# CLASSROOM INTEGRATED PHYSICAL ACTIVITY

# **Educational Consulting**



# What's Included:

- ✓ Ongoing support throughout the school year (ending May 2021)
- ✓ Personalized kick-off virtual professional development workshop
- ✓ Monthly webinars to sustain ongoing progression and development
- ✓ Resources to integrate movement breaks into the classroom
- ✓ Strategies to reinforce social and emotional learning (SEL) concepts
- ✓ Videos that can be used as an instructional tool to engage students
- ✓ Weekly activities that can be utilized in socially distant classrooms

There are numerous benefits to integrating physical activity in the classroom, including improved academic performance, reduced disruptive behavior, and improved ability to concentrate. This year it will be more important that ever to provide students with opportunities to get out of their seats in a structured and coordinated manner. One or two popular websites tend to get old after a few weeks if used repeatedly. This ongoing professional development series will provide multiple options at a variety of grade-levels and accommodate different teaching styles.

Tiered Pricing Options Available



## **Contact:**

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### About Me

Nicholas Kline embraces the importance of remaining active for a lifetime and he is an advocate for physical education. Nick is a Nationally Board Certified Teacher with twenty years of experience supporting both physical education and physical activity.