



Rest The Mind, Recharge The Body, Color The Heart *Nature Immersion, Energy Exchange, Co-Creation*



WHAT: 4 nights, 3 days with choice of 10 rejuvenating sessions for your mind/body, creativity, community; hiking, outdoor activities, community meals, and musical nights

WHEN: June 30 - July 4, 2023

WHERE: Santa Fe Tree House Camp, 46 Tree House Rd., Santa Fe, NM
(20 min. from downtown) <https://santafetreehousecamp.org>

PROGRAM COSTS (excluding travel):

- \$108 (3 days program), \$50, \$30 program day pass, \$20 one evening performance only
 - Program registration & payment by June 26 to todd@toddeich.com, sangeetmil1204@gmail.com, Tel. (512) 965-2368
- SFTHC accommodations - range from tent camping to cabins. Book directly with Ciana (505) 510-1043, santafetreehouse@gmail.com



Co-Facilitators Sangeet Millennium (Amie)

Have Mat-Will Travel (Todd)

OFFERINGS

- **Sessions/Workshops (tentative):**
 - yoga, qigong, naad yoga-chakra attunement through vocalization
 - energy healing, reiki attunements
 - guided meditation, sound meditation
 - local permaculture, native plants for medicinal use
 - somatic music theory, world music rhythms
 - “releasing clutter” treasure exchange
- **Musical Evenings: Sangeet Millennium & Friends (South Asian music - 7/1), Mario Reynolds/Brenda Romero (Andean participatory workshop & demonstration - 7/2), Scanlon-Ausserer Jazz duo, fusion w/ Amie (7/3)**
- **Facility:** book with Ciana- santafetreehouse@gmail.com, Tel. 505-510-1043
 - Tent & RV camping, cabins - See <https://www.santafetreehousecamp.org> below
 - **Activities:** *The Wilderness Institute (see below)*
- **Food: 2 simple vegetarian meals x 3 days and light breakfast are covered by program cost.** You are welcome to bring any additional snacks or beverages.

COSTS FOR THE PROGRAM (excluding travel):

- Accommodations - Contact Ciana & Brad (Facility Managers) - Tel. (505) 510-1043
 - santafetreehousecamp.org - detailed info, fees, and images
 - Options range from tent camping, yurt or cabins. RV spaces also available.
- *The Wilderness Institute Activities- Tomahawk Throwing \$15, Climbing Wall \$15, Archery \$30, Yin Yoga \$20, QiGong \$20, Customized guided nature hikes (upon request). Contact Ciana or Brad to book Tel. 505-510-1043.*
- **All-inclusive love offering \$108 - Registration & payment to todd@toddeich.com, sangeetmil1204@gmail.com, Tel. (512) 965-2368**
 - **Includes:**
 - Food (2 simple meals x 3 days, light breakfast every morning (July 1-4), non-alcoholic beverages, light snacks
 - Guest sessions/workshops (NOT facility offerings) x 3 days
 - Concerts x 3 evenings
 - Facility fee
 - **Partial scholarships available** - exchange for volunteer work (food prep, cleanup, participant & guest checkin, stage help, workshop assistance)
- **BYOB**
- **\$50 - day pass** - includes (one day only), **\$30 excluding food**
 - Food, beverages (non-alcoholic)
 - Guest sessions/workshops
 - Use of bathhouse
 - Evening concert
- **\$20/concert** - love offering for evening concert **only** (musicians' honorarium + facility fee. Overnight guests waive the \$10 facility fee) -
 - Includes non-alcoholic beverages, light refreshments

TIMELINE (may vary)

Friday, June 30 - 7:00-9:00 pm: Check-in and welcome gathering/meet & greet for campers. We ask people to offer talents that they would like to share as co-creators.

Saturday, July 1

- 7:30-9:30 am - self-serve light breakfast available in the camp kitchen
- 8:30-10:30 am - hiking/meditation with Todd, session
- 9:00-9:30 *Climbing Wall \$15*, 9:30-10:00 *Tomahawk Throwing \$15*, 10:30-12:00 *Archery \$30 (Wilderness Institute)*
- 12:00-1:30 pm - self-serve lunch available in camp kitchen area
- 2:00-4:00 pm - energy healing, reiki attunement with Lourdes (TBC)
- 5:00-6:30 pm - self-serve dinner available in camp kitchen area
- 6:30-8:00 pm - *Yin Yoga with Michou (Wilderness Institute- \$20)*
- 8:00-10:00 pm - live South Asian performance by Sangeet Millennium & Friends - Amie (sitar) with Pavan Kalasikam (tabla), Al-Nasir Kassam (vocal), Michael Mandrell (guitar)

Sunday, July 2

- 7:30-9:00 am- *QiGong in the Canyon with Michou (Wilderness Institute \$20)*
- 8:00-9:00 am - self-serve light breakfast available in camp kitchen area
- 9:00-9:30 - *Climbing Wall \$15*, 9:30-10:00 *Tomahawk Throwing \$15*, 10:30-12:00 *Archery \$30 (Wilderness Institute)*
- 9:00-10:30 - Hike to creek for sound meditation with Todd (*or remain in Canyon for this after Michou's QiGong Class*)
- 12:30-2:00 pm - self-serve lunch available in camp kitchen area
- 2:30-4:00 pm - Naad yoga vocalization/chakra attunement (Amie)
- 5:30-7:30 pm - Live participatory workshop - Andean music workshop/performance with Dr. Brenda Romero and Maestro Mario Reynolds on panpipes and charango
- 7:30-9:00 pm - self-serve dinner available in camp kitchen area

Monday, July 3

- 7:30-9:30 am - self-serve light breakfast available in camp kitchen area
- 8:00 am-4:30 pm
 - 8:00-1:00pm - *hike to Shaggy Peak (pack lunch) Wilderness Institute (\$60)*
 - Afternoon - meditation, "release clutter" treasure exchange
- 5:30-7:00 pm - jazz and Indo-jazz jam feat. Scanlon-Ausserrer Duet with Amie
- no-host farewell dinner in town

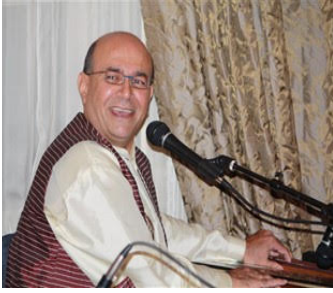
Tuesday, July 4

- 7:30-9:30 am: self-serve breakfast available in camp kitchen area
- 9:00-11:00 am: Final Checkout

For further info, please call or text Amie @ (512) 965-2368.

We look forward to relaxing, immersing, and co-creating with you!

www.sangeetmillennium.org



Al-Nasir Kassam



Pavan Kalasikam



Amie Maciszewski



Michael Mandrell

Mario Reynolds Music

World Music and Original Compositions
 - CDs available -
 Mario's beautiful melodies are full of Joy... Inspired from his Soul, Nature, and the Great Spirit.

He is a native of Bolivia and USA. Mario was born in the high mountains of Bolivia. He has made his home in New Mexico, for twenty years, because he loves the mountains, the altitude, and the spirit of this land.

Mario plays and teaches at museums and cultural centers, performs concerts and special events. He makes and plays many instruments, including the Pan Flute, Guitar, Charango, Native American Flutes, and his special voice. (505) 501-1966




Mario Reynolds



Dr. Brenda Romero



Russell Scanlon



Wally Ausserer



Michou Landon-QiGong in Apache Canyon