



# The Montreal Highland Dancing Association

## Open Competition – Saturday, March 21, 2026

**Location:** St. John Fisher Parish, 120 Summerhill Ave., Pointe Claire, QC H9R 2L7

**Time:** **9:00 am** - Primary, Beginner, Novice  
\*Starting with Primary Pas de Basques

**Not before 12:00 pm**- Intermediate, Premier  
\*Starting with Intermediate Fling

**Judge:** Carleigh Leighton, Oakville, ON

**Entries Open:** 8:00am Monday, February 9, 2026      **Entry Deadline:** **11:59pm Monday, March 9, 2026**  
\*\*No telephone or mail entries. Entry fees are not refundable and non-transferable.

For category changes please contact: Mrs. Debbie Johnstone [deb\\_johnstone@yahoo.com](mailto:deb_johnstone@yahoo.com)

<b>Fees:</b> Primary	\$20.00	ScotDance Quebec Surcharge	\$ 1.00
Beginner/Novice	\$25.00	Online Registration Admin Fee	\$ 3.00
Intermediate	\$27.00	Day membership	\$15.00 per family*
Premier	\$30.00	* no charge for MHDA members	

**Entry Form:** Please enter online at [www.mhda.ca](http://www.mhda.ca)

<b>Primary</b>	Pas de Basques	Pas de Basques & High Cuts	Fling (4)	Sword (2&1)
<b>Beginner</b>	Fling (4)	Sword (2&1)	Seann Triubhas (3&1)	Half Hullachan
<b>Novice</b>	Fling (4)	Sword (2&1)	Seann Triubhas (3&1)	Half Hullachan
<b>Intermediate</b>	Fling (4)	Sword (2&1)	Seann Triubhas (3&1)	Half Hullachan
<b>Premier 11 &amp; Under (Numbers Pending)</b>	Fling (4)	Sword (2&1)	Seann Triubhas (3&1)	Strathspey & Reel of Tulloch
<b>Premier 12 &amp; Over</b>	Fling (6)	Sword (3&1)	Seann Triubhas (4&2)	Strathspey & Reel of Tulloch

Competition Organizer Registration: CO-QC-26-1001

**Note:** The Premier 11 & Under age group will be held pending the receipt adequate registration numbers. The competition organizing committee reserves the right to combine any Premier age groups if inadequate registration numbers should be received. All affected competitors will be contacted.

### Competition Awards:

- Medals will be awarded for Primary, pre-Premier and Premier.
- Cash awards will be given to the oldest Premier group only. Other cash awards may be provided to other age groups as numbers warrant and at the discretion of the Competition Organizing Committee.
- Aggregate trophies will be awarded to each age group except Primary.
- All age groups will be formed at the discretion of the Competition Organizing Committee.
- Per RSOBHD rules, Beginner dancers will only have their dance cards stamped for 1st, 2nd or 3rd placings in any of the 4 Highland dances (Fling, Sword, Seann Triubhas, Reel). Placings in national dances will count towards an overall aggregate award, but will not qualify for a stamp on a Beginner dancer's card. Novice and Intermediate dancers will have their card stamped at every competition where they win a 1st, 2nd or 3rd in any dance.

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This event is being held in compliance with all provincial health and safety orders in effect at the time of the entry being posted, as well as facility requirements for Covid-19. Our goal is to provide a safe, calm, inclusive and positive environment for all participants. We appreciate unexpected situations could arise on the day that may require action that is meant to protect our dancers, judges, volunteers and other participants.

**NOTE:** As per the ScotDance Canada "Child and Youth Abuse Prevention Program" policy, dancers will not be permitted to change in public areas. We ask all dancers and parents for their cooperation in this regard and to please use the designated change areas.

