ChangeFit 360

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Change For Project Professionals

Course Syllabus

# **Course Information**

**Course Description**

The [**Change**](https://changefit360.com/change-for-leaders) for Project Professionals course focuses on key moments that matter for project managers and project leaders to drive change and improve project outcomes while answering the questions: “As a project manager what is the value of change and what is the role, I need to play with my projects to help accelerate change?”  This course is a perfect complement to the recent **PMBOK, 7th Edition.**

**Who the Course Is For**

Project managers, program managers and/or anyone involved in project delivery

**Course Delivery Options**

* + - The Change for Project Professionals course can be delivered instructor led or virtual live
    - The course is intended for delivery of groups from 5 to 15 participants
    - The course is designed for 8-hour delivery. The course may be modified to deliver anywhere from 6-8 hours

**What Project Professionals Learn**

1. Articulate the business value of Change Management for projects and organizations
2. Successfully position change management as a strategic business advantage for project success
3. Assess individual view as a project leader of change and opportunities for improvement
4. Apply change management basics
5. Practice and demonstrate key change “moments that matter” from a project leader perspective
6. Option for group and/or 1-on-1 [change coaching](https://changefit360.com/change-consulting)post course to reinforce key learning and best practices

**What Project Professionals Receive**

1. Course Participant Guide
2. Course Exercise Worksheets (including Action Plan)
3. Course Job Aid
4. Pre-Participant Course Survey and/or Post Participant Course Survey (if client desires)
5. 8 PDU/CDU’s
6. Verifiable Digital Course Completion Badge

# **Course Outline**

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| # | Topic | Sub Topics | Timing \* |
| 1 | Change as a Process | * Introduction * Change Defined * Change as a Process * Change Management Defined | 60 Minutes |
| 2 | Project Pro Role in Change | * Project Success Definition * Change Value From 3 Lenses * Compliment of Change and Project Management | 30 Minutes |
| 2 | Moment #1: Analyze Change Impact & Stakeholders | * Introduce Moments That Matter * Who, What, When, Why and How of Change & * Stakeholder Impact * Introducing Change Impact Calculator | 60 Minutes |
| 3 | Moment #2: Plan for Change Risks | * Who, What, When, Why and How of Change Risks * Change Readiness Exercise * Change Resistance Exercise * Change Saturation Exercise * Action Planning | 60 Minutes |
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| 4 | Moment #3: Promote Communication and Engagement for Change | * Who, What, When, Why and How of Communication * Change Story Exercise * Action Planning | 60 Minutes |
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| 5 | Moment #4: Measure and Sustain Change | * Who, What, When, Why and How of Change Measurement and Sustainment * Change Sustainment Exercise * Closing Exercise * What To Expect | 60 Minutes |
| 6 | Close |  | 15 Minutes |

\* Timing does not include breaks and lunch

# **Sample Course Testimonials**

* *I really appreciated how this course was relative to Project Managers and our methodology!*
* *I really enjoyed the topic and content and delivery was top notch!*
* *Love this class. Very inspiring*
* *Very informative! Great tools for future use.*
* *I enjoy this class very much. I know I will learn something new every time in a ChangeFit 360 class.*

# **Course Pricing**

* + - The Change for Project Professionals course is **$500 per Participant**
    - Volume discounts are available for groups larger than 10 participants

# **Course Facilitator**



We understand the importance of choosing a change training partner with a **proven track record**.  When you choose ChangeFit 360 for your training needs you gain:

1. Training facilitated by Michelle Yanahan, CCMP™ and Prosci ADKAR certified, working change practitioner with 20+ years proven business and leadership experience
2. An**ACMP, SHRM and ICF**Qualified Education Provider
3. **> 90%**of our training clients and participants report **expectations exceeded and business value created**from our change training
4. Practical change training that **supports all skill levels and organizational roles**needed to successfully build and drive change.
5. Training that **compliments all change frameworks, models and standards**
6. Option for**group and/or 1-on-1**[**change coaching**](https://changefit360.com/change-coaching)

As Principal of ChangeFit 360, Michelle Yanahan is a passionate organizational change management facilitator, speaker, strategist and thought leader with proven expertise in executing programs that enhance and grow organizational change management as a strategic business competency.  Michelle has 20 +years’ experience in leadership roles and holds a Masters in Organizational Behavior as well as CCMP™ and Prosci ADKAR change management certifications.  Michelle has been a featured presenter for numerous professional organizations including ACMP, ATD, Change Management Institute, Change Management Review, PMI, OD Network and SHRM.