

# Activate Learning with Classroom Integrated Movement



## Description:

Come ready to learn fun and creative ways to infuse physical activity in both socially distant and virtual classrooms. Providing students with opportunities to move is critical, now more than ever! Participants will discuss the barriers for including physical activities in their daily schedule and share ideas for overcoming the challenges. Teachers will leave this workshop embracing the importance of classroom integrated physical activity and will have the confidence to allow their students to move more.

## Outcomes:

- Participants will embrace the importance of providing students with the opportunity to move throughout the day.
- Participants will learn physical activity strategies appropriate for the classroom.
- Participants will gain an in-depth understanding of OPEN, as well as other free resources that are available to support classroom integrate movement.

## About the Presenter

*Nicholas Kline is advocate for physical education and embraces the importance of remaining active for a lifetime. Nick is a National Board Certified Teacher and taught physical education for 10 years. Currently, he is an adjunct lecturer at SUNY Cortland. Nick is also a consultant under the name [Be the Hype](#), which supports both physical education and physical activity. As an OPEN National Trainer, Nick shares his passion and enthusiasm with others.*

