

Levels of Processing Change

Spirit is "God" in Action.

Being

The basis of which beings are already understood. There are two basic ways of being: 1) being-human and 2) non-human being.

Identity

Determine overall purpose (mission) and shape beliefs and values through our sense of self. Answer to the question *Who*?

Beliefs

Provide the reinforcement (motivation and permission) that supports or denies capabilities. Answer to the question *Why*?

Capabilities

Guide and give direction to the behavioral actions through a mental map, plan or strategy. Answer to the question *How*?

Behavior

Made up of the specific actions or reactions taken within the environment. Answer to the question *What*?

Environment

Determine the external opportunities or constraints to which a person may react. Answer to the questions *Where* and *When*?

*Adapted from NLP

