



important characteristic. Photos can show the presence of other entities that may be attached to the aura. Most importantly, a Kirlian photograph alone will not help you understand its meaning.

### **Aura Photography**

Aura photography has become popular in New Age stores and psychic fairs. The kind I am familiar with involves putting your hand on a metal plate as the photo is taken. Like a “mood ring” from the 1970s, this photography measures the heat from your hand and uses a computer program to overlay the heat image onto the photo – it does NOT reveal anything about the aura! You are better off spending that money on a nice lunch.

### **Frequently Asked Questions**

**How long does it take you do to a reading? 30 to 60 minutes**

**How does an aura relate to telepathy or Extra Sensory Perception (ESP)?**

There is scientific evidence that the aura transports telepathy from one person to another, and that the telepathic message is first received by the aura before entering the brain. People can pick up subconscious messages telepathically, and those changes are reflected in their aura, even if they have no conscious awareness of any message. Because the aura has such a profound influence on the body, psychics, shamans and other healers believe that healing the aura can cure disease. Kirlian photography has supported this belief.

**Can entities like evil spirits or ghosts attach themselves to my aura?**

Yes. Many Kirlian photos have shown the presence of dark areas in an aura, and I have seen dark entities attached to clients. It's a very small percentage. These dark entities can parasitic, and they literally suck energy off the person and use the person as a battery.

**Can orbs be attached to my aura?**

Yes. Many Kirlian and regular photographs have shown the presence of orbs in auras as well. Clairvoyants believe that orbs are usually the energy of loved ones who have passed on. **It is important to remember that we all attract to ourselves what we think about; therefore, if we have positive loving thoughts, we will attract positive and loving entities.**

**How can I see my own aura?**

I suggest lying in bed in a dim room. Early morning light is perfect. Hold your arm near your face and squint your eyes. You will probably see a faint white outline appearing near your skin. That is the first layer of your aura. You may see it better from the periphery of your vision than the center of your vision.

**What do clairvoyants see when they see auras?**

I can only speak for myself, but I see layers of colors in specific patterns that overlay each other. Auras radiate outward from a person's body in bands of colors, and form a 3-D, egg-shape around the person. The size of each band, the order of colors, how the colors overlap, the size of the aura, and how it all vibrates tell me a great deal about the person.

### **Do auras vibrate?**

Yes. The vibration tells me about the person's thinking processes, stress levels, and physical and mental health. For example, people who meditate regularly have a slower rate of vibration in their auras. Some people diagnosed with bi-polar disorder have different vibratory rates on the right and left sides of the body, which indicate to me that their right and left brains are not synchronized.

### **How large are auras?**

In young infants, auras are usually only about 6 inches (15 cm) out from the body. As children mature and their thinking processes and personalities become more defined, they add colors to their auras. Most adults have an aura about 2 feet (60 cm) wide. Some more spiritually- evolved or strong personalities have auras that are 5-6 feet (1.5 meters) wide. The largest aura I have ever seen was on a Sikh holy man— his aura was over 30 feet (10 meters) wide.

## **Common Aura Colors**

**White:** White is always the first band emitting outward from the body. It indicates only that energy is moving through the system. Everyone living, the very recently dead, and electrical objects have white.

**Green:** This is usually the second band and indicates the state of health and overall energy level. Animals and plants have green. After this band, the order of colors change according to each person, and whether or not they are right or left brain dominant.

**Yellow:** Indicates intelligence, logic, degree of mathematical ability, left-brain thinking, as well as cheerfulness. Some more intelligent animals (especially those that interact with humans, such as dogs, parrots, and horses) have yellow.

**Blue:** Various shades of blue indicate intelligence, right-brain thinking, linguistic ability, psychic ability, spirituality and creativity. A few animals (especially cats) have blue. Intelligent working dogs (such as canine cops) have yellow and blue.

**Orange:** Indicates youthfulness, a fun-loving nature, and love of children.

**Pink:** Indicates love; light pink indicates a love of life and children, and deeper, more lavender shades of pink indicate spiritual love.

**Red:** Indicates sexual health, sexuality, procreation, and is very common in pregnant women. Combined with other colors, it can also indicate passion and anger. Some animals have red.

**Brown:** Indicates very poor health over a long period of time and is also present with mental illness. Aura colors that are messy and overlap a great deal also indicate a mental illness.

**Purple:** Purple or indigo indicates a spiritually advanced person with psychic ability. This color is rare and indicates an older soul.

**Turquoise:** Indicates an intelligent, creative, peaceful, and tolerant person who values

fun and doesn't take life too seriously. People who meditate often have this color, which is rare.

**Gold:** Indicates a spiritual connection with God or Source. This color is very rare.