

PLEASE USE BLUE OR BLACK INK

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Name _____ Date of Appointment _____ Age _____ Sex _____

Country of Birth _____ Years in USA _____ Marital Status: M S W D Birthdate _____

Primary Care Doctor _____ Phone _____

Address of Doctor _____

Other Doctors You See on a Regular Basis _____

Referred by _____

Years in Florida _____ Previous Residence _____

This visit is arranged to discuss the following problems (chief complaint):

1) _____ 2) _____

3) _____ 4) _____

When and where was the first time the problem occurred? _____

Describe your first attack and typical
attack _____

When did you last have an attack?

How often do they occur?

What medications have
you tried to help with the problem and how did they work? _____

Turn to page 2.

OFFICE USE ONLY:

Is your illness increasing in frequency? Yes _____ No _____ Severity? Yes _____ No _____

Patient: Please fill in the blanks and circle all symptoms that apply:

Nasal Symptoms: Y N	Eye Symptoms: Y N	Chest Symptoms: Y N	Rash: Y N	Headaches: Y N
Age at Onset _____	Age at Onset _____	Age at Onset _____	Age at Onset _____	Age at Onset _____
Season _____	Season _____	Season _____	Season _____	Season _____
Congestion	Watery	Cough	Itching	Location _____
Sneezing	Redness	Shortness of Breath	Location _____	Pain Type _____
Nasal Itching	Swelling	Tightness		(ie. Pressure, Sharp)
Throat Itching	Itching	Wheeze	Sleep Disturbance: Y N	Frequency _____/week
Discharge	Burning	Worsened by:	Daytime Fatigue	Assoc. Symptoms:
Bad Breath	Indigestion: Y N	(Colds, night, exercise)	Mouth breathing	Eye (Aura)
Post-Nasal Drip	Upset Stomach		Snoring	Nasal Congestion
Upper Jaw Pain	Heartburn		Difficulty falling asleep	Nausea
Ear Pressure	Ulcer Disease		Difficulty staying asleep	Vomiting
Sinus Infections (# ___ per year)			Sleep feels inadequate	

Do your allergy symptoms increase on exposure to:

Dust	Y N	Other Pets	Y N	Cold Air	Y N	Emotion (Stress)	Y N
Mold	Y N	Odors	Y N	Weather Changes	Y N	Air Conditioning	Y N
Dogs	Y N	Sprays	Y N	Outside	Y N		
Cats	Y N	Smoke	Y N	Inside	Y N		

Home Environment (Please fill in the blanks OR circle Yes or No.)

Home age _____	Carpet	Y N	A/C Central	Y N	Tobacco Smoke: Y N	Start _____	Stop _____
Pillow(Feather, Synthetic)	Indoor Plants# _____		Dust Covers	Y N	# Cigarettes/day _____		
Pets(#): Dog _____ Cat _____ Bird _____	Other _____		Air Filters	Y N	Does anyone else smoke in your house? _____		
					Alcohol Use: Y N	Drinks per week? _____	

When was your last X-ray and results?

Chest X-ray: Y N _____ **Sinus X-ray:** Y N _____

List all current medications, doses, and frequencies of use, including over the counter medications:

1. _____	5. _____	9. _____
2. _____	6. _____	10. _____
3. _____	7. _____	11. _____
4. _____	8. _____	12. _____

What medications for allergies have you used? Nasal sprays Y N If yes, list: _____

Antihistamines: Y N If yes, list: _____ Singulair: Y N

Job and Occupational environment: _____

Absenteeism due to allergies _____

Hobbies: _____

Do you have any food allergies? Y N (List with type of reaction) _____

Do you have any drug allergies? Y N (List with type of reaction) _____

Do you have any skin allergies? Plants: Y N _____ Cosmetics: Y N _____

Metals: Y N _____ Other: _____

Do you have any stinging insect allergies? Y N _____

Name _____

Family History Father _____

Of Allergies: Mother _____

Siblings _____

Children _____

Have you ever had: Diabetes: Y N _____ **Thyroid Disease: Y N** _____

Pneumonia: Y N _____ **TB: Y N** _____ **High Blood Pressure: Y N** _____

Heart Disease: Y N _____ **Heart Murmur: Y N** _____ **High Cholesterol: Y N** _____

Ulcer Disease: Y N _____ **Indigestion: Y N** _____ **Hepatitis: Y N** _____

Blood Transfusion: Y N _____ **Nausea, Vomiting, Diarrhea: Y N** _____ **Broken Nose: Y N** _____

Eye Disease: Y N _____ **Wear Contact Lenses: Y N** _____ **Glaucoma: Y N** _____

Surgery: _____

Hospitalizations: _____

Other Medical Conditions: _____

Have you ever been treated for anxiety or depression? Y N Describe: _____

STOP HERE:

DO NOT FILL OUT BELOW:

PEFR: _____ (_____) **B.P.** _____ **P.** _____ **R.R.** _____ **T.** _____ **HGT.** _____ **WT** _____

P.E.: Gen App: NI WDNW M F NAD Obese **BMI:** _____ (circle one) **NORMAL HIGH LOW**

EARS: NI T.M.: Erythema Scarred Lt. Reflex Aud Canal (R) (L) **EYES:** NI Lid Conj. Shiners PERRLA

NOSE: NI Mucosa: pale erythematous Trans/exudates Turbinates: enlarged Septum: deviated Crease

MOUTH: NI Lips Mucosa Teeth Gums Palate: hard soft: Tongue:
Post. Pharynx: erythema PND cobblestoning exudates Tonsils

NECK: NI symmetry masses thyroid trachea midline

NODES: NI neck other

CHEST: NI inspection SSNR cl A&P wheezing rhonchi rales

CVS: NI RR m g

ABD: NI BS + H K S masses tenderness

EXT: NI C C E **SKIN:** NI rash lesions dermat

OTHER:

Medical Decision-Making: Case discussed w HCW

ACE Inh Anx/Dep Arrhythmia β Blocker BPH CAD Coumadin D.M. Glau HBP Hep Dis

Obesity Osteoporosis Renal Dis Seizure SI Apnea Thyroid Med All

Imp: 1. _____

2. _____

3. _____

4. _____

Name _____