Stay Strong Tote Knitted Shrug Pattern

US19 - 29" circular needles Two strands of lofty, bulky yarns with a combined total of 650-700 yards.

Gauge doesn't really matter in this project. A finished shrug that measures anywhere from 28-32" top to bottom by 50-55" wide (wrist to wrist) will fit most sizes or make a nice sized throw.

Some good yarn choices are Barcelona, Facet Stones, Madrid by Loops and Threads, Lion Brand Homespun or Scarfie. We frequently add a skein of Lion Brand Shawl in a Ball to any of



these other yarns and carry a strand throughout the project. (That means working with three strands throughout your project). It adds a touch of sparkle and any left over can be crocheted into a nice chain to lace your shrug's sleeves closed.

You will be knitting with 2 strands held together throughout (3 if you want to add some sparkle with Shawl in a Ball). In this pattern we use 2 skeins of Homespun and 1 skein Facet Stones.

Loosely cast on 76 stitches with 2 strands of Homespun. Knit 6 rows (garter stitch). Cut one strand of Homespun and attach Facet Stones. Continue knitting with 2 strands (1 Homespun, 1 Facet Stones) and begin main stockinette portion as follows:

Row 1: Knit row.

Row 2: Knit 3 stitches, place marker, purl to last 3 stitches, place marker, knit last 3 stitches.

Continue Rows 1 and 2 until you run out of Facet Stones (approximately 24"). Attach Homespun to end of Facet Stones and complete last few rows in garter stitch leaving enough yarn to bind off very loosely. Piece will measure approximately 48" wide by 28" top to bottom but stretches a lot when worn.

Lay shrug wrong side up, fold 4 corners toward center and lace 2 small seams to form "sleeves". By lacing closed it gives the mom receiving your shrug the option to wear it or unlace it and use as a small throw.





For additional info contact Mary at the Stay Strong Tote foundation: <u>StayStrongTotes@optimum.net</u>.

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Thank you for joining our community of support and helping us "Send Hugs through Shrugs" to some very worried moms.