Recovery does not happen in a vacuum – it occurs in the community and takes commitment and hard work. Services at the Hozo Center provided in conjunction with the individual’s community of choice and support

The Strengths-based model focuses on the goals, interests, experiences, and strengths of each individual. The focus is on making positive life changes. The Peer Support Mentor promotes the empowerment of individuals by providing services based on role modeling and mentoring with lived experience.

Motivational Interviewing (MI) is a non-confrontational, cognitive-behavioral intervention that is utilized to help people become aware of behaviors.

The Stages of Change model is based on an individual’s level or phase of cognitive readiness to change. The six stages of change are used to guide the process of engagement and pace of Recovery.

People can recover from substance abuse and/or serious mental illness or both with the guidance of a CPSW. Personal recovery can be achieved if resources and support services are available. A core feature of the program is to promote HOPE FOR A BETTER LIFE.

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Recovery Coaching

PEER SUPPORT

The path toward Recovery can be difficult. One2One is a program where an individual with substance abuse or mental health issues can meet with a Certified Peer Support Worker or ‘mentor.’ The individual can receive treatment service through individual sessions and support groups. The assessment and evaluation services are available if needed.

HOZO CENTER

2915 W 66, Rm 1203
Gallup, New Mexico 87301
505-330-1885
hozhocenter@gmail.com

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**Certified Peer Support Workers (CPSW)**

The Hozo Center provides a person living with addiction or dual disorders the opportunity meet with a CPSW who knows firsthand the consequences of addiction and mental health issues. The CPSW will assist the individual in strengthening and enhancing individual recovery efforts. An individual can also receive professional treatment services to complement existing services from a qualified counselor on staff at Hozo Center.

Hozo Center CPSW’s are trained to assist and provide support to our participants in reaching their recovery goals. Hozo is here to help make recovery a reality for the people who want to improve their quality of life.

**Hozo Center CPSW’s Offers:**

- An increased sense of personal responsibility and empowerment through the process of making self-guided decisions.
- Help in understanding the Stages of Change and process of Recovery.
- Access into the community through increased interpersonal communication skills and support for individualized efforts.
- Job development (work readiness, employment counseling and resource referral, resume writing)

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Community Participants

**Housing Homeless Veterans**
Contact: Barbara Nolan 505 722 3760x2902

**Celebrate Recovery Mark Mathison**
12-Step Faith Based Format
Individual Counseling

**San Juan Center for Independence – Gallup**
Personal care agency, independent living specialists, nursing home transitioning, assistive technology loan program
505-726-2709

**Navajo Department of Behavioral Health**
300 West Nizhoni Blvd
Gallup, New Mexico 87301
505-722-9470

**New Mexico Division of Vocational Rehabilitation**
312 East Nizhoni Blvd
Gallup, New Mexico 87301
505-722-6045

**Four Corners Detox and Recovery Center**
2105 Hasler Valley Road
Gallup, NM 87301
505-413-7270

**The Lexington**
Emergency Housing and Support Services
Gallup, NM 87301
505-722-8951

**NOVA III**
2915 W. Historic Hwy 66
Gallup, NM 87301
505-297-3971

**Various State Agencies**