## Competition Rules and Regulations:

1. All dancing events are governed by the rules and regulations of the Royal Scottish Official Board of Highland Dancing (RSOBHD) and ScotDance Canada.
2. This event may be cancelled at any time up to, and including on or during the date of competition, dependent upon public health concerns.
3. The decision of the judge(s) is final.
4. Dancers will compete in inverse order of entry. First to enter is last to dance.
5. Age is as of 12:01am on competition date.
6. Entry fee must accompany entry.
7. Late entries will NOT be accepted.
8. Refunds are at discretion of Organizer policy. Where admittance to event is refused based upon good health declaration, fees will be refunded (excepting an administration fee of \$5.00 per family).
9. Dancers must be registered with the RSOBHD or RSOBHD subsidiary body (such as ScotDance Canada) in order to compete. All competitors must present current RSOBHD registration card prior to receiving awards.
10. Protests must be made in writing, signed and submitted to the Organizer by the end of the competition day and must be accompanied by a \$35.00 fee, refundable, if sustained.
11. The Organizer reserves the right to combine or split classes.
12. No category changes will be accepted on the day of competition.
13. Competitors must be on hand when their event is called or forfeit entry in that dance.
14. All competitors must remain in costume for award presentations.
15. Dancers must be dressed appropriately at all times.
16. Dancers and parents must respect the ScotDance Canada Risk Management Guidelines, local, Provincial and Federal health authority directives, and RSOBHD Code of Ethics.
17. Cloth numbers must be returned at the conclusion of the competition, and it is the dancer's responsibility to return them in the same condition as they were received or a \$10.00 fee will be incurred.
18. Dancers must fill in for a reel if required by the organization. If a competitor fails to fill in unless for a medical reason, the organizer has the right to enforce rule 1g) page 45D-Judges, RSOBHD rules and regulations, which reads; During the course of a competition the comportment and behaviour of the competitors may come under the jurisdiction of the judges, not only whilst dancing, but also when entering or leaving the platform and whilst waiting for the dance to start. Any unseemly behaviour on the part of a competitor or any misdemeanour likely to upset the decorum of the proceedings may be penalized by the judges and could lead to disqualification. A full report of any such conduct on the part of a competitor must be submitted by the judge to the organizer. In serious cases, the judge should also provide a report of any such conduct on the part of the competitor to the organizer and to the RSOBHD.

## Covid-19 Guidelines:

1. Public Health requirements will be continuously evaluated, and participants will be informed of any Covid-19 protocols prior to the event through social media and email.
2. For all participants attending our sanctioned events, generally, there will be 4 guidelines we encourage participants to follow in the absence of any local, provincial or national government health orders:
  - wearing a mask for your own protection and of others
  - maintain physical distancing wherever possible
  - sanitizing hands often
  - staying home if you feel sick
3. Upon registering for this event and immediately prior to the event, you agree to the requirements and recommendations of any National, Provincial and local Public health and other governmental authorities as well as any requirements from Saint John Fisher Parish which may be in effect at the time of the event, as it pertains to the Covid-19 Coronavirus and to adopt all necessary measures to those effects.
4. Participants are required to agree to the COVID-19 Other Contagions General Assumption of Risk and Waiver of Liability at the time of registration.



**Assumption of Risk and Waiver of Liability Relating to Participation in a ScotDance Canada Sanctioned Event (competition/workshop), including Covid-19/other contagions of concern as identified by the World Health Organization/local/provincial/federal government authorities.**

*This waiver and declaration must be completed by the Organizer of the sanctioned event and provided either by email, via online participant registration or at the event. Participants are required to acknowledge (participant definition meaning dancer of legal age/parent/guardian/volunteer/professional, judge, piper).*

**The Montreal Highland Dancing Association (MHDA) and its members commit themselves to comply with the requirements and recommendations of National, Provincial and local Public health and other governmental authorities, and to put in place and adopt all necessary measures to that effect. However, the MHDA cannot guarantee that you (or your child, if participant is a minor/ or the person you are the legal guardian of) will not become infected with COVID-19/other contagions. Further, attending the Event could increase your (or your child, if participant is a minor/ or the person you are the legal guardian of) risk of contracting COVID-19/other contagions, despite all preventative measures put in place.**

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**By signing this document,**

*I declare that I (or my child, if participant is a minor/ or the person I am the legal guardian of) am participating voluntarily in **the March 21, 2026 Competition.***

*I am aware that participating in the **March 21, 2026** competition (the "Event") involves the potential for risks, dangers and hazards, including but not limited to:*

