whiten accumulated stains on veneers and crowns back to their original color depending on the stains. **DO NOT BRUSH YOUR TEETH 1 HOUR PRIOR TO TREATMENT.** This can cause gum sensitivity. **DRINK PLENTY OF WATER BEFORE AND AFTER TO KEEP YOUR TEETH HYDRATED.**

- WHAT TO EXPECT

Most people with healthy teeth and gums will experience no discomfort during the Teeth Whitening process. If you have any adverse reactions to whitening agents such as carbamide or hydrogen peroxide, or are not sure, please consult your dentist prior to having your teeth whitened. A tingling or slight sensitivity is normal and not harmful to your gums or enamel. Occasionally, gum or lip discomfort is experienced by particularly sensitive individuals. To prevent this, lightly coat the affected areas with Vitamin E. For teeth sensitivity it is best to use a Potassium Nitrate/Fluoride mix such as Sensodyne toothpaste or Rincinol. Following the treatment for those individuals who have sensitive teeth and or gums, it should subside within 24 hours.

EXCLUSIONS FOR TREATMENT: (Please check those that apply)

- Have allergies or reactions (sensitivity) to either carbamide, peroxide or glycerin.
- Have existing tooth decay, periodontal disease, or gingivitis.
- Are photosensitive to light or on any photosensitive drugs.
- Are pregnant, suspected of being, or are breastfeeding.
- Anyone under the age of 18 must have a signature from their parent/ guardian.
- Have had oral surgery or extractions within the last 30 days.
- Active Cold or Canker Sores.
- Are wearing a piercing or metal object in the oral cavity. (Please remove, as they may turn black)

#### AFTERCARE AND FOLLOW UP

For 1 hour following the treatment you may only consume water!

- For a minimum of 24-48 hours after the process, avoid consuming coffee, tea, dark colored soda, red wine, berries, candy, red sauces, beets, chocolate, or any other foods that have a propensity to stain your teeth. A good guideline is, if it stains a white shirt, it will stain your teeth. Of course, brush and floss as directed by your dentist.

There is no definite answer as to how long the whitening effect will last; this is highly dependent on many individual factors, including the current condition and age of your teeth, diet, alcohol and tobacco consumption, genetics, and periodontal health.

**It is recommended that you use the whitening pen as directed for 7-14 days after your first whitening treatment to help blend, maintain, and brighten your smile longer.**

ACKNOWLEDGEMENT

I HAVE READ AND UNDERSTAND ABOVE, AND CERTIFY THAT I HAVE HEALTHY TEETH AND GUMS AND I AM NOT PREGNANT, BREASTFEEDING, UNDER THE AGE OF 18, HAVE HAD NO ORAL SURGERY IN THE PAST 30 DAYS, NOT ALLERGIC TO CARBAMIDE /HYDROGEN PEROXIDE, NOT TAKING MEDICATION THAT WOULD CAUSE ME TO BE PHOTSENSITIVE TO LIGHT, HAVE NO EXISTING PERIODONTAL DISEASE, NO OPEN CAVITIES, AND THAT I HAVE CONSULTED MY DENTIST ABOUT TEETH WHITENING AND I AM CONSIDERED TO BE A GOOD CANDIDATE.

NAME (PLEASE PRINT)

DATE

SIGNATURE