

SEPTEMBER 2026 JUNIOR KARATE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Beginner Karate: Self-Defense Intermediate Karate: Self-Defense Advanced Karate: Self-Defense	1	2 Beginner Karate: Kickboxing Intermediate Karate: Kickboxing Advanced Karate: Kickboxing	3	4	5
7 LABOR DAY CLOSED	8 Kata	9 Beginner Karate: Basics Int Karate: Ippon Kumite Adv Karate: Ippon Kumite	10	11	12 New Student Buddy Bash 11:30 – 1:00
14 Beginner Karate: Weapons Intermediate Karate: Weapons Advanced Karate: Weapons	15	16 Beginner Karate: Sparring Basics Int Karate: Ippon Sparring Combos Adv Karate: Sparring	17	18	19 Women's Self Defense 10am-12pm
21 Student Evaluations INTENSITY Full White Uniform	22	23	24 Board Breaking! Bring - A - Buddy 	25 Belt Testing	26 Graduation Parent Student Karate
28 Beginner Karate: Self-Defense Intermediate Karate: Self-Defense Advanced Karate: Self-Defense	29	30 Beginner Karate: Kata Intermediate Karate: Kata Advanced Karate: Kata	1	2 Nerf Wars PNO 6:30	3

Jr Beg MW 4:00 TTH 4:10 - Jr Int MW 4:40 TTH 3:30 – Jr Adv MW 5:20 TTH 4:50

Students may begin wearing Falbo's T-shirts