- (a) Covid 19/other contagions; and,*
- (b) injury to myself / my child as a result of the physical nature of dance competition/workshop and performance; and*
- (c) the taking and/or release of unauthorized photographs, video and/or other recordings of myself and/or my child, notwithstanding efforts to enforce Event policies.*

*I declare that neither I (or my child, if participant is a minor/ or the person I am the legal guardian of) nor anyone in my household, have experienced in the last 48 hours prior to the date of **the March 21, 2026 competition**, Covid-19/other contagions symptoms (as identified by public health authorities).*

*I declare that neither I (or my child, if participant is a minor/or the person I am the legal guardian of) have tested positive for COVID-19/other contagions, and have not yet been cleared to discontinue isolation in accordance with applicable criteria communicated by public health officials (awaiting results); have been in close contact with a person who, to my knowledge, had symptoms of COVID-19/other contagions or has tested positive for COVID-19/other contagions, and have not yet been cleared to discontinue isolation in accordance with applicable criteria communicated by public health officials; or am currently subject to a quarantine or self-isolation order for any reason, including travel.*

*I (or my child, if participant is a minor/or the person I am the legal guardian of) declare that I have not been required to self-isolate under timelines set out by public health authorities (except for essential school or work activities).*

*If I (or my child, if participant is a minor/ or the person I am the legal guardian of) experience, or if anyone in my household experiences any Covid 19/other contagions symptoms after submitting this declaration, I (or my child, if guardian of) will not attend any **MHDA** programs or services until no longer required to self- isolate or for 48 hours after symptoms resolve or as directed by public health authorities.*

*I (or my child, if participant is a minor/ or the person I am the legal guardian of) agree to the requirements and recommendations of National, Provincial and local Public health and other governmental authorities and to those special safety regulations put in place by **the MHDA** as it pertains the Covid-19/other contagions and to adopt all necessary measures to those effects.*

*I (or my child, if participant is a minor/ or the person I am the legal guardian of) agree that, by filling out and signing this waiver and agreeing to the terms and conditions set out in it, I am giving up my legal rights to sue **the MHDA** and its officers and directors, in the event that I (or my child, if participant is a minor/ or the person I am the legal guardian of), contracts Covid-19/other contagions.*

*This document will remain in effect until **the March 21, 2026 competition** as per the direction of the National, Provincial and local Public health and other governmental authorities, determines that the aforesaid acknowledgments pertaining to Covid 19/other contagions in this declaration are no longer required.*

*In consideration of my / my child's participation in the Event and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, **I hereby WAIVE ANY AND ALL CLAIMS** against ScotDance Canada, its directors, agents, employees, executive members, volunteers and organizers of the Event (the "Releasees"), which I now have, or hereafter may have against the Releasees. In particular, but without limiting the foregoing, **I agree to release the Releasees from ANY AND ALL LIABILITY** for any loss, damage, injury, or expense I / my child may incur as a result of my / my child's participation in or attendance at the Event. **I agree to indemnify and hold harmless the Releasees from ANY LOSS, DAMAGE, INJURY OR EXPENSE, including legal costs**, that the Releasees may incur due to my / my child's participation in or attendance at the Event, whether caused by the negligence of the Releasees or otherwise, and whether caused to my child or otherwise. I understand that the Releasees will photograph and otherwise record the Event, its participants and attendees. **I consent to and authorize such recording. I further consent to and authorize** the Releasees to publish my/my child's image, likeness and information in any medium, including but not limited to photographs, videos, DVDs, and web-casts. I understand that this publication will take place in the public domain, including in printed materials, public announcements, and on the internet.*

***I specifically consent to the public release of the following information:** 1. Name; 2. City, Province, Country of Residence; 3. Tartan; 4. Age; 5. Results.*

*This document is in addition to and does not replace all other **MHDA** waivers.*

*I acknowledge that by signing and submitting this entry, electronically or otherwise, that I have read this agreement carefully and fully understand it, and agree to all of the above terms and conditions.*

**Signature required if in person, otherwise acknowledge by email or via online entry form.**